



The Lion's Roar

Sonora Lions Club



PO Box 101, Standard, CA 95373

*The Sonora Lions Club meets every Wednesday at 12:00 PM at the Senior Center, 540 Greenley Rd., Sonora
Board Meetings are every 2nd Wednesday at 10:30 am prior to the noon meeting
District 4-A1, Mountain Region, Zone 2*

Club Website: www.SonoraLions.org ~ Club email: SonoraLions@yahoo.com ~ [Club Facebook page](#)

Lion Secretary Wendy Penhallegon, Editor, #21

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"Sonora Lions, Serving the Mother Lode Since 1922"

*"Liberty, Intelligence, Our Nation's Safety"
"We Serve"*

Volume CI, No. 1

July 2023

INTRODUCING THE "RISING STAR AWARD" PROGRAM

Earlier this year, Lion Lydia Osias proposed to the Board of Directors that we add the "Rising Star Award" program to the list of many programs endorsed by the Sonora Lions Club. Essentially what the program does is to reward one special 8th grader from each elementary school that participates. To earn this reward, the student must be nominated by a teacher or teachers for being the most improved student in their class. They do not have to have the best grades, but rather have shown the most effort in improvement in their studies as well as life's struggles. To honor those "Rising Stars" the Sonora Lions Club has awarded them with a Certificate and a \$100 Visa gift card to give them a big pat on the back for all their hard work and to encourage them to continue their efforts in high school next year. These are the 2023 Rising Star Award winners:



Luke St. Clair, Columbia Elementary Luke St. Clair has shown an impressive commitment to excellence. He enthusiastically participates in class discussion and activities. He is a deep thinker and often makes connections in class that show his level of understanding surpasses expectations. He is dedicated to doing his best and perseveres when things get tough. Luke is kind and caring, and demonstrated this on the playground every day. Beginning last year, he organized games for the younger students during morning recess. Just last week, he excitedly reported to me that he was able to teach younger students about static electricity using the metal slide on the playground. He is truly a special young man and is headed to achieving great things.

Aurie Byer, Curtis Creek Elementary Aurie is a hardworking, diligent student who has surpassed expectations. She never gives up and has shown remarkable academic progress. She participates in leadership, has a great sense of humor, and is kind.



Zhyler Ferguson, Tenaya Elementary

Zhyler Ferguson has worked quite hard this year to improve his academics. He has focused more, asked more questions, and made sure he completed all given assignments. As a result of this extra effort, his grades and test scores have all risen. Zhyler Ferguson definitely is a Rising Star.

Benjamin Keeter, Sonora Elementary

Sonora Elementary is proud to choose Benjamin Keeter for this award. Benji comes to school every day with enthusiasm and drive to make it a positive experience for himself and our school, through leadership and volunteer service at almost all events. There were many times that Benji volunteered to work the scoreboard at games when no one else would, ensuring the games went on. Not only that, he is deeply involved in many other activities to boost our school climate.



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Benji has a strong moral character and believes his success is built on doing what is right. He uses this skill as a “recess ambassador,” working with younger students on the playground to build character and behavioral skills. He is helpful, compassionate, and dedicated to Sonora Elementary. As he moves on to high school and continues to assume leadership roles, he is truly a “Rising Star.”



Sofia Olavarria, Belleview Elementary

No Picture Available

Sofia Olavarria is truly a “stellar” student who is not only a Rising Star, but a brilliant “Shining Star.” She is involved in practically every extracurricular activity at our school, including Student Council, wrestling, volleyball, basketball, cross country, track, not to mention that she is the Editor of our school newspaper, “The Eagle Eye,” and she competed in the Countywide Robotics challenge last year, almost bringing home the trophy to Belleview. I can’t say enough about Sofia’s dedication to her schoolwork, always trying her best and never letting anything slip through the cracks. She pays attention to every detail and cares a great deal about her academic success. I cannot talk about Sofia without mentioning that she is a superb artist as well. I will find special artwork hiding on her academic papers that always brings a smile to my face and warmth to my heart. A peek in her drawing journal is a treasure to behold. I have no doubt that Sofia will continue to excel in everything she does throughout her life. I know she will shine brightly in High School and beyond. I have been lucky to be her teacher.

Briarlyn Davis, Soulsbyville Elementary

Briarlyn Davis has consistently demonstrated exceptional dedication, hard work, and commitment to her academic and extracurricular pursuits. Her passion and drive to succeed are truly inspiring, and have set a shining example for her peers. With a positive attitude and a thirst for knowledge, this student has consistently gone above and beyond in her efforts to excel in all areas of her life. She demonstrates strong leadership skills, exceptional teamwork abilities, and a willingness to help others whenever possible. I do not doubt that Briarlyn will continue to make significant impact with her future endeavors and I wholeheartedly endorse her for the Rising Star Award.



Abigail Gray, Jamestown Elementary

Going into 8th grade, Abby was not meeting the requirements for 8th grade promotion. During this school year, Abby has made a great effort and commitment to attend school regularly and keep her grades above a 2.0 GPA. Because of her perseverance and positive attitude, her cumulative GPA at the end of Trimester 2 was 3.26! Abby has accomplished the goal and is now eligible to participate in Promotion and Promotion Activities. We are so proud of her and look forward to her bright future.

Zach Avila, Twain Harte Elementary

Zachary Avila has overcome many challenging obstacles in his life to become a mature, motivated, kind, and intelligent young man. He is being raised by his very supportive grandmother and great-grandmother. His math teacher says, “Zach works hard and does quality work.” He asks questions until he understands new concepts. He tries to do his best and it shows in his good grades. Zach has grown from a timid, diffident young boy into a motivated young man who desires to be successful in school. He strives to do well on his assignments, asks for help when he needs it, and monitors his progress and grades. His assignments always show honest effort,” states his STEM teacher. Zach’s ELA and social studies teacher boasts, “I am so proud of Zack. At the beginning of the school year, he set a goal of earning straight A’s for the entire year. With one month left of school, Zack is on track to meet that goal. It hasn’t been easy, but he has worked hard in class, spent extra time at home, and sought help when necessary to succeed in this awesome challenge he set for himself.”



June 7th Meeting

Past President Jerri Regelin opened the meeting in usual fashion as Pres. Tim Atchley was under the weather and not able to attend today. Our guest speaker, Gat Slor, was introduced by Lion Wendy, and Lion Paul introduced his son, Daniel, who was visiting the club during his summer break. Our Welcome Song was sung for them. It will be Lion Jerri's birthday on the 11th, so she graciously donned the Birthday Hat for us today.



Sunshine Report: Lion Lynda LaFlamme is back at home now after a stay in the hospital, and Lion Dennis Schroeder is also back at home and is recuperating nicely. Lion Judy Meeks has been diagnosed with cancer and will be undergoing chemotherapy shortly. Please keep them all in your thoughts and prayers. **Secret Lion:** The Secret Lion was Lion Judy, who had many members fined for not greeting her properly. **Happy Bucks:** Lion Lydia had a very Happy Buck because she and her family will be spending a week in Cabo San Luis, Mexico! ~ Lion Frank related a story about similar weather temperature changes years ago, where the temps rose over 30 degrees in one day, from the 70s to the 100s, killing many of his chickens ~ Lion Bill D. was very happy



Tail Twister Lion Ray's new look

because of his clean bill of health from his colonoscopy — reminding the club that his father had passed away from colon cancer ~ Lion Ray related a story about Fibber McGee and Molly and their infamous closet and Ray finding a bunch of old ink cartridges his closet upon opening the door of what he calls his own "Fibber

McGee closet." **Announcements:** The new club shirt request form was passed around. If you have not signed up to order a new club shirt or a new Lions at Work shirt, please contact Lion Wendy to do so. **Omelet Breakfast:** Ticket sales are going pretty slow. Please push to sell your tickets. **Summer Social:** The club needs to decide for sure if we want to keep the reserved slot at Indigency Reserves or have our summer social at Strings. Once this is decided, we will need a volunteer to chair the event. **Wheelbarrow Raffle:** The last weekend of sales for the tickets was last Saturday. Our guest speaker, Gat Slor drew the two tickets for the winners of the 2 wheelbarrows full of gardening tools. (See article on page 4). **Budget Committee:** The Budget Committee is ready to present the new budget for the 2023-24 Lions year at the board meeting next week. **Cash Raffle:** Lion Ray won the cash raffle this week and Lion Phil won the Fine-Free Critter. Lion Bob won the chance to draw for the black marble, but only found a white marble.

Guest Speaker: Our Guest speaker, Gat Slor from the [Ladies of Justice](#) (Legal Shield/ID Shield), here today to speak about protecting yourselves and your assets from scammers, con artists, criminals, and to help when you just need legal advice or guidance. Gat is a "repeat offender" to our group, having spoken at least a couple times previously, but there is always something new to report and update everyone on. Gat has a group luncheon every Friday at noon at the Round Table Pizza in the Junction for anyone who wishes to learn more about how Legal Shield and ID Shield work. Lunch is provided for you. Of course, one might presume the primary focus of a lot of criminals is to gain control of your finances—money, credit, etc. However, that only comprises 17% of the problem. Most banks and financial institutions are already vigilant about misuse, mishandling, and fraud issues and will help you when you need it. However, have you ever heard that someone can actually commit a crime in your name? They could steal your credentials, leave "evidence" at the scene of the crime, and there you are, arrested for a crime you did not commit. Legal Shield is available 24/7 to assist you in any situation you may find yourself. You may also get many legal services provided free of cost, like establishing a family trust, a will, or home title protection. Even your medical information can be stolen and changed, and could potentially present grave danger to your health. One such person was unaware that someone had stolen her medical insurance information and that person had an actual procedure performed on her after changing some significant information, most significantly, her blood type. Later when the real patient needed medical attention, but was unconscious and unable to provide any information, she was given the wrong blood type and had severe, almost lethal consequences. Even if you have a minor/major dispute with AT&T or PG&E that you normally wouldn't pursue with legal means, Legal Shield is there to protect you and look out for your interests. The United States has become a very litigious society and is known across certain circles as the "SueSA." Legal Shield/ID Shield are there for you to help you sort through all the options available. This service is available throughout the nation and in Canada.



PP Jerri Regelin & Gat Slor



3RD ANNUAL WHEELBARROW RAFFLE EVENT

Saturday, June 3rd, was the final day for the sales of the raffle tickets for the 3rd Annual Wheelbarrow Raffle event. Almost 200 tickets were sold with many passersby just leaving a donation without receiving a ticket. We occupied the front entrance of the Tractor Supply Store for 6 consecutive Saturdays (with one being actually a Sunday because of inclement weather). Three 2-hours shifts were manned each day, with 17 Lions and 1 former Lion (yay Stacey!) engaging with the public. Set-up and tear-down was approximately 2 hours per day and another 12 hours was utilized trying to get the gardening tools and wheelbarrows donated, for a total of 108 +/- man-hours. The total amount collected was \$1,967.86, expenses \$598.80, with a total net profit of \$1,369.06. We wish to thank our very generous and giving community for participating in the Wheelbarrow Raffle again this year. Here are pictures of the winners, Dave Mozingo and Joseph Sanino, whose names were drawn at our Wednesday, June 7th meeting.



PDG Tom with Wheelbarrow Raffle Winner #1 of 2023 Dave Mozingo. Dave is a local independent diesel mechanic who works hard and was definitely surprised and grateful for the win!



PDG Tom with Winner #2 of the 2023 Wheelbarrow Raffle, Joe Sanino and his son. Joe is the manager of the Les Schwab store down in Modesto (and his wife manages the store up here!) He says he really needs the wheelbarrow as his old one recently broke.

JUNE 14, 2023 MEETING

Lion 2nd VP Jill Schwab opened the meeting in usual fashion. Guests Hector Gonzalez from the Tuolumne County Court system, Sharon Tate, and Bruce Jackson with his dog Major were introduced to the group and the Welcome Song sung for them. Due to time constraints, our guest speaker was allowed to deliver his presentation first. Hector Gonzalez is the CEO of the Tuolumne County Superior Court and was here today to speak about the Grand Jury selection process and what it means to be on a Grand Jury. He relates that Grand Juries are pretty much the same throughout the state of California, but there is a difference between a Criminal Grand Jury and a Civil Grand Jury. Tuolumne County is currently seeking members to be on the Civil Grand Jury for the 2023-2024 year. What you need to do is fill out a questionnaire and send it in. Twenty-one jurors are needed with a few alternates. Anyone who submits an application will be interviewed with Judge Hallie Gorman Campbell. So you ask, what is a Grand Jury? These are people who are

just regular persons who represent the community. They are considered to be the ultimate watchdog group dealing with our local county government, school system, college, bus or transportation system, and government businesses controlled in the county. It is the responsibility of the Grand Jury to take a look at those entities to see if they are functioning properly and efficiently and legally. You ask, how do you find out what is going on? You can subpoena them. You can ask the DA's office and the court to help get the documents you want to see. The Grand Jury is probably the most independent body in the state. Their final report goes to the Board of Supervisors at the end. The only way a Grand Jury can be stopped or thwarted is if they are investigating something beyond the scope of their job. When you get folks who are supposed to be your leaders and they're not as trustworthy as they should be, the Grand Jury can shine the spotlight on them. The Grand Jury can also go to the State Attorney's office. Being on a Grand Jury can be one of the most responsible positions you can be appointed to in local government without having to be elected.

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A good Grand Jurist wants to make the community better without a personal axe or agenda in mind. There is some compensation for the jurists to cover mileage and a little stipend to cover your expenses. There will be a 2-day training session on July 31-Aug 1 in San Andreas. If you cannot make a meeting of the GJ, there are ways to work around it and be brought up to date. However, you cannot miss a meeting if a vote is needed. The Judge will appoint a foreperson and that person will make arrangements for meetings, call for votes, etc. You can request an alternate jurist from the judge if you feel one is needed. A supermajority (2/3 vote) is needed if that vote will directly impact someone or something. You must be 18 years old to be on the Grand Jury, but there is no upper age limit. If you feel you can do it, they will allow it. For more information about the Grand Jury, please click [here](#).

The meeting continued with its business after the conclusion of Mr. Gonzalez's presentation. **Birthdays and Anniversaries:** Lion Bob Bader and his wife Garienn have an anniversary today. **Sunshine Report:** Lion Tim and his wife both came down with Covid after their 50th anniversary European trip. June 10th was the memorial service for former Lion John Moyer in Wyoming. Starting next month, Lion Jill will take over duties as Sunshine Chair. **Mother Lode Food Project:** The club turned in 11 bags of donated food items this round. Each bag of donated food is valued at \$20. **Tail Twister:** Lion Ray fined Lions Jim and Cecil for not wearing any Lions apparel. **Secret Lion:** The Secret Lion today was Lion Wendy. She was able to have 2 members fined for not greeting her properly. **Cash Raffles:** Lion Jan won the Cash Raffle for today. **Fine-Free Critter:** Lion Paul won the Fine-Free Critter and will be fine-free next week. **Black Marble Draw:** Lion Ray won the chance to draw for the black marble, but was only able to fish out a

white one. The pot continues to grow. **Happy Bucks:** Lion Phil's washing machine went out again so he had to go to the Laundromat. He had forgotten how to use their machines so was "schooled" on it by their manager ~ Lion Jim

felt guilty for sneaking in to the meeting late last week, so he paid his fine today ~ Lion Ray congratulated himself for not talking while we were learning about being on a Grand Jury.



The Singing Ringing Tree is a sculpture on the hill tops of Burnley, UK. As the wind passes through it, it plays a set of chords based on the direction and velocity of the wind. Locals say it has never played the same song twice.



Why be a Volunteer?

It's not for money, it's not for fame.
It's not for any personal gain.
It's just for love of fellowman.
It's just to send a helping hand.
It's just to give a tithe of self.
That's something you can't buy with wealth.
It's not medals won with pride.
It's for that feeling deep inside.
It's that reward down in your heart.
It's that feeling that you've been a part.
Of helping others far and near,
that makes you be a Volunteer!

WE SERVE



JUNE 21ST MEETING

Lion 1st VP Jerry opened the meeting in the usual fashion. He introduced our guest speaker, Jillian Manley from PHI (air medical services). We offered to let Jillian speak first before the club business, as she had another engagement to attend. Jillian is the Marketing Manager from PHI (Petroleum Helicopters Inc.). Her husband has been a pilot for PHI for the last 20 years, and actually was the pilot who shuttled Lion Bob Bader when he had his medical emergency a few years back. PHI started out making pickups and drop-offs at the oil rigs off shore from New Mexico. Because of the frequency of medical emergencies involved in these trips, they decided to create the air medical aspect in 1981. They are the leading air ambulance provider in the nation, serving many states across the nation. They log over 500,000 flights every year (averaging about 1 flight every minute)! In our area, they will transport a medical emergency to places like Modesto, UC Davis, or somewhere that handles your particular medical emergency. They have nurses and paramedics aboard each flight who have a flight certification. These flights are considered to be like flying ICUs, where the patient will get treatment on the way to the hospital and will also have a doctor on-call. They can have conference calls with the doctor in flight if necessary. The crew will usually stabilize the patient on the way, thus taking a burden off the hospital. They also can provide whole blood while on board for life-saving care. There are three PHI bases in the state of California: One in Sonora, Modesto, and Redding. A patient can be transported out of state at times if necessary. Most insurance companies pay for only a certain percentage of the expenses incurred, which can be upwards of \$30,000 or more. Having a PHI membership covers everyone in your household and protects your family against air flight costs; there are no out-of-pocket expenses. Membership with PHI costs \$65 per year, but a "group plan" with the Sonora Lions Club can be put in place which would lower our members' costs to only \$55 per year. When you have a medical emergency, there are a few different ways to let the air ambulance crew know you are a member: you can tell them vocally if you are able, the decal on your vehicle, your membership card in your wallet, and now they have a key fob available for members to help identify that you are a member. First responders will look in your wallet or for other obvious signs. PHI provides



care in many states, but not all of them and they do partner with some other air medical services in other states. They receive their funding by billing your insurance company and accept that as payment. Lion Wendy will provide more information on how to join in the very near future.

We proceeded on with the usual club business after our presentation. Lion Cecil and Fran's anniversary is on the 22nd, and Lion Ron's birthday is on the 30th. **Tail Twister:** Lion John fined Lion Kailen for coming in late. **Secret Lion:** The Secret Lion today was also Lion



John who had several members fined for not greeting him properly. **Happy Bucks:** Lion Jill had a Happy Bucks because she just got her new hearing aids, so now we can't talk about her behind her back ~ Lion Joe visited Lion Tim and says he is no longer contagious, but is still frail, and has lost a lot of weight over the past few weeks. Kathy is doing well ~ Lion John had a Sad Buck because 3 of 4 couples he knows who went on a trip have come back with Covid ~ Lion Glenn went on a cruise to Iceland with his wife, encountered bad weather, and the ship had to change course and they missed a lot of the excursions they had booked. When they arrived back home again, both tested positive for Covid. Nancy had worse symptoms and was down for about 10 days, but is doing well now ~ Lion Jerry had a Happy Buck because he found an almost new Jeep to tow behind his RV when he travels.

Cash Raffle: Lion Jan won the cash raffle for the 2nd time in a row! **Fine-Free Critter:** Lion Paul won the Fine-Free Critter for the 2nd time in a row! **Black Marble**



Draw: Lion Paul drew his own ticket for the chance to draw for the black marble. (No, there is no collusion going on here, folks!) Lion Paul only found a white marble, so the pot continues to grow. **Committee Reports:** The omelet breakfast is this weekend! Summer Social: We have a reservation for the picnic area at Indigency Reserves.



We still need someone to chair this event and get things going under way. **Summer Social Gathering:** Lion Frank has arranged for us to have a little get-together at Strings Italian Cafe

in the Junction, Thursday, July 27th, 1-3 pm. The cost will be \$20 per person. It's not too late to sign up for this. **Friends of the Pet Club:** Lion Jill reported 6 members showed up this morning for the FOTP and bagged a whopping 900 bags of dog and cat food! Well done, Lions! Those pets and their owners thank you.



We were joined on June 7th by Honorary Member, Daniel Berg, son of President-Elect Paul Berg. We remember a very special visit he made on 07/03/2019, where he was made an Honorary Member of the Sonora Lions Club. It was outstanding to see him wearing the vest again at the meeting! Welcome Back, Daniel.



Honorary Member Daniel Berg attending a meeting during the early summer break of 2023. It's wonderful to see he still has his vest! (right)



Pres. Tim, Lion Paul, and Daniel, being sworn in as an Honorary Member of the Sonora Lions Club (left).

Alan Anderson from The Shriners, congratulated Daniel on becoming an Honorary Member (right)



This is Pres. Lion Tim Atchley's gift for his year of service as our president. The picture shows the family in the Philippines who received a boat dedicated to Lion Tim Atchley, who will be able to provide a living for their family now. By showing they can be a productive earner for four years, the boat becomes theirs.



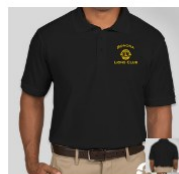
off the mark.com

by Mark Parisi



New Club Shirts Available for Order

A sign-up sheet will be passed around at each meeting for the next several weeks for anyone wishing to order a new club shirt or one of the purple "Lions at Work" shirts pictured below. The club shirt will be a black Polo shirt with yellow embroidery. Sizes S-4X, 5 oz. 100% moisture-wicking pique polyester, rib knit cuffs. If you wish to order one or more of these shirts, please let Lion Sec. Wendy know as soon as possible (quantity and sizes). **Cut-off date for ordering is July 7th.** Lions at Work shirts (price for 15 shirts) \$20 each Club shirt, black, (price for 25 shirts) \$43 each Club shirts are **also available in Women's style Polo** (same price). Depending on the number of shirts that are ordered, the final price may vary.



Shown left top is the men's new club shirt, lower picture is the women's shirt.



Shown right top is the front of the Lions at Work Shirt, lower picture is the back of the shirt.



A True Golf Story *Submitted by Lion Frank Meckler*

As we age, our memories, good and bad are locked away in your head until someone gives a talk that will activate that memory. Our newest member, Lion Gary Osias, did that very thing for me while talking about golfing. This particular story is about a former neighbor I once had. His name is Doug Xiques (pronounced hickles). Over a family BBQ one weekend, he said he had a great game of golf and shot a 78. His handicap was an 8. He asked me if I played, and I admitted I never had. With our properties being only 1/4 mile from the Merced Country Club, he convinced me that it would be fun and he could give me lessons. So, for several weeks, I learned how to play golf from him. Doug always shot in the 80s and I could never shoot less than 105. He never showed any anger when playing and our final beer in the clubhouse did make it a fun day. One day the weather was windy and cloudy. We decided to play anyway but as the game continued on, Doug became upset because his game wasn't doing well. Well, lo



& behold, that was the day I finally beat Doug. He really wasn't too friendly when we crossed the bridge at the 18th hole. He suddenly yelled to stop the cart, I'm going home! He got out of the cart, took his golf bag and threw it into the pond. He walked off toward his car then returned, walked into the pond, I thought, to retrieve his golf bag. I asked if he was okay and his answer was "my keys and street shoes are in my bag." He took them and went home. Before I left, I stopped in at the Pro Shop and asked if Doug had done

this before. The reply was "I think he does it on purpose knowing that we will retrieve his golf bag, polish and clean his clubs, and have it ready for his next round." I did eventually visit Doug's home again and asked him how often this happens. He said "Not too often." He never made a comment on how clean his clubs were on his next round.

Easy Cheesy Artichoke Appetizers

Ingredients:

- 4 oz. softened cream cheese
- 1/2 cup of drained, chopped artichoke hearts
- 1/2 cup of grated Parmesan cheese
- 1 Tbsp. lemon juice
- 48 crackers



Directions: Mix first 4 ingredients until creamy. Place a dollop on each cracker. Pairs well with Chardonnay. Enjoy!

Fun in the Sun Wreath

Add a summery splash of color to your home with this easy project.

Materials:

- 10-inch foam wreath form
- 50 (at least) paper drink umbrellas

Directions: Place the wreath form on your work surface. Open an umbrella and stick the toothpick end into the wreath. Continue placing umbrellas all over the surface of the wreath form. Fill in the gaps by only partially opening some umbrellas and by varying how deep you insert the toothpicks. You can also use different sizes and colors of umbrellas which can be found at party and craft stores. When the wreath is fully covered, hang the wreath on your door.



Get Discounts on your Electric Bill

Did you know you may qualify to save money on your electric bill? PG&E offers the following program for those on a fixed income whose income qualify: [California Alternate Rates for Energy Program \(CARE\)](#). PG&E also offers a [Medical Baseline Program](#) that provides assistance for residential customers who depend on power for certain medical needs. Both programs offer monthly rate discounts or lower rates. You can also receive extra notifications for Public Safety Power Shutoffs (PSPS). More information can be found at the links provided above or you may call the Medical Baseline Program directly at 1-800-743-5000.

Committee Chairs for 2023-24

Bags for Benches: Lydia Osias
Columbia College Scholarships: Wendy Penhallegon
Ear of the Lion: Tim Atchley
Eyeglass Collection: Tom & Wendy Penhallegon
Friends of the Pet Club: Jill Schwab
Highway 132 Cleanup: Jan Newman
Hospital Equipment Loan Program: Dan & Kelly Ward
Interfaith Info Booth: Jan Newman/Phil Baylis
Mother Lode Food Project: Jill Schwab
Peace Poster Contest: Bill Dunlavy, Jr.
Rising Star Award: Lydia Osias
RMH Pull Tab Collection: Tom & Wendy Penhallegon
Student Speakers Contest: Glenn Gottschall
Sunshine: Jill Schwab
Turkey Drive for ATCAA—Tom Penhallegon

NEW OFFICER INSTALLATION 2023-2024

We were fairly well-attended during the New Officer Installation and Year-End Awards meeting on June 28th. We had 23 members, visiting Past District Governor Kent Christensen performing the honors of installing our new officers, and 4 guests attending. Lion Pres. Tim Atchley talked a bit about this past Lion's year and what it meant to him being our president. Not all the awards were able to be handed out today, but will be addressed during a future meeting. Here are the highlights of the day:

- ♦ Presidential Appreciation Award—Lion PDG Tom Penhallegon
- ♦ Presidential Appreciation Award—Lion Bill Dunlavy, Jr.
- ♦ Lion of the Year—Jill Schwab
- ♦ Academy Award for Best Cinematographer, Writer, Producer, Director, and Actor—Lion Kailen Hill (his video clip is hilarious. Check it out on his Facebook page by clicking [here](#).)
- ♦ President Tim was awarded with a picture of the boat dedicated to him through the [Seeds of Dignity Ministries](#) to thank him for his year of hard work leading our club. (See close-up picture and description on Page 7)

PDG Kent handed out 100% Attendance and Longevity Pins to the following (Lions All):

100% Attendance

Bill Dunlavy, Jr—100% Attendance
Lydia Osias—100% Attendance
Jill Schwab—100% Attendance

5-Year 100% Attendance

Judy Meeks
Bud Regelin
Jerri Regelin

10-Year 100% Attendance

Frank Meckler
Jan Newman
Wendy Penhallegon
Cecil Steen

15-Year 100% Attendance

Tim Atchley

20-Year 100% Attendance

Jim Gormely

25-Year 100% Attendance

Bob Bader

30-Year 100% Attendance

PDG Tom Penhallegon

Having earned a 1-year 100% Attendance Pin is a challenge, let alone multiple years' 100% Attendance. Some may wonder why they didn't get a higher year pin because they've been members for longer than the pin being awarded, but attendance does have to be consecutive years, and they may be just short of qualifying for the next level up by a year or two. The Secretary will try to keep up on these stats from now on and apologizes for this oversight. Missing a meeting does not automatically disqualify one for this honor. You can make up missing a meeting by attending a club project or fundraiser, attending another club's meeting, attending a District Meeting or Convention., or performing other community service activities. The Sonora Lions Club commends these dedicated Lions for their commitment to our club, our community, and Lions International.

Below are some pictures from the event.



Lunch catered by Pinocchio's



Attendance is up today—25 members and guests!



Can't wait to eat!

More pictures on page 10....

More pictures from Officer Installation Day...



PDG Tom & Pres. Tim—
President Appreciation Award



Lion Bill D. & Pres. Tim—
President Appreciation Award



Lion Jill & Pres. Tim—
Lion of the Year Award



Lion Kailen's Academy Award



Pres. Tim with his picture of
the boat dedicated in his name



Lion Lydia being sworn in as Chaplain



Lion Bill D. being sworn in as
Director



Lions Jill & Jerry being sworn in as
2nd and 1st VPs



Lions Jill & Jerri being sworn in as
Membership Co-Chairs



Lion Ray being sworn in as LCIF
Club Coordinator



Lion Paul being sworn in as our new
Club President



Lion Wendy being sworn in as
Club Secretary

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A Job Well-Done, Sonora Lions Club

With just a few days left in this Lion's year, the Sonora Lions Club has much of which to be proud. This screenshot below, taken from the MyLion website, shows just how many people were impacted by the services we provide and the programs offered through our club. These metrics show that we provided more than 1 service per day and helped over 21,000 people in and around our community. Kudos to the Sonora Lions Club and here's to a successful 2023-24 Lions Year!

"We Serve!"

☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆

**Sonora Lions
Friends of the Pet Club**
Caring for your critters since 2019

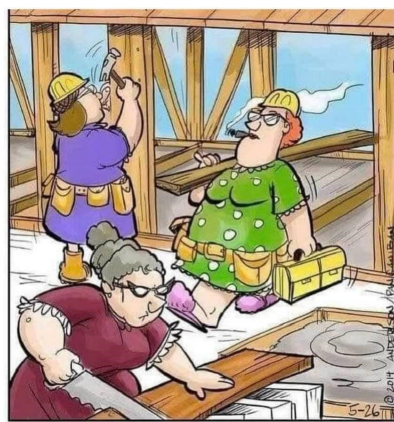
June 2023 Report

Submitted by Lion Frank Meckler

July 1st marks the beginning of the 4th year of the Meals on Wheels Friends of the Pet Club. Our Pet Club members have been keeping the project in a positive cash flow since its start. Over 20 club members and non-members have supported the Pet Club and we are asking them to continue their support. Hopefully, we may involve new members and/or non-Lions who read this bulletin to join the Pet Club. There is no need to explain the need of this project. Many of us over the years have had pets that helped us cope with the changes in our lifestyles as time went on. Even those without their own pets could witness the happiness they saw in people with pets. As a Meals on Wheels driver for several years, I personally saw the difference in a senior's demeanor when I brought their pet a meal and a treat. We should also thank the Senior Center's Team effort that provides the meals and needs for hundreds of seniors in our county, with thousands of miles driven in all kinds of conditions. So let's show everyone our Pride in how we have supported our Friends of the Pet Club with one of our loudest roars. Those that join the Friends of the Pet Club, Lions and the public at large, can send their monetary donations to: Lion Frank Meckler, 18315 Golden Oaks Dr., Jamestown, CA 95327 or call/text (209) 768-8734 for more information.



Lion Kaileen's dog Monte and their shared Academy Award and certificate



Carpenter Aunts

NEEDED: OLD EYEGLASSES

Do you have old eyeglasses lying around the house? Why not donate them to your local Lions Club? We refurbish and redistribute prescription and nonprescription glasses and sunglasses, including clip-ons. We have several drop-off areas around town including a big yellow mail box in front of the Senior Center. There is also a donation box at the Optical Center at Walmart or at many local optometrist's offices around town. Our club also accepts old hearing aids and their batteries, aluminum pull tabs from cans, and empty ink cartridges for recycling.



Lions Respond to "Disaster of the Century"

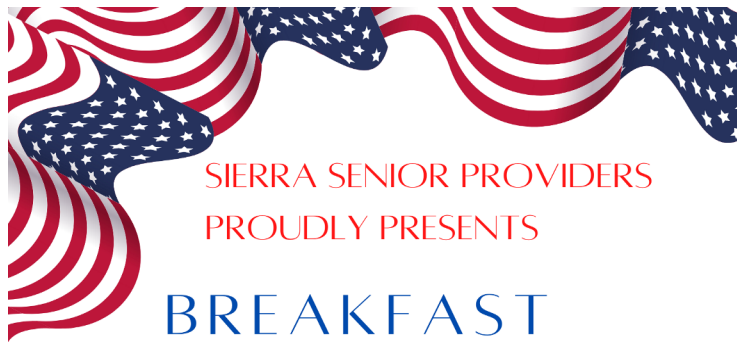
Most of us have heard the saying by now, "Where there's a need, there's a Lion." This is especially true in Turkey since their devastating earthquake in February 2023. It had killed over 50,000 people, injured more than 120,000, and left millions of people displaced. Homes crumbled, buildings collapsed, and communities were changed forever. When a humanitarian disaster such as this occurs, the Lions Clubs International are among the first to show up to help. Immediately upon learning of this tragedy, Lions Clubs International Foundation awarded \$200,000US to the Lions Clubs of Turkey. Lions Clubs from throughout the world continued to donate funds to help those in need in Turkey. Lions grants are available in times of disaster like this due to the generous donations and hard work of the millions of Lions around the world. Even though we may not be directly affected by this horrendous event, Lions are still there, every day, helping wherever they can. The safety and shelter for those displaced are always our first priority. There will be Lions at work in those areas most impacted by the earthquake for weeks, months, and years to come. This is what we do. We Serve. And this is one of the finest examples of how we work. To read the complete article written by Andrea Small in the April issue, please click [here](#).



REMINDER—CLUB LUNCH GET-TOGETHER

The Sonora Lions Club is having a social afternoon luncheon at Strings Italian Café in the Junction on Thursday, July 27th from 1-3 pm. Join us for a ravioli & spaghetti plate, soup or salad, plus a soft drink (beer, wine, and dessert extra) for \$20 pp. Cash only please. You may sign up on the reservation list provided at each meeting from now until July 24th (not to exceed 40 persons). You may also call Lion Frank at 209-768-8734 to reserve your spot. Come and expect to have a great time in a cool atmosphere with great food and company.





SIERRA SENIOR PROVIDERS
PROUDLY PRESENTS

BREAKFAST FOR VETERANS!

1ST THURSDAY EVERY MONTH

8:00–10:00 AM

(209) 533-2622

SIERRASENIORPROVIDERS.COM



Veteran's Breakfast at the Senior Center

Submitted by Lion Wendy Penhallegon—June 2023

On Thursday, June 1, 2023, Lions PDG Tom & Wendy Penhallegon and Jan Newman attended the free breakfast at the Senior Center honoring all the Veterans in our area. We had the pleasure of sitting with a group of young students from Cassina High School who were interested in listening to Veterans, their stories, and experiences. One of these young men has already joined the Marines with a deployment date of June 6, 2024!



Pictured above are (L-R) Jessie, John, Jimmie, Tom, and Julian joining the crowd at the June 1st Veterans Breakfast. Jessie (on the left) has already enlisted!

Congratulations young man! The Sonora Lions Club salutes you!

Memories of Favorite Summertime Activities

Submitted by Lion Wendy Penhallegon

We are well into the dog days of summer now, so I thought it would be fun to take a trip down memory lane and see what our members liked to do during their summer month breaks while growing up. Here are some of their responses: Lion Joe enjoyed camping and fishing with his family. ~ Lion Lydia went



family tent camping up in Yosemite, then backpacking with her husband during their early years together, and later switched back to tent camping with the kids. ~ Lion Jerry enjoyed going to Pinecrest and hanging out with

his cousins at the cabin. ~ Lion Crazy Bill really loved riding his dirt bikes up in the hills and mountains, or down at the ocean. He just loved his dirt bikes!



~ Lion Jan enjoyed going to Webber Lake to fish and camp. ~ Lion Ray started out as a toddler learning to love and explore new places and things.

He still does this. ~ Lion Bill D. loved going to the Pinecrest cabin and spending time with his family. ~ Lion Wendy loved those summer camps she was



able to attend like the Girl Scouts Camp, Blue Lake Fine Arts Camp, and Interlochen Arts Academy (both for music), or just plain camping and swimming with her

family. ~ Lion PDG Tom loved spending time on Crooked Lake where he grew up, fishing and swimming with his dog, or camping with the Boy Scouts up in the Canadian wilderness.



Breaking News from the Senior Center

Were you aware that the Tuolumne and Jamestown congregate dining days have been re-established? On every Tuesday at the Veteran's Memorial Hall in Tuolumne, and every Wednesday at the Jamestown Community Hall you can get your lunch from 12 noon to 1 pm. Please call 209-533-2622 to make your reservations.

Weird Laws across the US

- * It is prohibited to eat fried chicken with anything other than your bare hands (Gainesville, GA)
- * Tapping feet, nodding head, or moving to music in any water is prohibited in restaurants (New Hampshire)
- * Palm reading is prohibited (Cedar Rapids, Iowa)
- * It is prohibited to open an umbrella on a street (Alabama)
- * It is illegal to harass or harm Bigfoot or Sasquatch (Washington State)
- * You may not pump your own gas (Oregon & New Jersey)
- * Spitting is prohibited except on baseball diamonds (Burlingame, California)
- * Flamingoes are not allowed in barber shops (Juneau, Alaska)
- * Dogs are not to bark after 6 pm (Little Rock, Arkansas)
- * It is illegal to collect rain water (Colorado)
- * Singing in a public place while wearing a bathing suit is not permitted (Florida)
- * Chickens are not permitted to cross the road (Quitman, Georgia)
- * The giving of whiskey to dogs is illegal (Chicago, Illinois)
- * It is prohibited to gift a box of chocolates weighing more than 50 pounds (Idaho)
- * False promises are prohibited (Louisiana)
- * No one is permitted to step out of a plane during mid-flight (Maine)
- * It is not permitted to take a lion to the movies (Baltimore, Maryland)
- * Nobody is permitted to cross state lines with a duck atop their head (Minnesota)
- * The raising of pet rats is prohibited (Billings, Montana)
- * No camels are allowed on the highways (Nevada)
- * It is prohibited to sing off-key (North Carolina)
- * Drinking of milk is mandatory (Utah)
- * It is prohibited to catch a fish using a lasso (Kansas)
- * The serving of pretzels and beer simultaneously is not permitted (North Dakota)
- * Professional sports are not to be played on Sundays (Rhode Island)
- * No one shall participate in a duel (Ohio)
- * No slippers before 10 pm (New York)
- * No Bingo games shall last longer than 5 hours (North Carolina)
- * Donut holes are not to be sold (Lehigh, Nebraska)
- * It is prohibited to frighten a baby (Mole, Missouri)
- * You cannot place a coin behind your ear (Hawaii)
- * A pickle is not considered to be a pickle unless it bounces (Connecticut)

Source: Kenneth Kimutai, [World Atlas](#), December 2017

Word Search Puzzle

```

      W T
      U A
      V J A C
      S Q F S
      F T S A R V
      J R W A R E
S C R I G H T S I N A L I E N A B L E N
H C E A N R S W P G S A U D D S E U S I
J O H B D S S E S E N A T E O L A S
C L C C E T S K W H I T E B M T
V O Q E P A T R I O T I C W
N R C R E R S V S N S S
S F U S M J N S H N C O E D
G L S N S O L D I E R S R H
O H I S T O R Y R E D J E V S F
O R C E I S B      S N R E I J G
T S H T F D E      A C C C R C S
X I S A F          E E I F C
I A H Y            S Y J E
F B                M S

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BLUE COLORS CONFLICT FREEDOM HISTORY HONOR INALIENABLE
INDEPENDENCE PATRIOTIC RED RIGHTS SALUTE SENATE SERVICE
SOLDIERS STARS STRIPES VOTES WAR WHITE

Don't spend your precious time asking "Why isn't the world a better place?" It will only be time wasted. The question to ask is "How can I make it better?" To that, there is an answer.

Leo F. Buscaglia



Word of the Month

FLAVEDO

noun | fluh-VEE-do

Definition: *Flavedo* refers to the colored outer layer of the rind of a citrus fruit.

Used in a Sentence: The lime's *flavedo* is full of essential oils that add a distinctive, earthy tang to desserts, drinks, and plenty of savory dishes, too.

Source: Merriam-Webster online Dictionary



SECRETARY'S MONTHLY REPORT

June 2023

Submitted by: Lion Wendy Penhallegon, Secretary

| | |
|---|----------------------|
| • Total Membership from last report | 43 |
| • New Members..... | 0 |
| • Dropped Members | 2 |
| • Transferred Members..... | 0 |
| • Total Members At Close..... | 41 |
| • Service Hours | 383/YTD 4,184 |
| • Number of People Served | 2273/YTD 21,824 |
| • Number of Lions Performing Service..... | 161/YTD 17,03 |
| • Number of Non-Lions Performing Service..... | 11/YTD 33 |
| • Number of Hearing Aids Dispensed | 0/YTD 1 |
| • Number of Eyeglasses Donated | 0/YTD 2,710 |
| • Pounds of Pull Tabs Donated | 0/YTD 33.75 |
| • Pounds of Plastic Bags (Bags For Benches) | 0/YTD 256 |
| • Number of Cell Phones donated | 0/YTD 65 |
| • Funds Raised | \$5,066/YTD \$34,337 |
| • Funds Donated | \$1,350/YTD \$25,902 |
| • Total Activities | 38/YTD 393 |



HAPPY INDEPENDENCE DAY!



7/8 – Ray & Norene Bailey - Anniv.

7/16 – Bob Bader

7/16 – Doug Fleming

7/17 – Glenn Gottschall

7/25 – Jill Schwab

7/25 – Joe & Terry Skaff – Anniv.

7/26 – Inez West

7/30 – Lisa and Larry Melville Anniv.

Lion Members Who Are Doing Community Service

***SLC Elderly Persons Assistance Program:** Tom & Wendy Penhallegon, Jan Newman,

***Rising Star Award:** Lydia Osias, Jan Newman, Bud & Jerri Regelin

***SLC Community Outreach Program:** John Nolen, Phil Baylis, Jan Newman, Wendy & Tom Penhallegon, Paul Berg, Bill Dunlavy, Jr, Lydia Osias

***Friends of the Pet Club:** Jill Schwab, Jan Newman, Bud & Jerri Regelin, John Nolen, Frank Meckler

***H.E.L.P.:** Dan & Kelly Ward

***Eyeglass Collection:** Tom & Wendy Penhallegon

***Pull Tab Collection:** Tom & Wendy Penhallegon

***Ink cartridge Collection:** Wendy Penhallegon

***Bags For Benches:** Lydia Osias

***Omelet Breakfast:** Bud & Jerri Regelin and club members

***Wheelbarrow Raffle:** Tom & Wendy Penhallegon and 16 others

***Sonora Lions Park:** Wendy & Tom Penhallegon, Paul Berg, Bill Dunlavy, Jr

* = Signature Program for the Sonora Lions Club



Here's a neat idea...

If you have an unsightly tree stump in your yard, dress it up! You can beautify that ole stump and decorate it for every holiday of the year even. No need to have an ugly tree stump any longer!



H.E.L.P. Report Diann Kaiser Memorial Hospital Equipment Loan Program

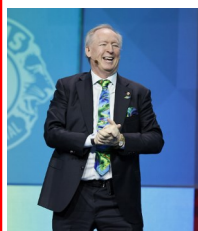
June 2023
Lion Dan Ward, Chair
sonoraministorage@yahoo.com

| Item | Loaned | Value | In-Kind Value |
|----------------|--------|---------|---------------|
| Wheelchairs | 25 | \$50.00 | \$1,250.00 |
| Commodos | 10 | \$20.00 | \$200.00 |
| Bath Chairs | 8 | \$20.00 | \$160.00 |
| Shower Benches | 10 | \$20.00 | \$200.00 |
| Walkers | 16 | \$20.00 | \$320.00 |
| Walker w/seat | 11 | \$30.00 | \$330.00 |
| Canes | 5 | \$10.00 | \$ 50.00 |
| Crutches | 3 | \$10.00 | \$ 30.00 |
| Risers | 3 | \$10.00 | \$ 30.00 |
| Reachers | 0 | \$5.00 | \$ 0.00 |
| Sock Aide | 0 | \$5.00 | \$ 0.00 |
| Misc. | 9 | \$5.00 | \$ 45.00 |

| | |
|-----------------------------|------------|
| Total People Served | 100 |
| Total Contributions in Kind | \$2,615.00 |
| Total Hours Contributed | 25 |
| Month | June 2023 |
| Prepared By: | Dan Ward |

Looking For Activities in the Sonora Area?

If you're visiting the Sonora area, there are a multitude of places to visit and explore. If you're interested in a certain activity, chances are we will have something here to fit that interest. Just go to the [MyMotherLode](http://MyMotherLode.com) website Recreation Guide, and they will point you toward your destination. To name a few activities, they have camping, fishing, skiing and winter sports, cycling, rock climbing, exploring caves and caverns, backpacking and hiking, boating, swimming, rafting, bungee jumping, wineries, and even bowling, if you're so inclined. You can travel just a few miles in any direction and find what you are seeking. The California Foothills is one of the most diverse go-to destinations around! Come visit us. You won't be disappointed. You can also come up just to enjoy the scenery!



International President's Message

I can't believe my year as your international president is already coming to a close. But when I look back at the places I visited and the many faces I saw, I am humbled by the sheer scale of the work we do as Lions. We've had such incredible success! As we bring this Lion year to a close, let's take a moment to reflect on our year and all the good work that we did.

Remember, success can take many different forms. Yes, success is when you complete a meaningful service project or raise the required amount of funds to keep things rolling next year.

But when you are a Lion, success is also the smile you get from the girl entering kindergarten with a new backpack she got from Lions. Success is when the city council sees your tent up at the local fair and thinks of reaching out for help with a cleanup project at the park. Success is the young professional who joins because they were looking for a way to give back and found a welcoming home in Lions.

While it's our instinct to notice the things that need fixing, let's also notice all that is right. Here's to you, Lions. Serving as your international president has been the experience of a lifetime!

Make a great day, *Brian Sheehan, International President*

Green Bag Totals from June

The total donations for this past cycle was outstanding. Here are the results for June's collection:

- Miscellaneous Shelf Stable = 1,426 lbs.
- Personal Hygiene Items = 56 lbs.
- Pet Food = 24 lbs.
- Monetary donations = TBD

Keep up the great work Sonora Lions! We donated a total of 11 bags to the Mother Lode Food Project, each valued at \$20 (for reporting purposes). The next collection date will be August 9th. Thank you again for your donations and support for this very important project.



EAR OF THE LION REPORT

June 2023

Submitted by: Lion Tim Atchley, Chair
tim.atchley52@gmail.com



There has been no activity in the Ear of the Lion Program for the Sonora Lions Club this month.

CLUB OFFICERS & BOARD OF DIRECTORS 2023-24

| | |
|--------------------------------------|---|
| President | Paul Berg dpberg65@gmail.com |
| 1 st Vice President | Jerry Jensen |
| 2 nd Vice President | Jill Schwab |
| Secretary | Wendy Penhallegon wpen@sonoralions.org |
| Treasurer | Judy Meeks |
| Membership Chair | Jerri Regelin littlebluehse@gmail.com |
| LCIF Coordinator | Ray Bailey |
| Marketing/Publicity | Wendy Penhallegon |
| One-Year Director | Kailen Hill |
| One-Year Director | Ray Bailey |
| Two-Year Director | Inez West |
| Two-Year Director | Bill Dunlavy, Jr. |
| Club Chaplain | Lydia Osias |
| Tail Twister | John Nolen |
| Lion Tamer | Cecil Steen |
| Immediate Past President | Tim Atchley |
| Webmaster/Newsletter Editor | Wendy Penhallegon |



"Serving the Mother Lode Since 1922"



Sonora Lions Club Calendar of Events

July 4: Happy Independence Day!

July 5: DARK—No Meeting

July 12: Board of Directors meeting, 10:30 am, followed by a business meeting, no guest speaker

July 19: Regular membership meeting with Steve Machado from the CHP speaking on the [Age Well Drive Smart](#) Program

July 26: Regular membership meeting with Chris McCoy, from [Area 12 Agency on Aging](#), guest speaker

August 2: Regular membership meeting @12 noon, guest speaker TBA

August 9: Board of Directors meeting @10:30 am, followed by DG Claudia Miller's visitation to the club @12

August 16: Regular membership meeting @12 noon, with Donna Mason from Area 12 Agency on Aging talking about [HICAP](#), guest speaker

August 23: Regular membership meeting @12 noon, with guest speaker Nina Resnik from [Rose Wolf Wildlife Rescue](#)

August 30: Regular membership meeting @12 noon, guest speaker TBA

September 6: Regular membership meeting @12 noon, Nate & Amanda from [Raising Arrows K9 Rehab](#), guest speakers

September 13: Board of Directors meeting @10:30, followed by business meeting @12, no guest speaker

District, Multi-District, and International Calendar of Events

July 1: New Top Club Contest & Proud Lion Contest begins

July 7-11: Lions Clubs International Convention, Boston, MA

July 20: Pig-at-the-Lake BBQ, and Cabinet Installation, Atwater

August 13: Pizza & Paint, Tri Dams Lions

August 19: District meeting, Oakhurst

August 22: New member orientation via Zoom (every 4th Tuesday). See [District Newsletter](#) for details.

August 26-September 16: Zone Meetings to be scheduled

September 9: Autumn Cruise Car Show, Escalon Lions

September 15: Blood Drive, Sutter Creek Lions

September 30: Up Country Golf Tournament

If you are a Lion and enjoying this newsletter,
Share it!

If you are enjoying this newsletter and are not a
Lion, we would encourage you to

Become a Lion!

For more information call [Lion Jerri Regelin](#),
(209) 532-7828 or [Lion Jill Schwab](#) (650) 787-7022
Membership Co-Chairpersons

District Governor Claudia Miller

2023-24
District 4-A1

Phone: 209-596-1219

Email: ckay613cayucos@gmail.com



Our next Board of Directors meeting will be
at 10:30 am, Wednesday, July 12, 2023
at the Senior Center

ALL ARE WELCOME TO ATTEND!