



The Lion's Roar

Sonora Lions Club

PO Box 101, Standard, CA 95373



*The Sonora Lions Club meets every Wednesday at 12:00 PM at the Senior Center, 540 Greenley Rd., Sonora
Board Meetings are every 2nd Wednesday at 10:30 am prior to the noon meeting
District 4-A1, Mountain Region, Zone 2*

Club Website: www.SonoraLions.org ~ Club email: SonoraLions@yahoo.com ~ Club Facebook page

Volume C, No. 11

*Lion Secretary Wendy Penhallegon, Editor, #19
"Sonora Lions, Serving the Mother Lode Since 1922"
"Liberty, Intelligence, Our Nation's Safety"
"We Serve"*

May 2023

Columbia College Scholarships 2023

The Sonora Lions Club is proud to announce the winners of the 2023 Sonora Lions Columbia College Scholarships. Every year the Sonora Lions Club awards six scholarships to deserving students based on the following criteria: The applicant must be enrolled in at least 9 units in the previous and current term, maintain a GPA of 2.5 or greater (depending on the scholarship), plan to return to Columbia College or a 4-year institution, and major in Political Science, Education, Educational Counseling, Law Enforcement, Law, Business, Entrepreneurship, or be enrolled in one of the vocational programs. Special attention will be given to older or returning students with special circumstances, veterans, leadership, volunteerism, and their work experience. Financial need must be demonstrated. It never is an easy decision to make who gets a scholarship, so after many hours of reading, discerning, and discussion, here are our choices.

Judge Ross A. Carkeet Sr., Memorial Scholarship—\$800

This year the Judge Carkeet scholarship will be awarded to Brittany Stratton. Ms. Stratton's professional references give her high marks for her academic aptitude and personality to succeed in her professional goal of becoming a small business attorney. They say that she excels in all of her classes. She has or is currently taking Financial Accounting, Micro and Macro Economics, Entrepreneurship, Contracts Law, and Business Law, to name a few. She currently has a class load of 13 units and holds a 3.54 GPA. Brittany says that she wishes to become a lawyer and be able to show her future children that you can do anything if you work hard enough!

Les Coon Memorial Scholarship—\$800

The Sonora Lions Club has chosen Tara Soderberg as the 2023 Les Coon Scholarship recipient. Ms. Soderberg qualifies as an older (40) student who survives on a most limited income. Tara represents the school and the community alike with multiple jobs, club involvement, all while maintaining a very strong 3.89 GPA with over 78 units.. She is going into Child Development and has two of the strongest professional references in the lot of candidates. She has a very revealing personal story and her future is very bright.

Vernon McDonald Memorial Scholarship—\$800

This year's Vernon McDonald Scholarship will go to Cheralyn Montuy. Cheralyn qualifies in every area stated. She is a 30-year-old mother of 3 who lives independently on a very sub-par income. She maintains a perfect 4.0 GPA in her college work, heading toward becoming a nurse. She has extraordinarily strong references from two of her professors. She works multiple jobs and is involved in community life as well as school. Her personal story is very compelling and scored the highest of all the candidates.



Bill Dunlavy Memorial Scholarship—\$1,000

This year the Sonora Lions Club has selected China Young as the winner of the Bill Dunlavy Scholarship. Ms. Young is very enthusiastic and dedicated to getting her degree in Child Development and Elementary Teaching. Her most recent and current classes include Principles/Practices of Teaching, Math for Elementary Teachers, Health, Nutrition and Safety, Communication with the Deaf, Literature and Education Field Experience, to name a few, all while maintaining a GPA of 4.0 with a current class load of 16 units! China's references say that her drive for success is strong and that she will do well in her pursuits. She grew up with very little parental support and she is supportive of her peers with her positive, enthusiastic, and helpful nature. China is also an active member of the Child Development/Future Educators Club on campus.

Dr. Harvey "Dusty" Rhodes Memorial Scholarship—\$600

The winner of the Dusty Rhodes Scholarship this year is Joshua Christie. He is an individual whose area of learning is education, counseling, and bioscience. Our recipient, who currently maintains a 3.9 GPA, has 31 completed units and is an over-30-year-old man with 4 dependent children. Mr. Christie was raised in a single-parent home (disabled), and his life's path, admittedly, was not an easy one, having dropped out of high school with a "chip on his shoulder." After a brush with the law and the birth of his son with a debilitating disease, his path changed and he was determined to accomplish a career path with education. He is now majoring in the field of education with an aim to becoming a grief counselor or drug counselor. Per Joshua, "I plan to give just as much of my dedication and perseverance to my education as I was willing to commit to the life that got me here."

Felix Romo Memorial Scholarship—\$600

Murdith Bright is our selected winner of the Felix Romo Scholarship this year. Ms. Bright is a highly motivated student with a 4.0 GPA thus far. She is currently taking many challenging classes and 13 units that pertain to her major of Entrepreneurship as well as Project Management, Conflict Management, and others. She is also a single mother of 2, struggling to make ends meet. Her professional references recounted her enthusiastic and dedicated desire to succeed in her current and future education and entrepreneurial business goals. Murdith herself proclaims to be a proud student of Columbia College and is honored to have the opportunity to create a better future for herself and her family.

Submitted by Lion Wendy Penhallegon, Chair, Columbia College Scholarship Program, 2023, with many thanks to the Scholarship Committee

TUOLUMNE COUNTY VOLUNTEER FAIR 03-30-2023

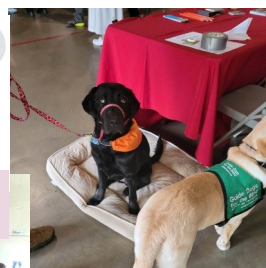
This year's Tuolumne County Volunteer Fair was a big success. There were over 70 volunteer groups that signed up to be represented at the fair this year. The Sonora Lions Club came with a slightly different approach to get people to come to our table and talk with us. We had our Wheel of Fortune on the table and enticed folks to come and spin and win a prize. We had personalized Sonora Lions Club pens, flag lapel pins, flags on a stick, a chomping wind-up lion, and a bottle of bubbles. While the people lined up to spin our wheel, that gave us a chance to talk to them and let them know who Lions are and what we do. We had our Club Info cards and brochures out for all to see and take, plus a master list of our projects and programs. There were cards that people could fill out if they wanted more information on Lions, and we ended up with 38 cards filled out! Hopefully this event will garner a few folks who are like-minded giving people like us and pique their interest enough to come to a meeting.



PDG Tom bringing in the supplies



Present today were Lions Jerri, Bud, Jan, Tom, Jill & Inez (with Wendy behind the camera)



Our neighbors—
Guide Dogs for the
Blind



Lions Inez with Amy Falken
winning one of our pens



APRIL 5TH MEETING

Pres. Tim opened our meeting in the usual fashion. Our guest speaker, Michael Roberson, was introduced and the Welcome Song was sung. Joining us later on was Shannen Hubbard, a friend of Lion Jerri's. **Committee Reports:** Sunshine—Lions Bud and Jerri attended the Celebration of Life for PDG Gene Weatherby over the weekend. Volunteer Fair—we had 38 guests sign up to receive more information on the Lions Club and many of them expressed an interest in attending/joining the Lions. Cioppino Dinner—



\$11,737 was collected with more funds to still come in. There was \$5,148 in expenses leaving a profit of around \$6,500. There were 162 tickets collected for serving meals there, but 175 meals total were given (including take-out and Boy Scout workers). Our own Lion Cat Reuter won the door prize, a \$200 gift card to Seven Sisters Restaurant at the casino. The sign - up page for the serving breakfast at the convention was sent around. **Tail Twister:** Lion John Nolen was standing in as Tail Twister. If you didn't have your membership card handy, you had to pay a fine. The Secret Lion today was Lion Bud, but since everyone shook his hand, everyone had to pay. Happy Bucks: Lion Paul had a Happy Buck because he is now back at work at the dealership and sold 5 cars right off the bat! ~ Lion Tim thought the Cioppino dinner went very well and all the guests he talked to about it had glowing reports. He thanked everyone for their help.



The first reading of the Slate of Officers for 2023-24 was read by Lion Wendy. **Cash Raffles:** Lions Jerry and Jill won the cash raffles. **Fine-Free Critter:** The Fine-Free Critter was won by Lion Paul. **Black Marble Draw:** Lion Bud won the chance to draw for the black marble, but only found a white one. The pot continues to grow.

Guest Speaker—Michael Roberson, the Homeless Services Coordinator of Tuolumne County was our guest speaker today. One of his biggest challenges is how to protect the health and wellness of the entire community as well as the homeless community. Senior citizens is the largest at-risk population, followed by the youths (18-25 y/o). He started over a year ago and was told to get to it! His boss is County Administrator, Tracie Riggs. She is clear on what she expects from everyone. To date, Michael has housed exactly 0 people. He never intended to be a front-line social worker. One of the main problems of fixing the homelessness in any area is not getting the money. They can get the funds to get it started, but keeping the project going

and maintaining the program is a whole other issue. He has connected with Mariposa county to work on this. He compared trying to get the homeless into homes is like a game of “*musical chairs*.” The competition is fierce and it is extremely difficult for a homeless person to compete with professionals and business persons, etc. There is a “Navigation Center” available now for people to go through to see what they can qualify for as far as help. The aim for this center is to help people become more self-reliant and self-sufficient. There have been many who have gone on to being totally independent without any assistance from the government at this point.

Mental illness is a huge part of the homeless problem. It can often start as a part of your living conditions. Also, 70% have developed mental illness after becoming homeless. It can start with mild depression, leading to stress/anxiety, then alcohol and drugs. Not many are immune to the possibilities given the right circumstances. Tuolumne County runs 3 supportive homes for people with mental illness. They are striving to bring a balance to those person's lives. About 15% of our homeless are Veterans. It would make more sense to give these homeless people what they really need...not what you think they need.

The homeless services have only been a part of Tuolumne County since 2018. Social workers are being mandated to be housing managers now. It is Michael's job to take that problem off the social workers' shoulders. Housing choice voucher systems have taken the place of Section 8 housing. There is an incentive placement payment, creating housing opportunity for the homeless. However, even the best vetting does not guarantee a great tenant nor does a great credit score. Sometimes they just need more help than just being placed in a home—they might need supervision and supportive places. The program also partners with Mother Lode Job Training Services. There is a “shared housing” program where the government buys a house, puts 6 people in it to share, having each person sign a lease for room space. Rules and support are all managed. They have 3 of these such homes so far. All the money goes into a trust fund.



All in all, homelessness is detrimental to the entire community. Everyone cares, but there is the NIMBY syndrome, nobody wants it in their back yard. Apartment complexes will not work. If you are in the social support system, they will do just about anything to help you succeed. The troublemakers and rowdy crowd problem will never be solved without housing and the public will probably never be totally supportive of homeless initiatives. We need to find a way to make this a win-win situation for all.



As seen in
the Lowe's
parking lot
in Sonora.
Outstanding!

News for Veterans and Their Families

There exists a little known financial resource for veterans and their families, the VA Aid and Attendance Benefit. This is for veterans and their surviving spouses. It applies to individuals who require the regular attendance of another person to assist in bathing, dressing, and meal preparation, medication monitoring, or other activities of daily living. This benefit is also available to individuals who reside in assisted living communities, residential care home, skilled nursing facilities, and those receiving personal in-home care. You must meet the qualifications and provide proof of need. For more information and to enroll for this very important benefit, please visit their website at www.va.gov and use the Veterans On-Line Application (VONAPP) or call 1-800-827-1000.

APRIL 12TH MEETING

The April 12th meeting was opened by 2nd VP Jill Schwab in place of Lion Pres. Tim, who was off celebrating his anniversary this week. Our guest, James Judnich, a friend of Lion Bill D's, was welcomed back. **Birthdays and Anniversaries:** Lions Tim and his wife Kathy are celebrating their 50th anniversary this week, and Lions Bud & Jerri Regelin are celebrating their 6th anniversary. **Committee Reports:** Sunshine—Lion Jim Gormely's mother-in-law passed away at the age of 98. Our deepest condolences go out to Jim and Joanne for their loss. Student Speakers Contest: The next level of competition will be at the District Convention, Saturday, April 22nd. Omelet Breakfast—Lions Bud & Jerri Regelin will co-chair the Omelet breakfast this year. It will be held at the Senior Center again, but with a few changes. It will no longer be allowed in the main dining area and the main kitchen is off-limits to non-center staff. We will be using the 2 side conference rooms and the small kitchen for the fundraiser.



WE ARE NOW LIONS INTERNATIONAL



Our two historic brands, Lions Clubs International (LCI) and Lions Clubs International Foundation (LCIF) are uniting under one “umbrella” — [Lions International](#) — so we can talk to the world about our collective service and impact, because the world sees us as one. They see us as Lions. And the truth is, we are one.

April 12th Meeting Continued....

Tail Twister: The Secret Lion for today was Lion Wendy, who was able to have several Lions fined for not greeting her properly. We tried to fine Lion Paul for it, but since he had the Fine-Free Critter, he was off the hook! **Happy Bucks:** Lion Lydia had a big Thank You for all who helped at the Cioppino Dinner for making it a big success ~ Lion Wendy had a big Happy Buck because as of yesterday, their retaining wall was finally completed! ~ Lion Bill D. was really happy to be back in the fold, and without crutches. He will start PT today for his knee ~ Lion Paul had an extremely happy \$10 Buck —his beloved Sacramento Kings are in the playoffs for the first time in 16 years (basketball) ~ Lion Frank gave the club a Happy Buck to have 30 seconds of silence from him. He's so thoughtful! ~ Lion Jill had a very Happy Buck for having her family visit her recently ~ Lion Ray visited his sister-in-law in Modesto recently, who was being evaluated for possible heart problems. Fortunately, no problems were found! **Cash Raffles:** Lions Paul and Cecil won the cash raffles. The **Fine-Free Critter** was won by Lion Bob. The chance to draw for the **Black Marble** was won by Lion Jan, who still only found a white marble. Lion Sec. Wendy gave a recap of the BOD meeting and the Cioppino dinner was discussed. With today being our **Green Bag collection day**, Lion Jill reported that we had about 14 bags of food collected to be turned in for the Mother Lode Food Project. Doing well, Sonora Lions! Lion Jill explained that if you are donating toiletries, please put them in separate bags as they need to be collected and stored in a different manner. If you have pet food products, those can still be included with the nonperishable food items for people. A summer social was mentioned and possible ideas for location...Indigency or Lion Bud & Jerri's home.



HARVEY "DUSTY" RHODES' CIOPPINO DINNER FUNDRAISER

On Friday, 03-31-2023, the Sonora Lions Club held its annual Harvey "Dusty" Rhodes Cioppino Dinner Fundraiser. As per usual, we faced some unexpected surprises and challenges, but our members knew what to do and the Boy Scout Troop 580 came to the rescue by sending out a few helpers on just a moment's notice. Thank you so much! Another big Thank You also needs to go out to Abi Reid, who came to tease and entertain everyone by wearing the Lion costume. We served over 175 meals, a bunch of to-go orders, and even selling some leftover crab and soup at the end of the day. As usual, everyone agreed that the Cioppino and crab were spot on, the garlic bread delicious, and the camaraderie was the best. By attending the fundraisers held by the Sonora Lions Club, you are helping to support our programs and projects that help our community. These are programs such as our yearly college scholarships, our eye care program, Student Speakers Contest, Read to Succeed program, and so much more. We couldn't do it without you and your support, so THANK YOU for helping us help you!



Our literature and information forms are available

Lion Tim Atchley and his wife Kathy, with Lion Bob Bader strategizing the cooking time.



Lions hard at work behind the scenes. Even former Lion Mal Perry showed up to help!



Some of the raffle gifts available

The calm before the storm...



Lions Sherry Pert-Burns and Jerri Regelin ready to greet you!

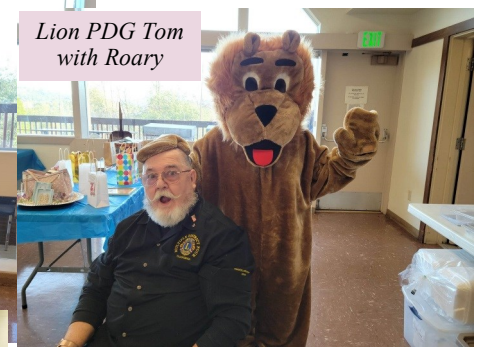
Nine members of the Rhodes' family showed up to help the cause!



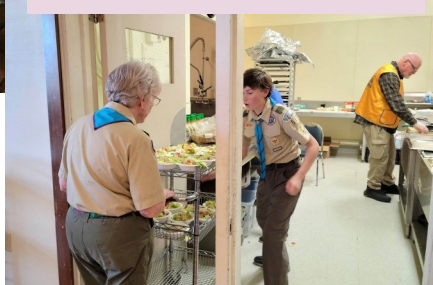
Lions Judy Meeks and Lisa Melville



Lion PDG Tom with Roary

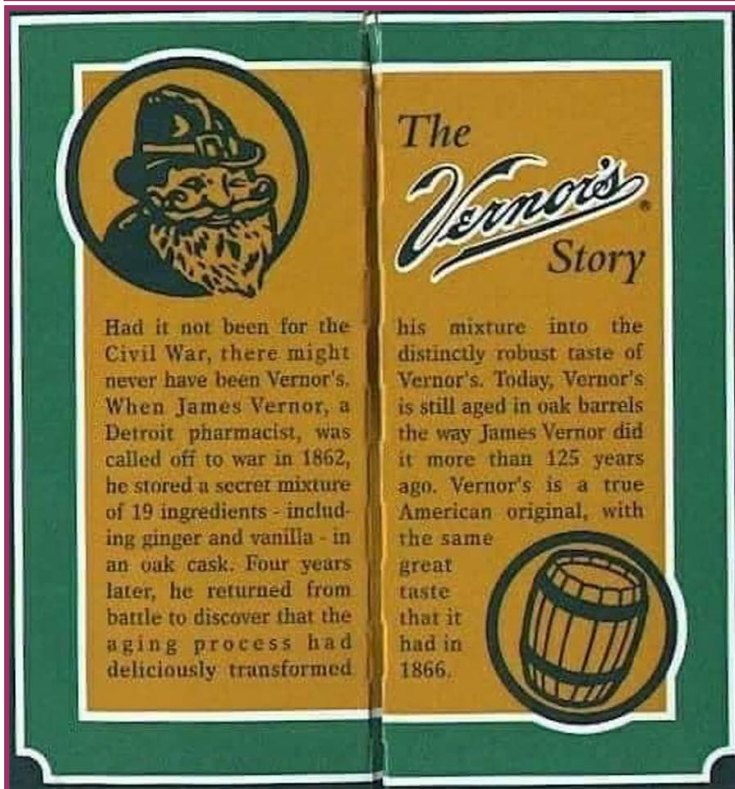


Helpers from Boy Scout Troop 580





In case you aren't aware, Vernor's Ginger Ale Soda is a very popular and delicious soda sold mostly in the Midwest and Eastern states. If you have not had one yet, you should try it next time you're traveling back east. You won't be sorry!



INTERNET USE FOR A VIP

The Sonora Lions Club was recently contacted by a representative from the "NVISION Center" about what services and tools they have available for a VIP (visually-impaired person). We invited them to write a short description of their program to include in our newsletter.

"Our recent educational guide provides a comprehensive resource for individuals with low vision or blindness to navigate the Internet. The guide covers built-in tools that make websites more accessible for people with vision loss. It is available for free and is an excellent resource for those who face challenges while browsing online.

The guide includes detailed information on how to adjust settings on various devices to improve accessibility. It also covers the use of screen readers, magnifiers, and other assistive technologies. The guide provides step-by-step instructions and helpful tips to make the Internet a more inclusive place for everyone."

Reference: <https://www.nvisioncenters.com/internet-accessibility-guide/>

Submitted by Paula Rios, an NVISION Center Representative



Q: What is the difference between a cat and a comma?

A. A cat is claws at the end of the paws and the comma is a pause at the end of a clause.

Q: What kind of doctor is Dr. Pepper?

A: A "Fizz-ician!"



Recommended Reading

"How to Write Big Books" by Warren Peace
 "The Lion Attacked" by Claude Yarnoff
 "The Art of Archery" by Beau N. Arrow
 "Songs for Children" by Barbara Blacksheep
 "Irish Heart Surgery" by Angie O'Plasty
 "Desert Crossing" by I. Rhoda Camel
 "School Truancy" by Marcus Absent
 "I Was a Cloakroom Attendant" by Mahatma Coate
 "I Lost My Balance" by Eileen Dover and Phil Down
 "Positive Reinforcement" by Wade Ago
 "Shhh!" by Danielle Soloud
 "The Philippine Post Office" by Imelda Letter
 "Stop Arguing" by Xavier Breath

MEET YOUR NEW SLATE OF OFFICERS FOR 2023-2024

The Sonora Lions Club had its 3rd reading of the 2023-2024 Slate of Officers on Wednesday, April 19, 2023. It was voted by the membership to accept the slate of officers as read. The new officers have been reported on MyLCI and they will begin their new positions as of July 1, 2023.

SONORA LIONS CLUB SLATE OF OFFICERS 2023-2024

PRESIDENT DAVID PAUL BERG
1ST VICE PRESIDENT JERRY JENSEN
2ND VICE PRESIDENT JILL SCHWAB
SECRETARY WENDY PENHALLEGON
TREASURER JUDY MEEKS
MEMBERSHIP CHAIR JERRI REGELIN
LCIF COORDINATOR RAY BAILEY
MARKETING/PUBLICITY WENDY PENHALLEGON
1-YEAR DIRECTOR RAY BAILEY
1-YEAR DIRECTOR KAILEN HILL
2-YEAR DIRECTOR BILL DUNLAVY, JR.
2-YEAR DIRECTOR INEZ WEST
CHAPLAINS TIM ATCHLEY / JOE SKAFF
TAIL TWISTER JOHN NOLEN
LION TAMER CECIL STEEN
IMMEDIATE PAST PRESIDENT TIM ATCHLEY
NEWSLETTER EDITOR/WEBMASTER WENDY PENHALLEGON



Sonora Lions Club 3rd Annual Wheelbarrow Raffle!

DONATION: \$10 per ticket
See Price list below



For information, call Lion Tom
 @ 209-694-5191. Tickets
 available from any Sonora Lions
 Club member.

Drawing to be held **Wednesday,
 June 7th** at our regular club
 meeting. (Need not be present to win.)

You have **TWO** chances to win a wheelbarrow full
 of garden tools!

**\$10—1 ticket; \$40=5 tickets, \$75=10 tickets,
 \$100=15 tickets**

Spring is in the air!



All proceeds to benefit the Sonora Lions Club community
 programs and projects.

Our heartfelt thanks go out to all the local
 businesses that contributed, making this
 raffle possible!

The Wheelbarrow Raffle is in full swing again for its third year in a row. We will be located in front of the Tractor Supply Store every Saturday through the month of May from 9 am to 3 pm. See poster above for the prices. Each ticket wins you two (2) chances to win a wheelbarrow filled with lots of garden tools.



Sonora Lions Club



Omelet Breakfast Fundraiser

Personalize
your omelet
your own
way. Many
ingredients
from which
to choose!



Included with
breakfast is:
Fresh fruit
Hash browns
Muffin
Coffee/tea
Juice
Water

Opportunity drawings
held throughout the
morning!

Saturday, June 24, 2023

8 am -11 am

Senior Center, 540 Greenley Rd, Sonora

Donation: \$20 per plate

Tickets available at the Sierra Bridal & Itty Bitty Balloon Shop,
13767 Mono Way (in the Junction) or call Lion Bud @ 209-532-7828
or any Sonora Lions Club Member



For credit/debit purchases, please call Lion Wendy @ 209-406-5015

Please bring your unneeded eyeglasses, hearing aids, cell phones, and empty ink cartridges for our
recycling, refurbishing, and redistribution programs.

All proceeds benefit the Sonora Lions Club Projects and Programs

wmp

APRIL 19TH MEETING

Pres. Tim opened in usual fashion. Our guest speaker, Mark Dyken and Lion Lydia's daughter, Rachel, were introduced to the group. Our Welcome Song was sung for them. **Birthdays:** Lion Lydia's birthday is today, and Lion Irene's birthday is tomorrow. Lion Mike Eachus has one on the 23rd, and the club is having it's 101st birthday on April 24th. Our two birthday gals had to wear the "birthday hat" or pay a fine.



New Member: We had the honor of inducting a new member into the club today, Don Rolle. He is a friend and neighbor of Lion Irene, who is his sponsor. Welcome to the club, Lion Don! He has been in town since 1966 and is a retired educator with a Bachelor's degree in Education. We are hoping he

will bring his sense of humor and positive attitude to enhance the Sonora Lions Club. **Slate of Officers:** The new Slate of Officers was read for the 3rd and final time. The membership voted to accept the slate as read. See page 7 for the full list of the new incoming club officers. **Committee Reports:** The sign-up sheet for the Wheel Barrow Raffle went around to have folks sit in front of the Tractor Supply Store and sell the tickets to win a wheel barrow stuffed full of garden tools and accessories. The first day of sales is Saturday, April 29th. The Omelet Breakfast flyers are out and ready to be distributed as well as the tickets for the event. Lion Judy will be passing them out at our next meeting. Raffle gifts are needed. Please bring them in and give to Lion Jerri when you do bring them to the meeting. **Tail Twister:** The Secret Lion for today was Lion Paul, who had Lions Jim and Inez fined for not greeting him properly. **Happy Bucks:** Lion Inez had a Happy Buck because she is leaving tomorrow for Laughlin, NV for her 72nd Class Reunion!~~ Lion Frank was taken back 60 years in time when he

walked into the Senior Center today and heard sounds coming from the main dining room—referring to his hen recording story told earlier.

Guest Speaker: Our guest speaker, Mark Dyken, from [Resiliency Village](#), came to speak about the homelessness situation in our county, and the services that Resiliency Village has to offer its residents. Where do you go if you don't have a home, especially in this horrible weather we've been experiencing lately? RV started about 4 years ago and has been housing people there for about 18 months now, having provided 5,200 shelter night beds. Mark started as a school Foster Liaison, working with homeless children, and knows first hand how difficult the struggle is. A lot of present-day homelessness stems from trauma experienced in childhood. Each trauma increases your risk. Their aim at RV is to help the citizens become self-sustaining, because no one actually WANTS to end up homeless. Poverty charges interest, especially on your health. Almost 100% of women in the program have experienced domestic violence, sexual abuse, or childhood abuse, and 30% of the homeless people are children. If you want to change the homeless problem, you need to deal with the children first. Through love and patience, you can heal those traumas, but there is no "magic switch" you can turn on or off to end the situation. Tuolumne County has a higher percentage of homeless per capita; even higher than cities like NYC, LA, Washington DC, and SF. It is not safe to be homeless and the impact is heavy on our safety, schools, businesses, law enforcement, hospitals, and service providers. There is also the human loss potential involved. When people have housing, sometimes it is easier for them to give up those vices that drag them down.



It gives them dignity and the ability to foster new, healthier relationships. Chicken Ranch has been a huge help in maintaining this program.

All those housed at RV are employed, save for those who are seniors on disability and a mother of a 1-year-old baby. All residents must go through an intake interview, and the main source of funding at RV is fundraisers and grants. They will be able to house up to 32 persons at some point in the future. Currently they have 2 paid staff members.

APRIL 26TH MEETING

The meeting was opened in the usual fashion today by Pres. Tim Atchley. Our guests were introduced, Gary Osias, husband to Lion Lydia, and Georgia Thomatos, our guest speaker and good friend of Lion Joe Skaff. We sang our Welcome Song for them. The various committee reports were discussed including the Rising Star Program, Wheelbarrow Raffle, and the Omelet Breakfast. More raffle gifts are still needed for the Omelet Breakfast. Please turn them in to Lion Jerri. Lion Bob gave a recap on the District Convention that was held this past weekend. More will be reported on that in next month's newsletter.

Tail Twister: The **Secret Lion** for today was Lion Judy, who managed to have several people fined. **Happy Bucks:** Lion Jerry Jensen had a very Happy Buck because he retired today for the 2nd time ~ Lion Jerri had a very Sad Buck because her son's wife passed away from a stroke at the age of 50. We are so very sorry for your loss. ~ Lion Paul had a Happy Buck in hopes that the Sacramento Kings would win tonight ~ Lion Inez had a Happy Buck because of her trip to Laughlin for her 72nd School Reunion ~ Lion Jill had a Happy Buck because she is finally going to get the permit to run her generator.



Cash Raffles: Lions John N. and Frank M. won the Cash Raffles today. Lion Lydia won the **Fine-Free Critter** and will be fine-free next week. We all know how much Lion Lydia loves this critter! Lion Bob won the chance to draw for the **Black Marble**, but he was only able to fish out a white marble. The pot continues to grow.

Our guest speaker, Georgia Thomatos, worked as a family practice physician, then switched over to the prison to work. She has a love of service because of an experience she had when she was 17 in Zimbabwe and Malawi. She started out in Africa and has since traveled the world. This past summer she was in Uganda and was working with the [New Life Skill Center](#) through [Hope59.org](#) over there, helping girls learn a business. She taught women's health to those young girls between the ages of 14-19 years. The girls changed so much. They found purpose and worth because of the program. She will be going back in 2 weeks and doing more health classes to give them more specific and basic medical knowledge for taking care of themselves. There will be a preschool class set up

will be a preschool class set up for 2-year-olds and up. In Uganda, girls are treated less than boys. Life for a girl was very dangerous before entering the center. Georgia will be teaching and is currently taking Greek and its culture. Her daughter will travel with her and also will helping to teach the class on Greece. The will also make Greek cookies and hope to expand the minds of these girls about the world that surrounds them. Most of their graduates will go back to their hometowns and set up a tailoring or hair dressing business. The students are learning English and Georgia works with them through an interpreter for the ones who do not speak English.

There are areas in Uganda that have a lot of unrest, but where they are there is absolutely no problem. Finances are through donations and grants. She feels that helping with their immediate needs is just a small patch, but she wants to teach them to survive and thrive. Georgia wants to teach them common knowledge things that we all take for granted. Some really don't even know the basics that we all grew up with.



Message from IP Brian Sheehan

Hello, Lions!

It's amazing but not at all surprising to me when I meet a Lion who has served for five or six decades.

Lions are the most dedicated people I've ever known. We live to serve, and we know our actions have real impact.

But if we are to make a lasting impact, we must continue to bring new generations of Lions into the fold. Young people have skills and life experiences that can strengthen what we do and how we go about doing it. When experienced Lions welcome a new generation of members, clubs are strengthened, their service is enhanced, and they are more likely to succeed well into the future.

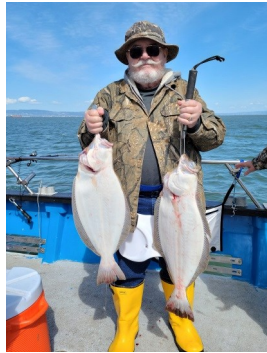
And that's what this is all about, after all—ensuring the work we do, the kindness we sow, and the lives we change, go on.

Make a great day.



Way To Go, PDG Tom!

A couple of weeks ago, PDG Tom Penhallegon underwent cardioversion to get his heart back in sinus rhythm. He had been in atrial fibrillation for so long, it was somewhat doubtful that it would work, but still needed to be done. As it turns out, it worked like a charm. Five days later, here is Lion Tom out on the New Huck Finn boat in the bay area, fishing his heart out and loving every minute of it! He's baaaaccck!



And speaking of amazing...Lion Inez West recently traveled to Laughlin, NV for her 72nd School Reunion! Someone captured this picture of Inez, who will be 91 years young on her next birthday! This is what some call a true "free spirit" and we hope this spirit will continue to shine bright and strong for a very long time!

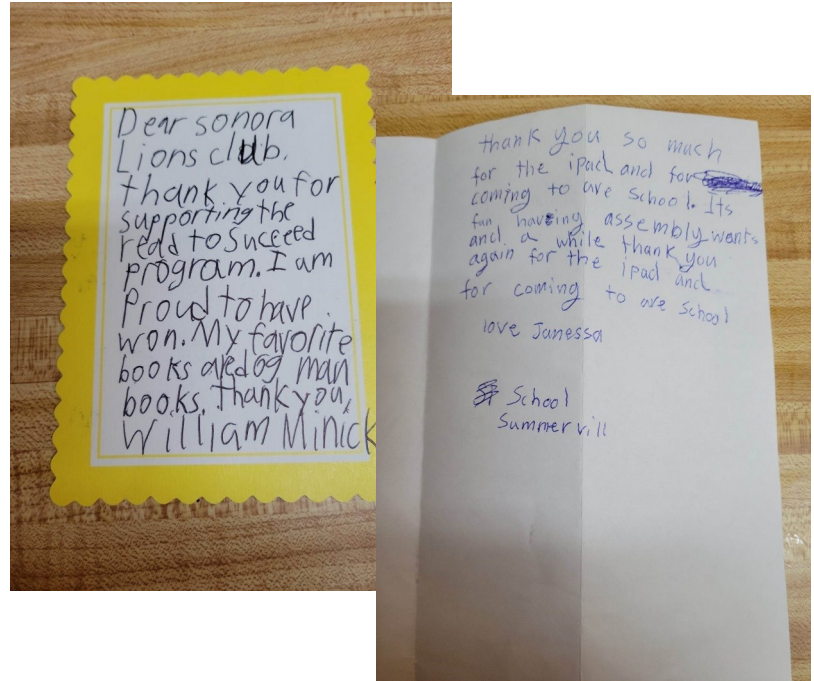


May Birthdays and Anniversaries

5/6 – Phil Baylis
5/19 – Dan & Kelly Ward – Anniv.
5/21 – Jim Gormely
5/26 – Doug & Sheri Fleming – Anniv.



Every now and again we get the most precious correspondence from the students we interact with during our school programs. We recently concluded our 2023 **Read to Succeed Program** with 9 schools participating this year and many Amazon Fire-7 tablets awarded to the kids. (See article in last month's newsletter.) Here are a couple of Thank-You notes we received from the participating students this year.

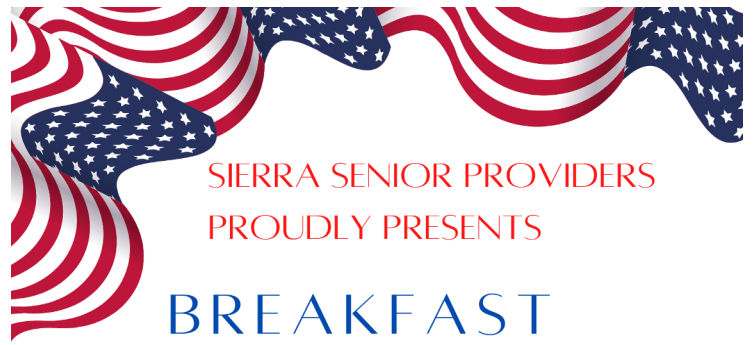




I'm hiding from exercise.
I'm in the
"Fitness Protection
Program."

Breakfast for Veterans

On Thursday, April 6th, Lions Tom & Wendy Penhallegon and Jan Newman ventured over to the Senior Center for the free Veterans Breakfast. It was fairly well-attended and the breakfast was great. Lion Tom was invited to speak about a few significant memories from his time in the Navy. A representative from "[*A Place for Mom*](#)" was also present and gave information on that business as well as providing information on benefits of which veterans might not be aware (*article on page 4*).



SIERRA SENIOR PROVIDERS
PROUDLY PRESENTS

BREAKFAST FOR VETERANS!

1ST THURSDAY EVERY MONTH

8:00–10:00 AM

(209) 533-2622

SIERRASENIORPROVIDERS.COM



Friends of the Pet Club

Submitted by Lion Frank Meckler



As of April 1st we have a balance of \$338.12 in the Friends of the Pet Club account, enough to last possibly through August, thanks to our Lion members and guests who have kept the program on course.

Spring is slowly approaching, but no matter what the weather conditions are, the Senior Center provides hundreds of meals each week to persons in need. Many persons receiving a meal from the Meals on Wheels program receive a tasty treat for their pets provided by the Sonora Lions Club. Now with the better weather conditions, one might want to consider reserving a "ride" with a driver. It is a ride you will never forget, especially with how happy the person and their pet are when they meet a new friend, and also the scenery of our county in the spring is something to behold. I'm sure that many of us drive the same roads, swerve to miss the potholes, but never pay attention to the surrounding area. "BORING!" It only takes about 3 hours of your time to experience a great MOW route, so take advantage of this invitation and just "Do it!" Lion Jill Schwab has put a great group of Lions together to continue this very important project. Many thanks to her and our pet-loving Lion members. Until next time...

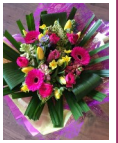
J' Know?

- * Sliced bread was first manufactured by machine and sold in the 1920s by the Chillicothe Baking Company in Missouri. Was it the greatest thing since "unsliced bread?"
- * The Earl of Sandwich, John Montagu, who lived in the 1700s, reportedly invented the sandwich so he wouldn't have to leave the gambling table to eat.
- * The original name for the search engine *Google* was Backrub. It was renamed after the googol, which is the number 1 followed by 100 zeros.
- * Cows don't actually have 4 stomachs, they have 1 stomach with 4 compartments.
- * Miss Piggy and Yoda were voiced by the same person, puppeteer Frank Oz.
- * "*Psycho*" was the first movie to show a flushing toilet.
- * The wedding of Princess Diana and Prince Charles was watched by 750 million viewers. Sadly, more than 2.5 billion watched her funeral.
- * There are no muscles in your fingers. They are controlled by the muscles in your palms and arms.
- * According to research, the human nose can distinguish about a trillion different odors.
- * The original title of Jane Austin's "*Pride and Prejudice*" was "*First Impressions*."
- * Almost all commercially grown artichokes come from California. One town in particular, Castroville, is named the "*Artichoke Capital of the World*."
- * The different colors of *Froot Loops* cereal all taste the same—they are not individual flavors.
- * The difference between jam and jelly is that jam is made with mashed-up fruit while jelly is made from its juices.
- * The first footprints made on the moon will remain there for a million years.
- * Humans could never land on Jupiter, Saturn, Uranus, or Neptune because their surface is made of gas and have no solid surface.
- * Play-Doh started out as wallpaper cleaner before the head of the struggling company realized the non-toxic material made a good modeling clay for kids.
- * In the 1940s, a retired teacher came up with the game "*Candyland*" to entertain children who were hospitalized from polio. Because its color system required no reading, young kids could easily play.
- * More people visit France than any other country (Spain is second, USA is third).
- * The coldest temperature ever recorded occurred in Antarctica, -144 degrees Fahrenheit, was reported by researchers in 2018.
- * Visitors aren't allowed to scatter the ashes of their loved ones at Disneyland or Disney World. This apparently is a problem around the Haunted mansion attraction.

Word Search Puzzle

MAY FLOWERS

Find all the words hidden in the across, down, and diagonally, with no backwards.



S T N S I B E R I A N S Q U I L L L
L K C H M A P E O N Y D A Z A L E A
A S N O W D R O P S E A I A C S P L
R U P M L S U T J D H N I E A H R M
A S R I A U V I A D N D D R Y E I O
N I L N G E M H S J I E O A I A M N
T W E E D S H B M I R L C E L S R D
U E T E L I Q E I D A I S I E S O S
L L I L A C A U N N N O I S E E S L
I V G P A N S Y E T E N H U U A E Y
P Y G R U C V E H A F S L T L D F R
C R O C U S I N K E K T S S A R E E

ALMOND	DAISIES	JASMINE	PIGSQUEAK	TULIP
AZALEA	DANDELIONS	LILAC	PRIMROSE	WEEDS
COLUMBINE	HYACINTH	PANSY	SIBERIANsquill	
CROCUS	IRIS	PEONY	SNOWDROPS	

THE CURE FOR BOREDOM IS BOOKS...



**THERE IS NO CURE
FOR BOOKS!**

Word of the Month

Bowlerize (verb) Pronunciation: bowd-ler-ize

Definition:

- 1) to expurgate something like a book, by omitting or modifying parts considered to be offensive.
- 2) to modify by abridging, simplifying, or distorting in style or content.

Used in a sentence: They decided to bowdlerize the book "*Gulliver's Travels*" to supposedly make it unobjectionable to children



SECRETARY'S MONTHLY REPORT

April 2023

Submitted by: Lion Wendy Penhallegon, Secretary

• Total Membership from last report	42
• New Members.....	0
• Dropped Members	0
• Transferred Members.....	0
• Total Members At Close.....	42
• Service Hours	662/YTD 3,526
• Number of People Served	1,229/YTD 18,401
• Number of Lions Performing Service.....	167/YTD 1,392
• Number of Non-Lions Performing Service.....	11/YTD 17
• Number of Hearing Aids Dispensed	1/YTD 1
• Number of Eyeglasses Donated	0/YTD 2,710
• Pounds of Pull Tabs Donated	0/YTD 33.75
• Pounds of Plastic Bags (Bags For Benches)	0/YTD 256
• Number of Cell Phones donated	0/YTD 65
• Funds Raised	\$11,737/YTD \$29,271
• Funds Donated	\$4,394/YTD \$24,052
• Total Activities	29/YTD 321

Our Lion Members Doing Community Service

* **Friends of the Pet Club**—Lion Jill Schwab, Ray Bailey, Jan Newman, Frank Meckler

* **Rising Star Program**—Lion Lydia Osias

* **Bags for Benches**—Lion Lydia Osias

SLC Community Outreach—Lions John Nolen, Wendy & Tom Penhallegon

* **SLC Food Bank Program**—Lions Tim Atchley, Jan Newman, Jim Gormely

* **Eyeglass Collection**—Lions Bud & Jerri Regelin

Ink Cartridge Collection—Lion Wendy Penhallegon

* **Ear of the Lion Program**—Lion Tim Atchley

* **Wheelbarrow Raffle**—Lions Tom and Wendy Penhallegon, Jan Newman, Bob Bader, Cecil Steen, Bill Dunlavy, Jr., Phil Baylis, Ray Bailey, Bud & Jerri Regelin

TC Volunteer Fair—Lions Jill Schwab, Tom and Wendy Penhallegon, Bud and Jerri Regelin, Inez West, Jan Newman

* **Cioppino Dinner**—The Sonora Lions Club members with co-chairs Lions Lydia Osias and Wendy Penhallegon

Veterans Breakfast—Lions Tom & Wendy Penhallegon, Jan Newman

District Convention—Lions Bud & Jerri Regelin, Bob Bader, Judy Meeks, Irene Wetzels, Don Rolle, Jan Newman, Tim Atchley, Joe Skaff, Jim Gormely, Lydia Osias

* **Omelet Breakfast Fundraiser**—Lions Bud & Jerri Regelin, Wendy Penhallegon, Frank Meckler, Judy Meeks, Bill Dunlavy, Jr.

* = **Signature Program for the Sonora Lions Club**

A GEOGRAPHY LESSON

How The Great Lakes Were Formed

During the last Ice Age, the mile-thick Laurentide ice sheet covered most of Canada and the northern contiguous United States. The massive weight and movement of this glacier gouged out the earth to form the lake basins. About 20,000 years ago, the climate warmed and the ice sheet retreated. Water from the melting glacier filled the basins, forming the Great lakes. Approximately 3,000 years ago, the Great Lakes reached their present shapes and sizes. Today, the Great Lakes ecoregion contains a variety of habitats, including aquatic, forest, marsh, wetland, and dune ecosystems. Widely varying climate, soils, and topography support more than 3,500 species of plants and animals.



Mother Lode Food Project—April 2023

There was a big jump from the February shelf stable foods and pet foods. Here are the totals per *Tristan Kaiser, Director of the MLFP*

Miscellaneous shelf stable—1,464 lbs

Personal hygiene items—62 lbs

Monetary donations—TBD

The Sonora Lions Club donated 14 green bags with an estimated total value of \$280. Keep up the good work, Lions!



The next Green Bag Day will be June 14th.

NEEDED: OLD EYEGLASSES

Do you have old eyeglasses lying around the house? Why not donate them to your local Lions Club? We refurbish and redistribute prescription and nonprescription glasses and sunglasses, including clip-ons. We have several drop-off areas around town including a big yellow mail box in front of the Senior Center. There is also a donation box in front of the Vision Center at Walmart or at many local optometrist's offices around town. Our club also takes old hearing aids and their batteries, pull tabs from cans, and empty ink cartridges.





H.E.L.P. Report Diann Kaiser Memorial Hospital Equipment Loan Program

April 2023
Lion Dan Ward, Chair
sonoraministorage@yahoo.com

Item	Loaned	Value	Total
Wheelchairs	31	\$50.00	\$1,550.00
Commodes	26	\$20.00	\$520.00
Bath Chairs	10	\$20.00	\$200.00
Shower Benches	8	\$20.00	\$160.00
Walkers	19	\$20.00	\$380.00
Walker w/seat	18	\$30.00	\$540.00
Canes	3	\$10.00	\$ 30.00
Crutches	1	\$10.00	\$ 10.00
Risers	9	\$10.00	\$ 90.00
Reachers	0	\$5.00	\$ 0.00
Sock Aide	1	\$5.00	\$ 5.00
Misc.	10	\$5.00	\$ 50.00

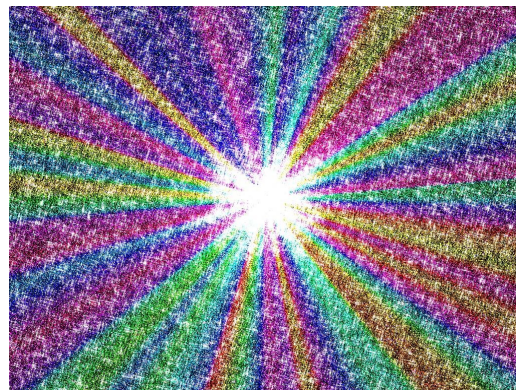
Total People Served	136
Total Contributions in Kind	\$3,535.00
Total Hours Contributed	34
Month	April 2023
Prepared By:	Dan Ward



Dogs of Shakespeare

News from the Universe

Recently, Sharon Giovinazzo, CEO at [LightHouse for the Blind and Visually Impaired](#) San Francisco and former CEO and President of the [World Services for the Blind](#) was making small talk with a 5-year-old girl. Sharon asked her "What is your favorite color." The girl answered, "Glitter!" Ms. Giovinazzo's new favorite color is now glitter. Never let your light become dull!



Celebrate Your Small Wins

@aaronadajar

Creative work, like life itself, can be challenging. When something good happens, even if it's something small or insignificant, it's worth celebrating. Why rob yourself of joy when there are so many things to celebrate along the way! It is not naïve. It is important. It is essential—even healthy for your soul. It doesn't matter if someone is more successful, more noticed, or more popular. Stop measuring yourself against other people. Instead, measure yourself against who you used to be. Don't let anyone or anything steal the joy of your journey. Celebrate the small victories!

What are you proud of that you achieved this week?

Borrowed from the Facebook page of Gat Stlor

EAR OF THE LION REPORT

April 2023

Submitted by: Lion Tim Atchley, Chair
tim.atchley52@gmail.com



Client David Peters from Tuolumne was issued his hearing aids under our club's sponsorship on April 5, 2023.

Two more potential clients were given applications for hearing aids during the month of April.

CLUB OFFICERS & BOARD OF DIRECTORS 2022-23

President	Tim Atchley
1 st Vice President	Jerry Jensen
2 nd Vice President	Jill Schwab
Secretary	Wendy Penhallegon
Treasurer	Judy Meeks
Membership Chair	Jerri Regelin
LCIF Coordinator	Bob Bader
Marketing/Publicity	Jim Gormely
One-Year Director	Jan Newman
One-Year Director	Frank Meckler
Two-Year Director	Kailen Hill
Two-Year Director	Cecil Steen
Club Chaplains	Joe Skaff/Phil Baylis
Tail Twister	Ray Bailey
Lion Tamer	Bud Regelin
Immediate Past President	Phil Baylis
Webmaster/Newsletter Editor	Wendy Penhallegon



"We Serve"



If you are a Lion and enjoying this newsletter,
Share it! If you are enjoying this newsletter
and are not a Lion, we would encourage you to
Become a Lion!

For more information call Lion Jerri Regelin,
Membership Chair (209) 532-7828



District Governor Doug Campbell
2022-23



District 4-A1

Email: liondoug1963@gmail.com
209-495-8053

Sonora Lions Club Calendar of Events

May 3: Regular membership meeting @12 noon, Howard White from the "[Love Tuolumne County](#)" project, guest speaker

May 10: Board of Directors meeting @10:30 am, followed by a business meeting @12 noon, no guest speaker

May 17: Regular membership meeting @12 noon, Eric Hovatter, [Assistant District Attorney](#), speaking on Elder Abuse

May 24: Regular membership meeting @12 noon, Gat Slor, from [Ladies of Justice](#) (Legal Shield), guest speaker

May 27: Last day of the Wheelbarrow Raffle sales

May 31: Regular membership meeting @12 noon, Shannon Ingram, [Athenable Investments](#), guest speaker

June 7: Regular membership meeting @12 noon, [Raising Arrows Canine Rehab](#), guest speakers Nate & Amanda

June 14: Board of Directors meeting @10:30 am, followed by a business meeting, no guest speaker

June 21: Regular membership meeting @12 noon, Larry Morris from [PHI](#), air medical services, guest speaker

June 24: Omelet Breakfast Fundraiser, 8-11 am, Senior Center, \$20 donation (see flyer on page 8)

June 28: New Officer Installation for Lions year 2023-24 with PDG Kent Christensen, installing officer

District, Multi-District, and International Calendar of Events

May 6: Hot Copper Car Show—Copperopolis-Lake Tulloch Lions Club

May 13: District 4-A1 Leo Appreciation Day

May 19: 2nd Annual Blood Drive, Atwater-Winton Lions

June 10: Golf Tournament, Up Country 88

June 24: Lions All-Star Football game

June 30: This Lion's year Proud Lion contest ends

Our next Board of Directors meeting will be
at 10:30 am, Wednesday, May 10, 2023
at the Senior Center

ALL ARE WELCOME TO ATTEND!

THIS IS YOUR NEWSLETTER!

Submitted by: Lion Sec. Wendy Penhallegon

If you would like to see more of something, less of something, or contribute an article of interest or even write a story, please do submit it! It does get challenging at times to find "news" to fill the pages, and I could use the help from all of you. Just email me at wenpen@sonoralions.org and we can put it in for you! It's a NEWSletter and it needs to have News!

