



The Lion's Roar

Sonora Lions Club



PO Box 101, Standard, CA 95373

*The Sonora Lions Club meets every Wednesday at 12:00 PM at the Senior Center, 540 Greenley Rd., Sonora
Board Meetings are every 2nd Wednesday at 10:30 am prior to the noon meeting
District 4-A1, Mountain Region, Zone 2*

Club Website: www.SonoraLions.org ~ Club email: SonoraLions@yahoo.com ~ [Club Facebook page](#)

Lion Secretary Wendy Penhallegon, Editor, #20

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"Sonora Lions, Serving the Mother Lode Since 1922"

*"Liberty, Intelligence, Our Nation's Safety"
"We Serve"*

Volume CI, No. 12

June 2023

EAGLE SCOUT PROJECT COMPLETED!

On Saturday, April 29, 2023, Lions Tom & Wendy Penhallegon, Jan Newman, Bill Dunlavy, Jr., and Phil Baylis visited the Summerville High School Campus to witness the "unveiling" of the two new permanent chess tables that were installed on the campus in the outside dining area. The tables and seats were securely anchored to the ground. The seats were painted in the school colors of orange and black. In March, the Sonora Lions Club Board of Directors voted to donate \$300 towards this project. These chess tables represent one of the steps of the journey that Bryce Chamberlain has been working on to help achieve his *Eagle Scout* rank in Troop 500. This personal achievement requires a level of dedication, determination, and leadership that not many can sustain. On an application for [Eagle Scout](#), you must demonstrate the following: *Have been an active member of your troop as a *Life Scout* for at least 6 months. *Live and demonstrate how you have done your duties and served your troop and community. *Provide references from people who can attest to your achievements. *Earn a minimum of 21 merit badges in specific categories. *Hold and be active in a leadership role as a Life Scout. *Plan, develop, and give leadership to others in a service project that is helpful to any religious institution, school, or your community and that proposal must be approved by the scout master and council prior to commencing with the project. *Participate in a Scoutmaster Conference. *Successfully complete a Board Review for Eagle Scout rank.

As you can surmise, this is not an easy task to achieve, but one that will follow you, add another layer of quality to your resume for the rest of your life, and add respect and admiration from those who learn of your rank.



Installing the chess tables



Some of Troop 500 showing support



Bryce (left) in a friendly competition



The Scout leadership

Lions Tom, Wendy, Bill D., Phil, and Jan with Scout Bryce (the tall one in the center) and another Eagle Scout alumnus



4-A1 Convention 2023

April 21-23, 2023, Lions from all over District 4-A1 convened at the Black Oak Casino for their annual convention. The distinguished guests included Past International President Jimmy Ross, District Governor Melinda Blaza from 4-C6, 1st VDG Scarlett Ku from 4-L2, 2nd VDG Billy Gaither, Jr, from 4-C2, and Past Council Chair Roger Powell, the MD4 Lions Clubs International Foundation Coordinator. Reports were given from the GLT, GMT, and GST district chairs. The 2023-24 election results are as follows: District Governor Elect—Claudia Miller, 1st VDG Elect—Eric Cheung, 2nd VDG Elect—Matt Strickler. The Club Excellence Award was presented to the Madera Evening Lions Club. PIP Jimmy Ross was given a Helen Keller Fellowship. PCC Roger Powell reported MD4 raised \$1,100,000 for Lions Clubs International Foundation, the 13th largest donation in the world! PDGs Kent Christensen and Gabrielle McKechnie were recognized for their efforts to support LCIF. Awards presented were (Lions all): A Melvin Jones Fellow to Gail Cates for her work on the district newsletter; Debbi Hopman and Kent Christensen were given Presidential Awards; Susan Newman, Carl Kennedy, and Gabrielle Deubert were given a President Excellence Award; Christy Peacock, Gabrielle McKechnie, and Daniel Martinez were given the Humanitarian of the Year Award. The Couple of the Year was Paula and Don Hansen. The LEO of the Year was Arlene Morell, Lion of the Year was Claudia Miller, and DG Doug Campbell was given a Helen Keller Fellowship. The Sonora Lions Club received a Parker's Prom, Peace Poster, and Ronald McDonald House Pull-tab Program participation patch. Our Club won top honors for the Scrapbook Contest—Judy Meeks and the Newsletter Contest—Wendy Penhallegon. We had eleven (11) members attend/help at the convention this year and we served the Saturday morning breakfast to the crowd.



Sonora Lions Club Table



PDG Kent Christensen, PCC Roger Powell, & PDG Gabby McKechnie



Lion Bob Bader with Sonora Lions Banner

May 3rd Meeting

Lion Pres. Tim opened the meeting in the usual fashion. Our guests were introduced, Steve Bailey, son to Lion Ray Bailey, and Howard White, one of the main organizers for the Love Tuolumne County program.

Our hearty Welcome song was sung for them. Lion Phil has a birthday this week, so he was made to wear the “birthday hat.”



Sunshine Report: Lion Dennis Schroeder was in the hospital but is now at Avalon. We will check to see if he can have visitors and/or calls and texts.

Tail Twister: Lions Paul and Lisa were fined for not wearing any Lions apparel.

Secret Lion: The Secret Lion today was Lion Jerry, who had Lion Jim fined for not greeting him properly. Lion Jim was also fined for coming in late today.

Happy Bucks: Lion PDG Tom had a Happy Buck because of the “plethora” of Lions who



attended the unveiling of the Eagle Scout Project at Summerville High School and also a Happy Buck because Lion Lisa is here today! ~ Lion Irene had a Happy Buck because this is her last meeting for a while as she will be on an RV caravan to

St. Louis ~ Lion Lydia had a very Happy Buck because she will graduate from her Master Gardener class ~ Lion John has finally gotten everything out of the apartment in Pacific Grove and also a friend of his wants to join the Lions! ~ Lion Jill had a Sad Buck because she had a dead tree that needed to be cut down. Her son said he would take care of it, but it came down on the neighbor's fence ~ Lion Ray reported that Tuolumne County Transportation Council has put in 4 charging stations for EVs, encouraging all to buy an electric car. After charging your vehicle for 1 hour, you can go a whole 35 miles! **Cash Raffles:** Lions John and Frank won the Cash Raffles today. **Fine-Free Critter:** Lion Jerry won the Fine-Free Critter and will be fine-free next week.

Guest Speaker: Our guest speaker, Howard White, is one of the main organizers, along with his wife, for the “Love Tuolumne County” program and also part of the co-op reviving the Columbia Hotel and Restaurant. The Love Tuolumne County organization is a 501(c)3 entity that has a mission of beautifying and cleaning up the community. It was modeled after the “Love Modesto” program that was started a few years ago.

They identify groups that

Love Tuolumne County

have needs that cannot be met by themselves. They then get sponsors willing to fund those projects. They gather together, get estimates on what it would take to complete the project, and then post on their website

Continued from page two...

where people can sign up to work on those projects. They try to fill the need for people who want to volunteer but don't know how and pair them with projects that need volunteers. Last year they had 450 people come out to help. The late winter we have experienced this year has caused people to not think about spring cleanup until very late in the season, so as a result, they have had fewer volunteers to help or projects to work on. They had to cancel 4 projects because of water problems. They will be doing projects throughout the year, however; not just during their annual "weekend" of help. Love Tuolumne County is asking us if we know of any needs in the community that could use a few volunteers to help. They would then partner with us and get that project completed. You can go to their website LoveTuolumneCounty.org to find out what is going on in the community and to sign up to help. One can also make suggestions for projects there. They have done a lot of local work recently, like painting the Senior Center, and helping on the landscaping for the library.

As for the Columbia City Hotel, it suffered some serious damage from a rain storm. The hotel and restaurant have been closed for the last 3 years, but was able to reopen 3 months ago. It is a co-op organization that shares its profits annually with all its members. They will be bringing back the Victorian Feast later in the year. Their food is amazing and they will be training students from Columbia College Culinary program for extra training and work experience. You can email them at CCHCCboard@gmail.com and ask to be put on their mailing list for news and updates.



MAY 10TH MEETING

Lion Pres. Tim opened the meeting in usual fashion. Today, being a business meeting, featured no guest speaker and there were no other guests present to introduce. There were also no birthdays or anniversaries to announce this week.

Tail Twister: Lion Wendy was the Secret Lion for today and was able to have several Lions fined for not greeting her properly. Lion Lydia made a beautiful Japanese style vase with an Iris in it for auction. The winning bid was made by Lion John for \$20. **Happy Bucks:** Lion Paul got a call from his wife saying that a scratch-off ticket they had



purchased was a winner to the tune of \$500! ~ Lion Jim had a Happy Buck because he went down to take his driver's license test and passed. Look out Sonora! ~ Lion Bud had a Happy Buck because his grandson was visiting them, having come all the way from Sweden last weekend ~ Lion Bill D. went to the doctor and has been officially released from wearing a brace on his knee ~ Lion Glenn was happy because he will be flying to new York to go on a cruise to Iceland—we wonder if he will say hi to the Past International President Gudrun Yngvadottir while he is there? ~ Lion Frank reported that his son has a 200-pound pet pig who lives indoors with them, is housebroken, and insists on always greeting the guests. And now Frank



has a peacock that has taken up residence in his yard, and boy does he love to screech! ~ Lion Kailen was told last week that it was everyone's last day on the job. Kailen decided to start his own business, Kailen's Mobile Auto Service ~ Lion Inez had a Happy Buck because she and her daughter just bought a new John Deere Tractor and she is doing roads and working on it every day. **Cash Raffles:** Lions

Frank and Bill D. won the cash raffles this week. **Fine-Free Critter:** The Fine-Free Critter was won by Lion Bill D. who shall be fine-free next week. **Black Marble Draw:** Lion Glenn won the chance to draw for the black marble,



but was only able to fish out a white marble. The pot continues to grow.

Lion Sec. Wendy gave a recap of what occurred during the Board of Directors meeting. The Omelet Breakfast, Rising Star Award Program, and Bags for Benches program were discussed.

Thirty Years Ago, Life Changed for Everyone

On April 30, 1993, something called the World Wide Web was released into the public domain. In the early 1990's, we had the internet, but it was difficult to use.



First, everything was text-based. Then you had to know which network-equipped computer had the actual file you wanted to view, then you had to coax your computer into actually communicating with the host.

Most of us were not even aware of computers for personal use during these early years. However, with the introduction of the WWW, that all changed. The internet transformed into something that we could all use to build our own website, provide personal "links" to those websites, and connect with millions of other people around the world in an instant. If you want to know something now, it is probably written down somewhere on a computer. All you have to do is open a browser, type in the web address or a few "key words" and voila...instant information! It just boggles the mind how someone's vision so many years ago made life so much easier and connected more people than ever before in the history of mankind. To read the entire article on this subject, please click [here](#).

REMEMBER THE DUES INCREASE!

Last June at the International Convention, it was voted on and passed that the Lions Clubs International dues be increased by \$3.00 this July 1st. So, when the district starts collecting Club dues, it will include the added \$3.00 per member. The dues will increase each July for the next two (2) years by \$2.00 also.

LCI ON-LINE SHUT DOWN

Lions Clubs International is launching a new computer program as of July 1st as well. In doing so, they are asking that the club officer reporting for the next year be completed no later than May 15th. On or about June 15th, the Lions Clubs International website will be shut down for approximately a month. All reporting must be completed before that date. Keep your paper records so you can make any updates in the new system. Adding or dropping any members must be done by June 15th. If a club does not drop a member by that date, that club will be billed for all members on your roster come that date.

To our club members: If you plan on not renewing your membership, please notify us early. Your cooperation is much appreciated.

Bags for Benches

On Friday morning, May 12th, 5 Lions traversed to Jamestown Elementary for the dedication of our first bench from the Bags for Benches program. The Jamestown Elementary school helped us collect over 500 pounds of clean, dry plastics to be recycled into a bench for them. It will be moved and placed in a permanent location soon on their campus. What an incredible accomplishment for these youngsters and our club!



LIONS ARE



KNIGHTS FOR THE BLIND

MAY 17TH MEETING

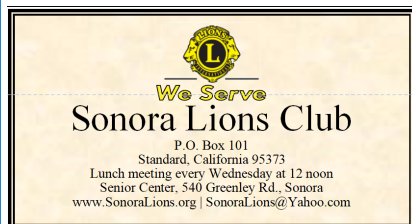
Lion Pres. Tim opened the meeting in usual fashion to a slightly less populated meeting today. He wondered if the warm weather could have anything to do with it. Our guest speaker, PDG Don Allen, was introduced to the members. We thanked PDG Don for graciously agreeing to come up at the last minute and give a presentation on the Spot Vision Program when our previously scheduled speaker had to postpone his visit. A warm Welcome song was sung for him. **Birthdays and Anniversaries:** May 19 will be Lions Kelly & Dan Ward's Anniversary and on May 21 it will be Lion Jim Gormely's birthday. Yes, we did subject our distin-



guished guest to our personalized version of the Happy Birthday song. **Announcements and Committee Reports:** Terry Skaff, Lion Joe's wife's surgery went well and she is home recuperating now. Lion Dennis Schroeder sends a big Thank You for all the get well wishes. He might be able to come back home next week. **Wheel Barrow Raffle:** Lion Tom reported last weekend's sales, were up a bit from previous weekends, but since we are only half the amount of actual sale days this year, we need to step up our ticket selling. He asked if we could add one more weekend (Saturday, June 3rd) to the schedule. We will see if we can get folks to sign up to work.

Bags for Benches: Lion Lydia talked about the bench dedication at Jamestown Elementary on Friday, May 12th. (see article on page 4). Columbia Elementary will start the gauntlet beginning in August, but in the meantime, please keep saving your plastics for the program. **Rising Star Award:** Lion Lydia mentioned that there would be another award given out at Curtis Creek on 05/26/23. (The full schedule is listed in the Calendar of Events on the last page.) Lion Wendy has created a new version of the "club business card" that members can hand out to friends, family, and acquaintances to see if we can encourage them to attend meetings and check us out.

If you would like a few of these to hand out, just let Lion Wendy know and she can provide you with some cards.

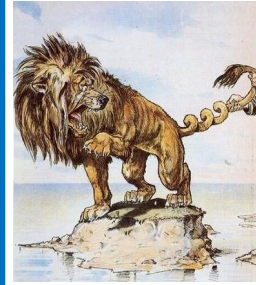


Front of card is shown above.

Back of card is shown to the right.



It was announced that the **Budget Committee** has been formed and will meet soon to decide on next year's budget. **Club Social:** So far there are 2 choices to consider for a venue for our club social. We can gather together at the Strings Italian Café in the Junction Shopping Center, or Indigeny Reserves for a BBQ. This will be discussed in a couple of weeks again. **All Star Football:** If you would like to attend the game this year (Saturday, June 24th in Tracy), please let Lion Paul know and he can get the tickets to you. **Omelet Breakfast Fundraiser:** Lion Jerri was not present this week, but we are encouraged to keep selling our tickets. A sign-up work sheet will be sent around in the near future. **Tail Twister:** The **Secret Lion** was Lion



Jerry Jensen. The only member who did not greet him properly was Lion Bill Dunlavy, who sneakily produced the Fine-Free Critter so he did not have to pay a fine. Lion Phil arrived late so he had to pay a fine. **Happy Bucks:** Lion Lydia had an apology buck for showing up a little late for the

bench dedication last week ~ Lion Inez had a very Happy Buck because she will be a great-great grandma again to another baby girl! ~ Lion Tim had a Happy Buck because this is his last meeting until June 7th, because he and his bride of 50 years will be traveling to Amsterdam, then Barcelona to take a tour of area ~ Lion John had a thankful \$20 for being a part of such a great club that still adheres to the patriotic traditions that we do.

Guest Speaker: Today's guest speaker was none other than PDG Don Allen from the Oakdale Lions Club.

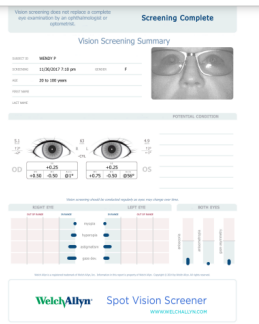
He opened his presentation by talking about the beginning of Lions Clubs International and the 1925 convention that featured Helen Keller. During that convention, Helen Keller challenged the Lions to become "Knights of the Blind" in the crusade against darkness. That has been our main focus ever since. In 2015, our district adopted a new program called the Spot Vision Program. This is an incredible little device



that can allow one to perform an eye exam in a matter of seconds. Our goal is to provide this service for the elementary schools of our community for all who want it. The Oakdale Lions Club actually owns 2 of their own cameras now and have screened children in all 4 of Oakdale's elementary schools and junior high schools. The state of California mandates that children be screened in grades K, 2, 5, 8, & 10. (Continued ...)

Continued from page 5...

They have screened over 400 students in Oakdale and Riverbank. The overall referral rate was 14% (meaning a potential problem was revealed on the exam and further investigation by an optometrist or ophthalmologist should be pursued). If a student is flagged as needing an exam, a printed copy of their report is given to the school nurse. Their club can screen an entire school in about 3 hours with 2 cameras (about 400 students). Our Lions district (4-A1) has 5 of the Spot Vision Cameras available for loan to any club wishing to perform screening in their area. The crews usual consist of about 4 persons: someone to guide the students themselves, 2 for the actually screening, and 1 to troubleshoot any problems. It actually is not necessary to be a licensed nurse to operate one of these cameras. There is no special training needed to run the camera. The school nurse can assign each student a number and a "sticker" will be produced with that number and the student's name, and worn by that student for his/her exam. If their exam is flagged by the camera, the sticker will be placed on the printed copy of the exam for further identification. The Spot Vision camera screens for six different risk factors: myopia, hyperopia, astigmatism, anisometropia, strabismus, and



anisocoria. A sample of a printed exam report was furnished by Lion Wendy (above). Past District Governor Don suggested our club contact our schools again to see if we could assist them with the eye screenings for the students. If needed, we could start with the superintendent of schools.

News From Down Under

Lion Doug and his wife Sheri are doing some extensive traveling this spring for their 10th anniversary. First they spent some time in Hawaii, and are now visiting family and seeing the sites in Australia where they finally got to meet their grandson for the first time. Pictured here is Grandpa Doug and Liam.



Lions are people who are
CRAZY ENOUGH
TO *think* THEY CAN
CHANGE
THE WORLD
AND WE DO.

Hazardous Waste Problem?

Just about everyone has some form of household hazardous waste. Did you know there are certain restrictions on how to dispose of these items? If you visit the [Tuolumne County](https://www.tuolumnecounty.org/hazardous-waste) website and click on the link for hazardous waste, you can find a comprehensive list of what constitutes household hazardous waste. This could include something one might consider just normal everyday stuff, like used cooking oil, old thermostats containing mercury, or used motor oil. However, the items listed on this website could pose substantial harm in human health and the environment. While the 2023 Household Hazardous Waste Collection Day for Tuolumne County has already occurred, you can still call for an appointment at 1-800-811-2435 to bring in your items. Groveland has a collection event scheduled on August 19th. If you have a small business with hazardous waste, or for any other questions, you may contact Tuolumne County Solid Waste Division at 209-533-5588 or visit the website highlighted above.



Tuolumne County
CALIFORNIA

Sonora Lions Club



Omelet Breakfast Fundraiser

Personalize your omelet your own way. Many ingredients from which to choose!



Included with breakfast is:
Fresh fruit
Hash browns
Muffin
Coffee/tea
Juice
Water

Saturday, June 24, 2023

8 am -11 am

Senior Center, 540 Greenley Rd, Sonora

Donation: \$20 per plate

Tickets available at the Sierra Bridal & Itty Bitty Balloon Shop, 13767 Mono Way (in the Junction) or call Lion Bud @ 209-532-7828 or any Sonora Lions Club Member



For credit/debit purchases, please call Lion Wendy @ 209-406-5015

Please bring your unneeded eyeglasses, hearing aids, cell phones, and empty ink cartridges for our recycling, refurbishing, and redistribution programs.
All proceeds benefit the Sonora Lions Club Projects and Programs



Sonora Lions Club 3rd Annual Wheelbarrow Raffle!

DONATION: \$10 per ticket
See Price list below



For information, call Lion Tom @ 209-694-5191. Tickets available from any Sonora Lions Club member.

Drawing to be held **Wednesday, June 7th** at our regular club meeting. (Need not be present to win.)

You have **TWO** chances to win a wheelbarrow full of garden tools!

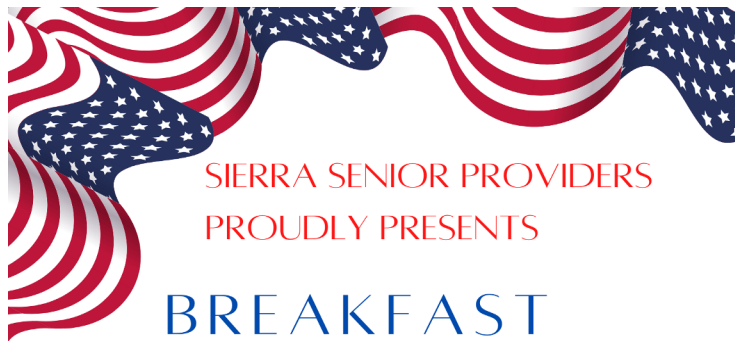
\$10=1 ticket; \$40=5 tickets, \$75=10 tickets, \$100=15 tickets

Spring is in the air!



All proceeds to benefit the Sonora Lions Club community programs and projects.

Our heartfelt thanks go out to all the local businesses that contributed, making this raffle possible!



SIERRA SENIOR PROVIDERS
PROUDLY PRESENTS

BREAKFAST FOR VETERANS!

1ST THURSDAY EVERY MONTH

8:00-10:00 AM

(209) 533-2622

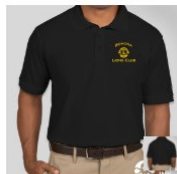
SIERRASENIORPROVIDERS.COM



New Club Shirts Available for Order

A sign-up sheet will be passed around at each meeting for the next several weeks for anyone wishing to order a new club shirt or one of the purple "Lions at Work" shirts pictured below. The club shirt will be a black Polo shirt with yellow embroidery. Sizes S-4X, 5 oz. 100% moisture-wicking pique polyester, rib knit cuffs. If you wish to order one or more of these shirts, please let Lion Sec. Wendy know as soon as possible (quantity and sizes).

Lions at Work shirts (price for 15 shirts) \$20 each
Club shirt, black, (price for 25 shirts) \$43 each
Club shirts are **also available in Women's style** Polo (same price). Depending on the number of shirts that are ordered, the final price may vary.



Shown left top is the men's new club shirt, lower picture is the women's shirt.



Shown right top is the front of the Lions at Work Shirt, lower picture is the back of the shirt.



MAY 24TH MEETING

Lion 1st VP Jerry Jensen opened the meeting, standing in for Lion Pres. Tim. Our guest speaker, Eric Hovatter, prosecutor from Tuolumne County and visiting Past District Governor Don Allen were introduced. We sang our Welcome Song for them. **Birthdays and Anniversaries:** This week Lion Doug Fleming and his wife Sheri will be celebrating their anniversary on the 26th. **Tail Twister:** The Secret Lion for today was Lion PDG Tom, who tried to fine Lion John for not shaking his hand; however, since he was acting Tail Twister, he did not have to pay a fine. However, Lions Judy and Jim also failed to shake his hand, so they had to pay up. **Happy Bucks:** Lion Tom had a very Happy Buck for having attended with Annual Past District Governors' Dinner hosted by the Linden Lions Club last night, which was outstanding, as usual ~



PDG Don Allen had a Happy Buck for attending that same dinner, and he survived! ~ Lion Jim had a Happy Buck because he was not late ~ Lion Lydia had a Happy Buck because they attended the Pleasant Hill Art and Wine Festival, and actually ran

out of stock! ~ Lion Jerri had a wonderful trip to visit her girlfriend over the last week ~ Lion John had a Sad Buck because of the death of his father-in-law.

Special Announcement: The club was visited briefly by Emily Fife, Director of the Sierra Senior Providers, who shared information with us regarding two potential upcoming events hosted by them, and inviting us to go along on a trip to the [Moccasin Creek Hatchery](#) in August, and another trip to Murphys, CA later in the year, with the Senior Center providing transportation and lunch.



If you are interested in participating in these trips (both are free), the sign-up clipboards are out on the counter in the main reception area. **Sunshine Report:** Lion Frank reported that Lion Dennis Schroeder is still at Avalon and may not get to go home for a few more weeks. **Rising Star Award:** Lion Lydia spoke about the upcoming dates for the awards ceremony. All are invited to attend and show support for the students and the club. Full list of dates and places is on page 16 in the Calendar of Events. **New Club Shirts:** Lion Wendy send around a signup sheet to order your new club shirt and/or one of our Lions At Work shirts (see article on page 7). Also, if you are interested in being selected to be on the Civil Grand Jury for Tuolumne County, applications are being taken now. Lion Wendy will try to coordinate a visit with a judge to come and speak to the club about the Grand Jury selection process and what they do.

Guest Speaker: Our guest speaker, [Eric Hovatter](#), is a prosecutor in Tuolumne County and has quite an impressive career, having just completed his 362nd trial in Tuolumne County and has handled all of the elder abuse cases since 2002. His talk today related to the issue of Elder Abuse. Abuse can be in the form of financial theft, physical abuse, or emotional abuse. He explained why the elderly are so attractive as targets. Oftentimes they have a lot of assets. Their trust can be easily abused and manipulated. They frequently do not report the abuse out of loyalty to the person doing the abuse or intimidation. Sometimes they are dependent on that person. Sometimes the abuse can happen because the victim is not careful with their papers and finances. Criminals are betting that their victims may not be alive long enough to testify should they get caught and prosecuted. Who are the perps? They could be total strangers, a door-to-door salesman who notices that the person who answers the door is probably demented or lives alone and is vulnerable. It could be a close relative or caregiver. Neighbors can frequently take advantage of the elderly resident next door. It could be a friend, a handyman, anybody who has access to that person. They look for victims who have desired assets, memory issues, are lonely, or isolated. There was a story featured on "60 Minutes" about this subject. A common scam is a late-night phone call from their supposed grandson who is in trouble and needs money for bail. They can be phone scams trying to get your information. The key to avoiding trouble like this is to NEVER ACT QUICKLY. Have a trusted person or people that you can reach out to. Contact them and talk to them. Chances are one of them will realize it is a scam. Never, ever give out personal information to anyone on the phone or internet. If your "bank" calls and needs your information, do not give it to them. Visit the bank in person instead. Remember, if it's too good to be true, it is. Elder abuse can be financial



theft. If you give your PIN to a person so they can use your credit card, you'd better be 1000% sure of that person. Avoid having other people pay for your bills for you. Don't sign blank checks. Look at your bank statements frequently. And keep your information and valuables in a safe place, not in plain view. You need to have checks and balances to maintain your safety. Take pictures, catalog them, and secure your possessions. And lastly, do not place all your trust in one person. Look for the red flags: gambling issues, drinking issues, drug addiction, or chronic lack of work. Those people can and do prey on the vulnerable.

MAY 31ST MEETING

(Submitted by Lion Bob in Lion Wendy's absence). Today's meeting was opened in usual fashion by 1st VP Jerry Jensen. Shannen Ingram from Athenable Investments, was our guest speaker. The Welcome song was sung for her. **Sunshine Report:** Lion Dennis Schroeder is back at home now. **Secret Lion:** Lion Jan was the Secret Lion and had 3 Lions fined. **Happy Bucks:** Lion Paul had a Happy Buck because of his son, Dean's, 15th birthday ~ Lion Bill D. had a Happy Buck because of only 3 more weeks of PT ~ Lion Phil had a Happy Buck because he attended the Tenaya Elementary School Rising Star Award Program ~ Lion Jerri had a Sad Buck because of attending her daughter-in-law's funeral ~ Lion Jill visited the Mayo Clinic while on vacation in Minnesota ~ Lion Ray went for a walk in Dagoon Gulch and then weed-whacked his lawn. He couldn't get out of bed the next day. **Announcements:** Lion Jan reported we have been asked if the club wanted to park cars at the Lake Don Pedro 4th of July Fireworks event. Lion Bader recommended that we decline. Rising Star Program: Lion Lydia reported that the teachers at the



schools are very positive about our program. **Cash Raffles:** Lions Ray and Frank won the cash raffles. **Fine-Free Critter:** Lion Cecil won the Fine-Free Critter and will be fine-free next week. **Black Marble Draw:** Lion Jerri won the chance to draw for the black marble, but only fished out a white one.

Guest Speaker: Shannen Ingram, from [Athenable Investments](#), spoke on the economy and investing your money wisely. The banks you hear of going under recently, like the Silicon Valley Bank, did so because of over exposure of very large investments and technology and one large investor. Also, large government money supply and "0" interest rate and supply issues caused the rampant inflation we are experiencing. When the interest rates went up, corporations backed off and withdrew their support. She stressed that it is essential that your assets and investments need to be as diversified as possible.



Camberley Kate

Kate Ward, born in 1895 was very proud of her Yorkshire roots. She was orphaned by the age of 10 and taken in by a strict aunt and raised in a strict religious atmosphere. She relocated later in 1943 to Camberley and bought her first cottage there. Within days, she had rescued her first dog, who was to be put down because of his lameness. Word of her kind act spread and soon she found herself with many dogs being left at her abode, some even tied to the door or left in carriers, for her to take care of. It was estimated that she helped care for over 600 dogs over the years, and the local veterinarian testified that they were all very well cared for. Folks heard about her and sought her out to take her picture as she walked through town with her cart and dogs in tow. Some tried to give her money, but she would insist that they take a picture for their money so she couldn't be accused of begging. Kate was scrupulous with the money donated, ensuring that every cent went towards the care and welfare of the dogs. She left a trust for the care of her dogs when she died. To read the complete article about this amazing woman, please click [here](#).



Five African grey parrots were removed from their display in a Lincolnshire Wildlife Park because they were swearing at visitors and then laughing with each other.



ANNUAL PAST DISTRICT GOVERNOR DINNER

Every year around this time, the Linden Lions Club hosts a spectacular dinner to honor the Past District Governors in our district. This tradition has been going on for well over 40 years. It is an eagerly awaited event that is well-attended by most of the PDGs who are still in the area. This year the event was held on Tuesday, May 23rd. Approximately 80 Lions (along with many of the Linden members) congregated at the Linden Lions Meeting Hall to enjoy the camaraderie and the outstanding meal of a scrumptious salad, rolls, steak, baked potato, a zucchini boat, and a delicious lemony cake. There was a lot of joking and laughing, as well as some impressive awards presented by International Director Ken Ibarra (from the San Bruno Lions), who gave out several International President Appreciation Certificates for services above and beyond. Lions PDG Don Allen and DG Doug Campbell were also made Honorary Members of the Linden Lions Club that night. Here are a few pictures to highlight the evening.

Linden Lions Club Banners



ID Ken Ibarra & Lion Wendy Penhallegon

Lion Wendy is in good company at the Past District Governors' table



ID Ken Ibarra presenting PDG Francis Bognuda with the International President's Certificate of Appreciation, with PDG Don Allen and Lion Paul Wagner (seated)



They had a very nice turn-out for the event



ID Ken Ibarra giving District Governor Doug Campbell his Certificate of Appreciation



PDG Tom Penhallegon, DG Doug Campbell, Lion Wendy Penhallegon, and Lion Rosie Campbell



ID Ken Ibarra goofing around with Lion Wendy Penhallegon and PDG Tom Penhallegon

International President's Message



Learning how to lead is one of the perks of being a Lion. We invest in our Lions to ensure that you have all the opportunities you need to become effective leaders in service, in your communities, and in life.

But don't mistake having a title for being a leader. You could be president of the world and still not be an effective leader. Leaders show the way through their actions. They inspire others by being the type of person others can look up to. Real leaders show up. They recognize what needs to be done, and they do it.

Lions are leaders in their communities every day. In Turkey, in Ukraine, in communities around the world, Lions are showing up.

So, while it's important to gain the skills needed for advanced leadership, don't forget that real leadership is in the doing. It's in the service. And it's what Lions do every day.

Make a great day,

Brian Sheehan,

Green Bag Day is June 14th

Please remember to bring in your green bags from the Mother Lode Food Program filled with food items to donate to this awesome program. Needed items are cereals, pastas, canned fruits and vegetables, and canned meats/stews. Please check your expiration dates as ATCAA cannot use anything that is beyond the Use-By date.

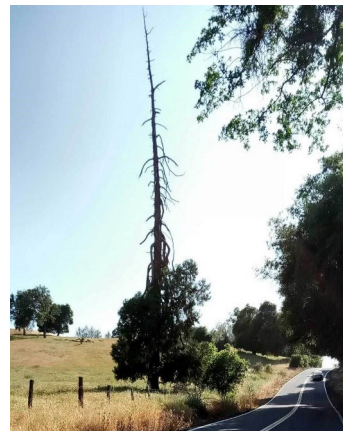


Cricket the Horse and The Senior Tree

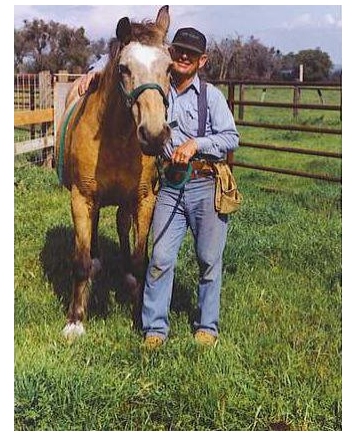
A story by Lion Frank Meckler

Back in the late 60's, while living in Modesto, we traveled many times up Hwy 108 to Pinecrest to fish and swim with our family. On many trips, usually early evening, we would spot a horse on a small mound looking over the neighboring field. Each time we passed, that horse would be in the same spot. We pulled over to see what the horse was looking at and could see nothing of interest. Over the years, we found out that his name was "Cricket." He eventually passed away and the spot where he stood became the Legacy of Cricket. The memorial may still be there. There is also Lover's Leap that many of us know as a local landmark. Well, after living in Twain Harte for several years, we decided to move to Jamestown. The main access road was Campo Seco. After some time, I spotted a tree that was almost dead. For some reason, each time I passed the tree I would wave and say "Hello, you're still here!" It's been 22 years and the tree still stands. The Meals on Wheels drivers travel Campo Seco and when asked about the tree, they admitted never having noticed it, so it became my own personal historical spot to see each day. I decided to name it the "Senior Tree" first of all because of its age and that it stands straight and high in the air with no leaves, twisted limbs, yet is totally alive on the bottom. It is struggling to stay alive as are most of us, no matter what the conditions are. In recent times, many trees have been lost due to high winds and storms, yet the "Senior Tree" just shrugged its limbs and stood tall. On a recent visit with Lion Loren Kaiser, I mentioned the tree to him. He said "I grew up on Campo Seco Road as a kid and rode my bicycle by it many, many times." He remembers it well. Want to see the tree?? Drive down Hwy 108 toward Jamestown, turn left at the Lime Kiln/Washington stop light, then a quick right on Campo Seco. It will be a worthy drive down a perfect road. After passing a small home with a barn across the road and as you ascend a small grade, you will spot the Senior Tree coming into view on the left.

On a side note, the *Modesto Bee* wrote an article in July 2010 about Cricket the horse, and the *Oakdale Leader* also had a touching tribute to Cricket the horse, who was known by so many. There is an exhibit at the [Oakdale Cowboy Museum](#) honoring Cricket the horse.



The Senior Tree



Cricket and Walt Taylor

World's Oldest Dog Celebrates Birthday

Bobi, a purebred Rafeiro do Alentejo, a breed of Portuguese dog, just celebrated his 31st birthday with a party including over 100 people from the Portuguese Village of Conqueiros, where he has lived his entire life. He has lived with his same family all this time. Bobi was born when his owner, Mr. Costa, was only 8 years old. Bobi's mother lived to be 18. Costa never imagined that any animal of his would live to be in its 30s. Bobi has roamed the forests surrounding his home, and has never been chained or leashed. He is a very sociable dog and was never lonely, being surrounded by lots of other animals and people. Now in his senior years, he is having a bit of difficulty getting around, so he prefers to stick closer to home, and occasionally finds himself bumping into things. For the complete article on Bobi, please click [here](#).



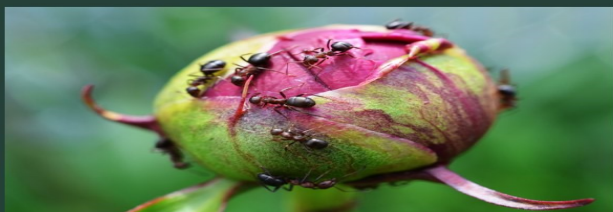
Looking for the Best Gas Price?

Submitted by Lion [Wendy Penhallegon](#)



Are you wondering if there is a website that will give you the current gasoline prices locally? Well wonder no more. You can check out what your local gas stations are charging just by going to this website. The prices are reported and updated daily (or even more frequently). The site is moderated by the [CaliforniaGasPrices.com](#), who work to promote competition and drive the price of gas down for the public. More information can be obtained on their website (link above). One might also check out your local area for such a site if you do not live in California. If you would like to find out how to save even more \$\$ at the gas pump, just send me a message and I would be happy to share that information.

ANTS & PEONIES



Peonies secrete nectar to attract ants. Ants feast on the nectar and defend the plant from harmful insects. Avoid pesticides. Leave the ants alone.

PSA on Behalf of Hummingbirds

This hummingbird is unable to retract her tongue due to fungal spores that have germinated on her tongue or



in her gullet caused by folks mixing honey or anything other than white cane sugar with water. She will die because she can no longer feed. If you have feeders, PLEASE USE ONLY WHITE CANE SUGAR in your mixture of 1 part sugar to 4 parts water. NO organic or raw sugar, honey, or artificial sugar. Use white cane sugar/water mixture which is most similar to actual flower nectar. DO NOT USE toxic red color liquids such as Kool-Aid, etc.! Change the sugar water mixture every couple of days, especially during high temperatures, as it will start to ferment if it sits out for days on end. If you can't or won't do this, please do not put out a feeder at all. The Hummingbirds thank you!

What Would We Do Without Bees?

Scientists are divided on this question. Without a doubt, the human race does rely heavily on our little winged friends to help pollinate the foods that we eat. But would we die? Probably not, according to the [NRDC](#)*, but our diets certainly would suffer. Consider this, without bees, almonds simply would not exist. The disappearance of honeybees, or even a substantial drop in their existence, would make foods like apples, avocados, onions, and berries become extremely scarce. This year there has been a reported 42% drop in bees. Most experts agree that losses of 18% or fewer are sustainable, but beekeepers are reporting consistently much greater numbers of losses during the summer and winter months. What can we do to help save the bees? Here are some ways according to the [Bee Conservancy](#): 1: Plant a Bee Garden using indigenous plants that are nectar-rich. 2: Go chemical-free for bees. 3: Become a community scientist. 4: Provide trees for bees. 5: Create a bee bath. 6: Protect ground-nesting bees. 7: Leave stems behind. 8: Teach tomorrow's bee stewards. 9: Host a fundraiser. 10: Support local beekeepers and organizations.



* Contributor: Brian Palmer, NRDC (Natural Resources Defense Council), May 2022

J' Know?

- * The opposite sides of a die always add up to 7.
- * Most American car horns honk in the key of F.
- * Women manage the money and pay the bills in 75% of all American households.
- * The annual growth of the WWW traffic is 314,000%.
- * The average lead pencil will draw a line approximately 35 miles long or write approximately 50,000 English words.
- * One-third of all cancers are sun-related.
- * 70% of all boats sold are used for fishing.
- * If you go blind in one eye, you will lose only one-fifth of your vision, but all of your sense of depth.
- * The Earth experiences 50,000 earthquakes per year and is hit by lightning 100 times per second.
- * Men can read smaller print than women; women can hear better.
- * The first song played on Armed Forces Radio during Desert Shield was "Rock the Casaba" by Clash.
- * PEZ candy even comes in coffee flavor.
- * Non-dairy creamer is flammable.
- * Each king in a deck of cards represents a great king from history: Spades—King David; Clubs—Alexander the Great; Hearts—Charlemagne; and Diamonds—Julius Caesar.
- * The amount of computer memory required to run WordPerfect for Win95 is 8 times the amount needed aboard the space shuttle.
- * Cows moo with a regional accent.
- * Most toilets flush in the key of E flat.
- * Each month there is at least one report of a UFO sighting from each province of Canada.
- * The serial number of the first MAC computer ever produced was 2001.
- * It is illegal to eat oranges while bathing in California.
- * 60% of electrocutions occur while talking on the telephone during a thunderstorm.
- * 3.6 cans of Spam are consumed every second.
- * The world record for spitting a watermelon seed is 65 feet 4 inches.
- * Dueling is legal in Paraguay as long as both participants are registered blood donors.
- * In space, astronauts are unable to cry because there is no gravity and the tears won't flow.
- * There are more plastic flamingos in the US than real ones.
- * "Obsession" is the most popular boat name.
- * Only 6 people in the whole world have died from [moshing](#).
- * Mozart wrote the nursery rhyme "Twinkle Twinkle Little Star" at the age of 5.
- * *Hippopotomonstrosesquippedaliophobia* is the fear of long words.

WORD SEARCH PUZZLE



Our Omelet Breakfast

F P E U F M A M V E X I N M O
C R E G E U A T G C Y Z I U E
O A U P G G N E I U E L P S C
F L B I P S A L R S K S F H F
F A A Y T E A S E C E K O R B
E P S F S N R E U O R P A O U
E U J L T N H S T A P U R O T
U H J R A C O A B I S X O M T
S C O Y V S M I N E P O N S E
E T P V C O W G L X D T O A R
V E C L T M U F F I N S S E Z
I K U H A S H B R O W N S K W
L B N O C A B F M O N I O N S
O E C I U J T L A S H R D V O
S E I R T S A P H S G A B V E

bacon
chopping
coffee
fun
juice
milk
olives
peppers
sausage
tomatoes

butter
cilantro
eggs
ham
ketchup
muffins
onions
salsa
Sonora

cheese
club
fruit
hashbrowns
Lions
mushrooms
pastries
salt
sourcream

Word of the Month

Ignus Fatuus, *noun* (IG-nis FATCH-uh-wus)

Definition: 1. An ignus fatuus is a light that sometimes appears in the night over the marshy ground and is often attributable to the combustion of gas from decomposed organic matter. 2. The term can also refer to a deceptive goal or hope.

Used in a sentence: 1. An ignis fatuus hovered above the horizon as we made our late trek home. 2. The film explores how people fall victim to the ignis fatuus of religious cults.



SECRETARY'S MONTHLY REPORT

May 2023

Submitted by: Lion Wendy Penhallegon, Secretary

| | |
|---|-----------------------|
| • Total Membership from last report | 42 |
| • New Members..... | 1 |
| • Dropped Members | 0 |
| • Transferred Members..... | 0 |
| • Total Members At Close..... | 43 |
| • Service Hours | 275/YTD 3,801 |
| • Number of People Served | 1,550/YTD 19,551 |
| • Number of Lions Performing Service..... | 150/YTD 1,542 |
| • Number of Non-Lions Performing Service..... | 5/YTD 22 |
| • Number of Hearing Aids Dispensed | 0/YTD 1 |
| • Number of Eyeglasses Donated | 0/YTD 2,710 |
| • Pounds of Pull Tabs Donated | 0/YTD 33.75 |
| • Pounds of Plastic Bags (Bags For Benches) | 0/YTD 256 |
| • Number of Cell Phones donated | 0/YTD 65 |
| • Funds Raised | \$11,737/YTD \$29,271 |
| • Funds Donated | \$500/YTD \$24,552 |
| • Total Activities | 34/YTD 355 |

Lion Members Who Are Doing Community Service

SLC Community Outreach: John Nolen, Jan Newman, Phil Baylis, Lydia & Gary Osias

***Friends of the Pet Club:** Jill Schwab, Frank Meckler, Tom & Wendy Penhallegon, Bud & Jerri Regelin, Lydia Osias, Bill Dunlavy, Jr., Jan Newman

SLC Food Pantry Program: Tim Atchley, Jan Newman, Jim Gormely

SLC Elderly Persons Assistance Program: Wendy Penhallegon

*** Wheelbarrow Raffle:** Tom & Wendy Penhallegon, Jan Newman, Bob Bader, Phil Baylis, Ray Bailey, Bill Dunlavy, Jr., Cecil Steen, Don Rolle, Jerry Jensen, Bud & Jerri Regelin, Inez West, Judy Meeks, Lydia & Gary Osias, John Nolen, and former Lion Stacey Ruiz

*** Omelet Breakfast:** Bud & Jerri Regelin, Bill Dunlavy, Frank Meckler, Wendy Penhallegon

Rising Star Award: Lydia & Gary Osias, Bud & Jerri Regelin, Phil Baylis

*** = Signature Program for the Sonora Lions Club**



6/2 – Tom Penhallegon

6/2 – Lorie and Loren Kaiser – Anniv.

6/11 – Jerri Regelin

6/14 – Bob and Garienne Bader – Anniv.

6/22 – Cecil and Fran Steen – Anniv.

6/30 – Ron Ramos



INDUCTION OF OUR NEWEST MEMBER

Lion Gary Osias was officially inducted into the club during the May 24th meeting. PDG Don Allen performed the honors of inducting him, giving a brief history of Lions Clubs and told the “Helen Keller” story. Lion Gary is a retired optometrist and an avid golfer. He told a few golf jokes and related how he came to his decision about joining our club, and that was because of the great folks he met during a few of our fundraisers. He also informed us that we already had the best person in his family as a member — his wife Lydia! Welcome Lion Gary!

(L-R) PDG Don Allen, Lion Gary Osias, and his sponsor, Lion Jerri Regelin (Membership Chair)





H.E.L.P. Report
Diann Kaiser Memorial
Hospital Equipment Loan
Program
May 2023
 Lion Dan Ward, Chair
sonoraministorage@yahoo.com

| Item | Loaned | Value | In-Kind Value |
|----------------|--------|---------|---------------|
| Wheelchairs | 13 | \$50.00 | \$650.00 |
| Commodes | 14 | \$20.00 | \$280.00 |
| Bath Chairs | 9 | \$20.00 | \$180.00 |
| Shower Benches | 4 | \$20.00 | \$80.00 |
| Walkers | 18 | \$20.00 | \$360.00 |
| Walker w/seat | 9 | \$30.00 | \$270.00 |
| Canes | 2 | \$10.00 | \$ 20.00 |
| Crutches | 4 | \$10.00 | \$ 40.00 |
| Risers | 4 | \$10.00 | \$ 40.00 |
| Reachers | 0 | \$5.00 | \$ 0.00 |
| Sock Aide | 0 | \$5.00 | \$ 0.00 |
| Misc. | 11 | \$5.00 | \$ 55.00 |

| | |
|-----------------------------|------------|
| Total People Served | 88 |
| Total Contributions in Kind | \$1,975.00 |
| Total Hours Contributed | 22 |
| Month | May 2023 |
| Prepared By: | Dan Ward |



Sonora Lions Club Project Chairpersons

Bags for Benches: Lydia Osias
 Columbia College Scholarships: Wendy Penhallegon
 Ear of the Lion: Tim Atchley
 Eyeglasses: Tom & Wendy Penhallegon
 Friends of the Pet Club: Jill Schwab
 Highway 132 Cleanup: Jan Newman
 Hospital Equipment Loan Program (HELP):
 Dan and Kelly Ward
 Ink Cartridges: Wendy Penhallegon
 Mother Lode Food Program: Jill Schwab
 Pull Tabs: Tom & Wendy Penhallegon
 Read to Succeed: Irene Wetzel
 Rising Star Award: Lydia Osias
 Student Speakers Contest: Glenn Gottschall
 Turkey Drive: Tom Penhallegon
 Wheelbarrow Raffle: Tom Penhallegon



EAR OF THE LION REPORT
May 2023

Submitted by: Lion Tim Atchley, Chair
tim.atchley52@gmail.com



There has been no activity in the Ear of the Lion Program for the Sonora Lions Club this month.

CLUB OFFICERS & BOARD OF DIRECTORS 2022-23

| | |
|--------------------------------------|---|
| President | Tim Atchley tim.atchley52@gmail.com |
| 1 st Vice President | Jerry Jensen |
| 2 nd Vice President | Jill Schwab |
| Secretary | Wendy Penhallegon wenpen@sonoralions.org |
| Treasurer | Judy Meeks |
| Membership Chair | Jerri Regelin littlebluehse@gmail.com |
| LCIF Coordinator | Bob Bader |
| Marketing/Publicity | Jim Gormely |
| One-Year Director | Jan Newman |
| One-Year Director | Frank Meckler |
| Two-Year Director | Kailen Hill |
| Two-Year Director | Cecil Steen |
| Club Chaplains | Joe Skaff/Phil Baylis |
| Tail Twister | Ray Bailey |
| Lion Tamer | Bud Regelin |
| Immediate Past President | Phil Baylis |
| Webmaster/Newsletter Editor | Wendy Penhallegon |



"Serving the Mother Lode Since 1922"



If you are a Lion and enjoying this newsletter,
Share it! If you are enjoying this newsletter
and are not a Lion, we would encourage you to
Become a Lion!

For more information call Lion Jerri Regelin,
Membership Chair (209) 532-7828

District Governor Doug Campbell
2022-23

District 4-A1

Email: liondoug1963@gmail.com
209-495-8053



**Thank you, District Governor Doug for your
Service this past year!**

Sonora Lions Club Calendar of Events

June 1: Rising Star Presentation, Belleview Elementary, 6 pm
June 1: Rising Star Presentation, Soulsbyville Elementary.
June 7: Regular membership meeting @12 noon, Gat Slor, [Ladies of Justice](#), guest speaker
June 7: Rising Star Presentation, Jamestown Elementary School, 6 pm
June 8: Rising Star Presentation, Twain Harte Elementary School, 7 pm
June 14: Board of Directors meeting @10:30 am, followed by a business meeting, no guest speaker
June 21: Regular membership meeting @12 noon, Larry Morris from [PHI](#), air medical services, guest speaker
June 24: Omelet Breakfast Fundraiser, 8-11 am, Senior Center, \$20 donation (see flyer on page 5)
June 28: New Officer Installation for Lions year 2023-24 with PDG Kent Christensen, installing officer
July 4: **Happy Independence Day!**
July 5: **DARK—No Meeting**
July 12: Board of Directors meeting, 10:30 am, followed by a business meeting, no guest speaker
July 19: Regular membership meeting with Chris McCoy, from [Area 12 Agency on Aging](#), guest speaker
July 26: Regular membership meeting with Steve Machado from the CHP speaking on the [Age Well Drive Smart Program](#)

District, Multi-District, and International Calendar of Events

June 10: MD4 Final Student Speakers Contest, Hilton Mission Valley, San Diego, CA
June 10: Golf Tournament, Up Country 88
June 24: Lions All-Star Football game
June 30: This Lion's year Proud Lion contest ends

Our next Board of Directors meeting will be
at 10:30 am, Wednesday, June 14, 2023
at the Senior Center
ALL ARE WELCOME TO ATTEND!

THIS IS YOUR NEWSLETTER!

Submitted by: Lion Sec. Wendy Penhallegon
If you would like to see more of something, less of something, or contribute an article of interest or even write a story, please do submit it! It does get challenging at times to find "news" to fill the pages, and I could use the help from all of you. Just email me at wenpen@sonoralions.org and we can put it in for you! It's a NEWSletter and it needs to have News!

