

he Lion's Roa Sonora Lions Club

PO Box 101, Standard, CA 95373



The Club meets every Wednesday at 12:00 PM at the Cocina Michoacana II Restaurant, 14715 Mono Way, Sonora Board Meetings are every 2nd Wednesday following the noon meeting

District 4-A1, Mountain Region, Zone 2

Facebook: Facebook.com/SonoraLions.org ~ Website: www.SonoraLions.org ~ Instagram: @SonoraLions

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Lion Secretary Wendy Penhallegon, Editor, #6 "Sonora Lions, Serving the Mother Lode Since 1922"

July 2021

WHAT AN ILLUSTRIOUS CLUB WE HAVE

A few months ago while Past District Governor Kent Christensen visited our club, he handed me an innocuous piece of paper. I didn't think too much about it at the time, but later upon closer inspection, I realized we really have a bunch of top-notch members! Below is a list of every Sonora Lions Club Member who have earned the honor of receiving a Melvin Jones Fellowship. Please note, there are several of us who have earned more than one of these prestigious fellowships.

- Tim Atchley—2014
- Ken Ayers—2019
- Robert Bader—2011 & 2020
- Ray Bailey—2005 & 2020
- C. A. Dambacher—1990
- Linda E. Duff—2006
- William Dunlavey—2008
- James Gormely—2013
- Glenn Gottschall—2017
- Virgil Lincoln Gunter—1989
- Jack Harris—2013
- Walter L. Jones—1991
- Diann Kaiser—2012
- Newton McKenna—2003
- Frank Meckler—2015
- Ruth Moyer—2020
- Jack Nahmias—2012
- Janet Newman—2020
- Tom Penhallegon—2001 & 2004
- Wendy Penhallegon—2017
- Jerri Regelin—2020
- Felix Romo—1995 & 1997
- Philip Rundle—2002
- Stephen Wilson—1994

While we may not have added one this past year, we are certainly watching and noting the work that you all do. You never know...you could be our next recipient!

Submitted by Lion Sec. Wendy Penhallegon

LUNCH MEETINGS

Our June 2nd meeting opened in the usual fashion



with the pledge, song, and prayer. First VP Jill Schwab introduced our guest speakers for the day, Marian and Allen Zimmerly from Farms of Tuolumne County. Pres. Phil forgot to have us sing the Welcome Song for them and was fined for that, but we did end up singing it eventually. It just happened to be PDG Tom's birthday today, so we had the pleasure of singing our version of the Birthday song for him. He paid his "fine" and de-

clared "I'm Still Here!"

We launched right into our guest speakers' presentation about the Farms of Tuolumne County. They basically reach out and try to support the local small farms

and ranches of Tuolumne County. Their sponsors are very important to the program. Marian read the list of current sponsors, which was impressive indeed. She announced that they will have representation at the Motherlode Fairgrounds this summer in the Manzanita building. They will have various items up for sale.



On August 15th they will have their annual dinner and in October there will be a pumpkin and zucchini "weigh-in" competition. They will have their next Farms of Tuolumne County tour on the 2nd Saturday in June 2022 in the Columbia area. On this tour, you can visit various host farms, take tours, sample wines and food and visit with the owners. Tickets will be on sale at various locations or online and will be \$10.00 per person. Allen Zimmerly also spoke about their grant program available to High School aged or younger students to help give them a start in their agricultural endeavors. They particularly engage the youngsters who are in the detention center system to help them gain the necessary self-esteem and confidence, and let them know that people still believe in them. Continued...

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Tail Twister—Lion Tim covered as Tail Twister today. The Secret Lion was Lion Wendy, who was able to only have 2 people fined for not shaking her hand when they arrived. Lion 1st VP Jill had a Happy Buck,



stating she had a bunch of audio books to give away ~~ Lion Cecil's Happy Buck was for his 2 cords of wood that he wants to sell and also his shop wood lathe ~~ Lion Wendy had a Sad Buck because of Lion Bob Schuman, who evidently is not doing very well since his fall and hip fracture. He and his wife, Dagmar, will

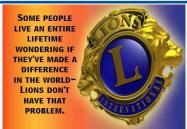
be selling their house and moving back to San Jose to be closer to their children, possibly by the end of July ~~ Lion Jill also told a story of a treadmill test she had to undergo recently and how much better she could have done if she had had a picture of Sam Elliot to look at while doing it! So she wrote to him and asked if she could have an autographed picture of him! ~~ Lion Ed Brown had a Happy Buck because his 2 grandsons had graduated ~ Marian Zimmerly had a Happy Buck announcing that she knew of a Billy Goat who needed a new home ~~ Lion Phil had a Happy Buck and related a story of his neighbor having goats ~~ Lion Tim's Happy Buck was because his granddaughter graduated over the weekend. **Reports:** The Omelet Breakfast will hopefully be scheduled for Saturday, August 14th, but needs to be confirmed by the Senior Center first. Lion Jim talked about our LCIF donations and asking all members to donate \$20 again this year. He received several donations on the spot. For membership, he asks that members try to bring in a guest next week. Please remember, that LCI is waiving the \$35 signup fee until the end of June. PDG Tom reported the Wheelbarrow raffle was coming along great with only 2 more weekends of booths left to man. The sign-up sheet was sent around again. Lion Jim volunteered to find speakers

for the remainder of June but we still need someone to chair the overall project of speaker procurement.

Raffles: Lions Jan and Tim won the cash raffles and Lion Ken Hammond won the Fine-Free Critter for next week; however, since he wouldn't be here for next



week's meeting, he gave it to Lion Jill. Lion Tim won the right to draw for the black marble, but was only able to produce a white one. The pot is up to \$135.



The June 9th meeting was opened by Pres. Phil in the normal fashion with the pledge, song, and a prayer.

PDG Tom and Lion Wendy Penhallegon brought a guest to the meeting, Anissa Bustos, who was very interested in checking out our club. The Welcome Song was sang for her. Lion Jerri Regelin was having a birthday in 2 days so she brought a beauti-



ful (and delicious) white cake with whipped cream frosting and banana and cream filling to share with the club members. Our normally jocund Pride sang our rendition of the Birthday Song for her. (Maybe we should apologize to the other patrons elsewhere in the restaurant?) The slated evening meetings to begin in July were discussed. The first one will be at Lion Jerri and Bud's home, possibly a potluck?, on the last Thursday in July, instead of the noon meeting on Wednesday.



Tail Twister— Lion Jill volunteered to cover for our traveling Tail Twister Cat, admitting she has a big mouth and would do well in that position! Lion Walt had a Happy Buck and shared a story about traveling behind a truck with a trailer of cows for about 10 miles, when he was

finally able to catch the driver's attention to notify him that the back door to the trailer was open! ~ Since we didn't have a scheduled guest speaker today, Lion Frank Meckler volunteered to give a talk about the egg and chicken industry ~ PDG Tom Penhallegon had a very Happy Buck because the wheelbarrow raffle sales are right on track and we are almost at our goal of \$4K; he mentioned in case anyone had any misgivings about using credit cards, he reported that we have had \$720 in credit card sales on this raffle so far! ~ Lion Bud Regelin had a Happy Buck because it is Lion Jerri's birthday on Friday and she has a friend coming up for a visit from Santa Cruz ~ Lion Jill Schwab had

a Happy Buck because she was able to watch her grandson graduate from the 8th grade this morning via Zoom ~ Lion Jim Gormely had a Happy Buck because he has been having crow problems stealing his chickens' eggs. Well, yesterday he got even and trapped 2 of them in



the chicken coop! ~ Lion Phil Baylis was fined for not having selected a Secret Lion but Lion Walt was his usual awesome self and paid that fine for him!

Committee Reports— June 30th is the Officer Installation day, to be at Lion Jerri & Bud's home at 12 noon. Tri tip will be served along with our potluck selection of foods. The final push for the Wheelbarrow Raffle will be Saturday and Sunday, June 19-20th, in front of Walmart. We are happy to report that all slots to be worked have been filled!

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The Omelet Breakfast Fundraiser has been tentatively scheduled for Saturday, August 14th, pending confirmation from the Senior Center. Lion Wendy reminded everyone to bring any plastic bags, pull tabs, eyeglasses, etc. to the parking lot of the old Pine Tree Restaurant on Thursday, June 10th between 11-11:30 for the last push to collect for this round.

Guest Speaker—Today Lion Frank Meckler stepped up to fill the gap as guest speaker and gave us a very interesting overview on the chicken and egg industry. The industry has shifted over the years due to demand and social preferences. Free range eggs now represent about 38.5% of total sales. He explained the only way to change the shell of an egg is in the feed. Eggs from free range chickens generally have less cholesterol. The darker the yolk, the richer the taste will be. It is the element of chlorophyl that changes the color of the yolk. There are 2 dates on a carton of eggs. One is the day and year, and the other is the shelf-life. We have grade AA eggs in California, which will hold their quality for about 30 days. When a chick is hatched, the yolk is absorbed back into the bird which allows it to be shipped, thus providing it food for up to 48 hours. You may ask how long you can keep an egg? In the 1920's, the chickens were raised by the sun. Starting in mid summer, the eggs are then put in cold storage. Eggs can be kept up to 4-5 months if they are refrigerated. If you put an egg into water and it floats, that egg is no good. If you want to hard boil your eggs, allow them to sit out at room temperature for 24 hours prior to boiling them. They will then be a breeze to peel. The price of eggs fluctuate because



of supply and demand. A surplus of eggs will drive the prices down. A shortage will result in rising prices. If you want an easy way to separate the yolks from the whites, wet your hands, break the egg into your hand and move

the egg white between your fingers. They will separate easily that way. If you notice after hard boiling the eggs that the yolk is off-center, that egg is old. If you have a rooster and don't want it to crow, put it in a box that is too short for its neck. Did you know that chickens actually do fall asleep? They hold themselves upright by their feet on the perch. There actually is a "pecking order." The first row (lowest) are for the lower class chickens. The middle class chickens perch on the middle roost. And the dominant chickens rule the roost on the upper rung.

There is no difference in quality between caged eggs and free-range eggs due to strict FDA rules. There is a general 5% differential allowed with egg delivery, however, with the advent of automation, you are almost guaranteed 100% delivery of eggs. A spot of blood on the yolk is not tolerated and will be rejected.

Technology has vastly improved the handling and efficiency of egg handling. If there is blood in the egg, it means the chicken was ovulating at the time the egg was laid. They are, however, still edible. They have "detectors" to spot these eggs and reject them. If you receive one from a local resident, they are still very edible. It is true that the roosters do protect their hens. If a predator lurks nearby, the rooster will make a funny noise and the hens know to run to the safety of the chicken coop. Lion Wendy told a chicken joke at this point:

Baby chick to Mom: "Mom, am I a people?

Mom: "No, you're a chicken."

Baby: "Do I come from a people?"

Mom: "No, you come from an egg."

Baby: "Do people come from eggs?

Mom: "No, people are born."

Baby: "Was I born?"

Mom: "No, you were laid."

Baby: "Are people laid?"

Mom: "Some are...others are chicken!"

That seemed like a good time to wrap things up.

Raffles: Lion Cecil won the cash raffle. Lion Cecil won the fine-free Critter. And, you guessed it...Lion Cecil won the chance to draw for the black marble. Unfortunately, he was only able to locate a white one.

IMPORTANT EGG TRIVIA!

Which came first, the chicken or the egg? In Genesis, Chapter 1: On the fifth day, He said "Let the waters bring forth abundantly the moving creatures that hath life and fowl that may fly above the earth." And God blessed them saying, "Be fruitful and multiply and fill the waters in the seas and let fowl multiply in the earth." You decide.





The June 16th meeting was opened in standard fashion with pledge, song, and a prayer. Our 4 guest speakers from the Tuolumne County Board of Supervisors for the county Roads: Ryan Campbell, Mike Cognetti, Blossom Scott-Hein, and Kim MacFarlane were introduced. They were guests of Lion Jim Gormely. 1st VP Jill Schwab brought a good friend along today, Maria del Socorro Brown (Socorro). The Welcome Song was sung for them.

Guest Speakers— Kim MacFarlane started by stating that there are only 610 miles of county-maintained roads. The roads are striped and painted annually. A



Kim McFarlane talking about the roads.

funding shortfall is an ongoing problem but unfortunately, the roads do not stop deteriorating when the money runs out. The Lake Don Pedro area has a pothole patcher on the way which will do a hot mix asphalt repair, which will be a much better repair. Many members had specific questions about certain areas of roads. The Willow Springs area is still in the plans for repair. How are they funded? Surprisingly, not \$1 from our

property taxes goes for roads and bridges. It comes from gas taxes, highway user tax, mileage driven, registration fees, etc. COVID actually hurt the finances

because people weren't driving as much. They apply for grants for funding of larger projects like bridge repair. All bridges are inspected at least every 2 years. They are rated on a scale of 1-100 and these figures are then submitted to their secret decoder ring that decides Ryan Campbell, Kim MacFarlane, you have a road repair



who gets the funds. If and Pres. Phil Baylis.

request, please call (209) 533-5601. Tuolumne County Transportation Council (TCTC) does a little bit more of the planning for infrastructure. They were asked if their equipment was going to go all electric. That is still up in the air. Buses are very expensive to purchase, but the actual running of them could be slightly cheaper. There will be charging stations placed around the Sonora area, being placed according to greatest need. You will still have to pay to charge at these stations.

TAIL TWISTER: The Tail Twister today was Lion Irene Wetzel. The Secret Lion was Lion Cecil, who managed to have many members fined for not greeting him properly. Pres. Phil was also fined because his phone rang during the meeting.

Happy Bucks—Lion Irene told stories about bridges when she was young ~~ Lion Jerri had a sad buck because she lost her name badge last week ~~ Lion Jill related a story from when she was a little girl on a road trip in a station wagon with her family to Yosemite. She saw a baby bear and opened her window to feed it. When Jill's mom saw this, she freaked out, but not as much as the mama bear did when she saw what was happening ~~ PDG Tom had a Happy Buck, remembering his Boy Scout days back in Michigan, when you used to have to take a ferry across the lake to get to the upper peninsula, but one particular year was the first year that the Mackinac Bridge was open for use; they were one of the first groups that went across it ~~ Ryan, our guest, reminisced about a trip he and his brother took up to Yosemite. His brother was 16 and he was 12. They came home on the Old Priest Grade Road...and the brother road his brakes the entire way down (PeeUuu! ~~ Lion Jim related a story about how his former wife used to make him go very slowly across bridges, and once got pulled over by the law and advised in the future to obey the speed limits ~ Lion Joe related he used to be able to ride his bike on the road where Hwy 101 hits 405 during the construction era in the 1950s ~ Lion Wendy related a story about a blow-out tire on their fifth wheel while going up to Yellowstone. Coincidentally, Lion Cat and Nick texted her a picture of their RV tire having a blowout on their road trip also! ~~ Lion Ron related that he used to fly down hill on his bike... passing cars...where the speed limit was 65! He was given a "talking to" about that. ~ Lion Irene, even though she's been up here a couple of years, still gets lost and relies on Google to get her to where she needs to be. However, one time it guided her wayyyy out in the country somewhere, no where near where she was

headed.

Lion Jim had brought a dozen eggs to be auctioned off and they sold to our guest, Kim MacFarlane for \$4.

Lion Jill reported she went to the locker and pulled all the extra club shirts we have in stock (in various sizes). They are for sale to members for \$20 each. Lion Wendy announced that next week is "green bag" week so please bring in your food donations. Lion Irene, now chair of the Read To Succeed Program, put out an SOS because we need at least 1 more person on the committee to help. Please let her know if you'd like to help on this important and fun committee. Lion Jim said he was still collecting the \$20 donation from members to keep us a 100% club. We are still waiting on word from the Senior Center about the August date for the Omelet breakfast.

Raffles—The cash raffle was won by Lion Bud and the Critter was won by Lion Jerri. Lion Mike got the lucky ticket for the black ball draw, but only got the white ball.



CLUB LUNCHES CONTINUED...

The meeting on June 23rd was opened in regular fashion with the pledge, song, and prayer. Pres. Phil

introduced the guest of Past District Governor Tom and Lion Wendy, Roger Hanlon, who is their new awesome neighbor. The guest speaker for the day, Maureen "Mo" Frank, Deputy Administrator of Tuolumne County, was brought in by Lion Jim Gormely. The Welcome song was sung twice, because



"Mo" arrived a bit late to hear the first rendition.

Happy Bucks: Lion Tim had a Happy Buck because his wife Kathy had a basal cell carcinoma successfully removed from her hand last week and they were just grateful it wasn't another melanoma. They are getting concerned about the skin cancer recurrences, however ~ Lion Ray Baily read some of his list of "10 Rules of the Road for RVers" ~ Lion Phil had a sad buck because he missed his deep massage appointment for his knee las week and has to wait for 2 weeks for the next one. The Secret Lion was Lion Phil himself, but since everyone shook his hand, we all had to pay.

Raffles—Lion Bob Bader won the cash raffle, and Lion Frank Meckler won the Critter, so he will be fine-free in two weeks (next week is officer installation, so no fining will take place).

Committee Reports— The Board of Directors has voted to limit the speakers to twice a month instead of every week. Starting in July, there will be an evening meeting on the last Thursday of the month instead of the noon Wednesday meeting. The Board members voted unanimously to approve the membership of Anissa Bustos, and her induction is scheduled for next week at the Officer Installation, should she be able to get back into town in time. The Spring Cleanup Wheelbarrow Raffle has exceeded its goal of \$4,000. Fourteen Lions participated in sales at the booths in front of the stores. The drawing will be next week.

Guest Speaker—Maureen "Mo" Frank is the Deputy Administrator of Tuolumne County, and is one of the people who was most helpful for the club while we were involved in renovating the historical Gazebo in Rocca Park (Jamestown). She was here today to mainly speak about the new Justice Center campus. It is



situated on 48 acres along Hwy 108, directly across the back side of Walmart. The Center was conceived because they wanted to get all the services they offer together in one central location to make it more efficient and convenient for the residents. The Mother Lode Regional Juvenile Center was built first, followed

by the Tuolumne County Transportation Hub and the Tuolumne County jail project. It officially opened in January 2021 and can serve up to 250 inmates in that facility. Currently they are housing about 150. The new courthouse was built too and is almost completed. The plan is to begin operations there starting the end of August/beginning of September. The DA, probation, and other services will all be brought there together. The US Forest Service will also be brought to the campus. Currently there is only one access road in and out of the campus, but Mo is making sure this problem is being rectified. She also wanted to ensure there were plenty of parking spaces available. A financial advisor has been hired to make sure the funds are being spent in the most efficient way and to give them their best options. She also talked about the Community Resilience Center, which is grant-funded. There are two locations, one here in Sonora, and the other in Groveland. You may ask, "What is it?" Basically, it is a community center on steroids. They will hold and host county services inside and brings the services closer to where they are needed. There will be kiosks available for you to look up information you need. Each building will be generator powered, 9K sq. ft. with Wi-Fi, full commercial kitchen with walk-in freezer and storage area. Mass feedings can be done from them, such as in emergencies when fires cause people to be displaced from their homes. This project started May 3rd, and is expected to be completed by July 2022. It can accommodate 250 people in the conference room. Offices will be staffed by Columbia College, HHS Cty, ATCAA, CSU, South Side Seniors, Tuolumne County Visitors Bureau, Superintendent of Schools, and more.

Misc.—A collection of vintage pins from deceased Lion Virgil Gunter has been donated to the club. We will add the pins to our collection.

Black Marble Draw—Lion Bob Bader won the chance to draw for the black marble, but unfortunately he only withdrew another white ball. The pot now stands at \$102. Meeting adjourned at 1:02 pm.

SONORA LIONS MEMBERSHIP RECOGNITION AND OFFICER INSTALLATION

It was a very hot afternoon out on the deck next to Lion Jerri & Bud's pool, but several Sonora Lions Club members braved the elements to come out and celebrate our club and to wish the new club officers good luck in the new Lions' year. This was the Sonora Lions Club's 100th Officer Installation, a great milestone indeed. We were honored to have as our guest hosts Council Chair Linda Pugliese and her husband, Past District Governor Joe Pugliese, from the 4-C6 district (San Jose area). CC Linda did a fantastic job of installing our incoming officers and PDG Joe helped by pulling out the winning ticket for the Spring Cleanup Wheelbarrow Raffle. The winner of that fantastic bundle of yard cleanup items was Jim Christensen of Sonora! As it turned out, he was in Utah celebrating his birthday and a family reunion when we called to give him the good news. We are working on getting him to attend a meeting to meet and greet him. Here are some of the highlights of yesterday's celebration.





MORE CELEBRATING!

Lion of the Year—This year's award went to Lion Jan Newman. She has been an extremely busy member, carrying on projects from the disbanded Lake Don Pedro Gold Chain Lions Club like the Highway Clean-

up, the Church Food Pantry, and their annual Christmas Basket giveaway. She has received the Dis-Governor's trict Recognition

Award and last year was awarded the Melvin Jones Fellowship. She did not let this pandemic slow her



down and has been one of the top service hours contributor for our club. It is with great pleasure that we award Lion of the Year to Lion Janet Newman.

Harry J. Aslan Fellow—This year we wanted to give Lion "Crazy" Bill Simpson some special recognition and what better way to honor him than to give him a Harry J. Aslan Fellow from the Student Speakers Foundation? Lion Crazy Bill has been a member of the club since 2014 and has been quietly but consistently working in the background, participating in the Meals on Wheels Program and now co-chair of the

Friends of the Pet Club through MOW. He has taken on most of the jobs steadily and faithfully that most of us really don't want to tackle or cannot tackle any longer. He is always there on Highway Cleanup day or there to help with the Sonora Lions Park Cleanup days, and is usually available for any job that may pop



up. He has been a steady worker with little to no recognition and it is now his turn to receive this honor just to let him know how much we appreciate his perseverance and hard work over these past few years.



Appreciation Award—Lion Irene Wetzel has been a very active member of this club since transferring here in 2018. She has participated in almost every fundraiser, was Tail Twister for 2019-20, and is now taking over the Read To Succeed Program as chair. This past year, however, Lion Irene's expertise in handling all things "technical" provided a huge advantage for the club, allowing us to conduct our Student Speakers Contest via Zoom. Without her knowledge and experience, this may not have been possible. We give a big Thank You to Lion Irene for coming through and helping us navigate the club through new and unchartered territories with what seemed like little effort and we would like to present her with this Appreciation Award for her excellent service.

Certificate of Appreciation—Lion Dennis Schroeder has been a regular attendee of the meetings every year and has participated in just about every fundraiser we have. He has held positions such as White Cane Chair, Adopt-a-Highway chair, and has served on the Board of Directors. This past year, however, Lion Dennis saw a special need in our community brought on by the COVID epidemic and decided to do something about it. With the help of a good friend, Lion Dennis prepared, packaged, and delivered dozens of care packages of food, hygiene products, and clothing items to the homeless people in our area. It was discovered that he was doing this without any recognition at all, but that is totally unacceptable. We are honoring Lion Dennis with this Certificate of Appreciation for his dedicated work and upholding of our revered motto—"We Serve." What Lion Dennis has done is the epitome of what Lions do! He has a true heart of a Lion.

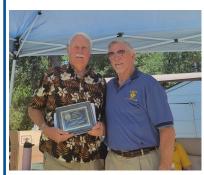




Appreciation Award—Lion Frank Meckler has chaired many fundraisers over the years, including the Pancake and Omelet Breakfasts, as well as handling the ticket sales of most of the other fundraisers. He has served on the Board of Directors as well as being our Lion Tamer for a few years. Lion Frank received the coveted Melvin Jones Fellowship in 2012. In 2019, he started the Friends of the Pets Club in conjunction with the Meals on Wheels program, and together with his co-chair, has served hundreds of meals to the MOW recipients who have pets. In addition, he took it upon himself, along with his wife, to deliver to us the plastic bags and overwrap from the Senior Center to use in the Bags for Benches project. In 2020 he received a Presidential Appreciation Award and we would again like to present him with another Presidential Appreciation Award for his hundreds of hours spent each year in his service to the Sonora Lions Club.



President's Appreciation Award—Lion Bob Bader is a long-term member of the Sonora Lions Club, having joined

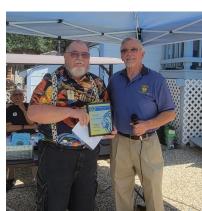


in 1997. He has been on the Board of Directors, Tail Twister, Membership Director, Vice Presidents, and President, White Cane Chair, Zone Chair, Chaplain, and was secretary forever before he released the reins over in 2019. He has chaired numerous fundraisers, including the Cioppino and Lobster Dinners, and was made a Life Member of the Lions Eye Foundation. He has received many 100% Secretary Awards, Lion of the Year 3 times, a Harry J. Aslan Fellowship, Harry Carlson Award, a Silver Centennial Award, and twice the Melvin Jones Fellowship. During this past year during all the challenges the club faced, Lion Bob worked tirelessly for the club helping to get us ready to tread down the new roads of "drive-through" dinner fundraisers, organizing, ordering, and overall running of these new functions. It is with great pleasure that we award Lion Bob with the President's Appreciation Award.

President's Appreciation Award—Lion Jerri Regelin has been an outstanding member of the Sonora Lions Club since her induction in 2013. She took over duties of the club scrapbook chair almost immediately and won her Proud Lion Award within her first 6 months of membership. She has been club Membership Chair and won the District Governor District Membership Chair Award for keeping our club growing and thriving. She became the club's 100th president in 2019. She has chaired many fundraisers, including the Pancake Breakfast and Lobster Dinner and more recently, the Oktoberfest and St. Patty's Day Drive Through Dinners. She won the Global Action Team award last year along with an International President's Appreciation Award for service, and a Melvin Jones Fellowship last year. It is with much appreciation that we present her with this President's Appreciation Award.



Appreciation Award—Past District Governor Tom Penhallegon is a long-time member of the Lions Pride, having joined his original club in Michigan in 1989. Upon eventually moving to California, with a few years' sabbati-



cal in between, Lion Tom rejoined along with this wife, the Sonora Lions Club in December 2011. He has never been known for his lack of participation and has a syndrome known as "Helium Hand." Whenever someone asks for a volunteer, his hand somehow rises up in the air, pick me! He was honored with numerous awards during his tenure in Michigan, including a Progressive Melvin Jones Fellowship. Since joining the Sonora Lions Club, he has been the recipient of the MD4-A1 Lion of the Year, the Lions International President's Special Award of Merit for his leadership during the Rim Fire disaster, was elected the Red Cross Hero of the Year along with his wife, Lion Wendy, for Northern California in 2013, and receiving the MD4 Membership Excellence Award for 2014. He was the Area 1 Emergency Response Chairperson, co-chaired the Sonora Lions Park restoration and has received a Certificate of Appreciation from the County Board of Supervisors for his work on the Tree Mortality Aid Program. He served as

Zone Chair and currently is holding a Director At Large position. If all this wasn't enough, PDG Tom currently chairs the eyeglass collection program, the Bags for Benches, the pull tab program, and spends many, many hours each month sorting, counting, sifting, and boxing all these items in preparation for recycling and/or redistribution to our district. It is with much gratitude that we offer Past District Governor Tom this award of Appreciation.

Appreciation Award—Lion Jerry Jensen joined the Sonora Lions Club in 2016. He almost immediately was asked to be a member of the Board of Directors, and accepted that position. He has mostly worked behind-the-scenes, however, he has been present for almost every event and fundraiser we have. He was a very instrumental worker in the Sonora Lions Tree Mortality Aid Program for a couple of years and provided excellent service and expertise to that program and the residents of our county. If asked, Lion Jerry is there on the spot for any last minute needs and help. You can always count on him for support. It is with great pride that we award the President's Appreciation Award to Lion Jerry Jensen.



Appreciation Award—Lion Jim Gormely has been a member of the Sonora Lions Club since December 1988. In the time since he first joined, he has worn multiple hats. He has gone through the ranks of Vice and Presidents twice!



He has been club Secretary, Tail Twister, served as program chair for many years, Sunshine Chair, Sciene Fair Chair, Lobster Dinner chair multiple times, Cioppino chair, developed and expanded the Glenn Bass Cross Country Run (formerly known as The Pride Stride), chaired the Jamestown Rocca Park Gazebo and Blacksmith Museum restorations, and co-chaired the Sonora Lions Park refurbishment and renovation efforts. He was awarded a Lions Eye Foundation Life Membership, Harry Aslan Fellowship, MD4-A1 Excellence Award for his role as GLT (Global Leadership Team) captain, a Helen Keller Fellowship, was Lion of the Year in 2011-12, and was awarded a Melvin Jones Fellowship in 2013. More recently he has taken on the role of LCIF Club Coordinator and helps with just about every other project and program the Sonora Lions Club supports. It hardly seems sufficient, but it is with great pride and gratefulness

that we award this Appreciation Award for Lion Jim's exceptional accomplishments for the Sonora Lions Club.

Appreciation Award—We had wished to award 1st VP Jill Schwab with her award, however, it did not get here in time. We will post pictures in next month's newsletter.



SPRING CLEANUP WHEELBARROW RAFFLE WRAP-UP



Submitted by Lion Wendy Penhallegon

After the past few months of canvassing, scoping-out, groveling, and asking for donations for our Spring Clean-Up Wheelbarrow Raffle, we were able to amass a fortune in lawn care supplies from local merchants. Included in this whopping package of goodies is (pictured above):

- A 25-cubic feet portable spot sprayer
- ♦ A heavy-duty 7-cubic feet Gorilla dumping cart
- ♦ A 27-quart DeWalt Cooler
- 16" planter pot
- A bird feeder
- Mini dust pan and brush
- ♦ 3-piece spray nozzle set
- Heavy-duty knee pads
- Women's high performance work gloves
- 2 pairs of cotton canvas gloves
- A folding saw
- Pruners
- Lopping shears
- ♦ Large leaf rake
- ♦ 4-tined hoe
- A push broom
- A square head shovel
- A floral shovel
- ♦ A mini rake
- A leveling rake
- A bag of potting soil
- 100-ft garden hose
- Kneeling pad
- A \$20 gift certificate to Bolton Feed
- And an adorable pair of Heavy-duty ladybug earrings



The total retail value of all of these items is over \$777!

We had crews out selling tickets for a \$10 donation on five (5) separate weekends during the months of May and June. We had two sessions in front of Walmart, and three sessions in front of Tractor Supply Company, with three 2-hour shifts for each day. A few of the outdoor sessions were rather pleasant, with gentle breezes and mild temperatures. The last day was an adventure in survival with 109+ degree temperatures. We actually had to cancel the last Sunday in front of Walmart because of the extreme temperatures. However, we met and exceeded our goal of \$4,000. We will have a final total profit in next month's issue after all the stragglers are turned in. There were a total of 128 volunteer hours (at the booth) involved in this project. We wish to extend a huge Thank You to both Tractor Supply Company and Walmart for letting us set up camp in front of their stores. These booths allowed us great community exposure and fantastic raffle sales. Each day we exceeded our expected goal of ticket sales, plus lots of miscellaneous donations besides. The balloons that the Itty Bitty Balloon shop donated were very colorful and eye-catching, and certainly caught the attention of many passersby. The spirit of our community is so giving, it makes my heart swell with pride. During our days of sitting in front of these stores, we heard so many stories of how Lions have helped people in their lives and their children, by providing them assistance, eyeglasses, hearing aids, and more. It does make one proud to be a Lion! In addition to that, we gained one very important new Lion member and a potential for 1 or 2 more new members, just by talking with these marvelous folks in our town. One of the most important points during this entire operation, perhaps, would be the fact that this whole campaign cost the club \$0!!! That's right, nothing except our time and sweat. The tickets and flyers were provided without cost to the club and all the items in the raffle were donated to the club. We wish to extend our sincerest gratitude to the following vendors who donated to our give-away:

Ace Hardware/Sonora Lumber
Bolton Feeds
Itty Bitty Balloons
Lowe's
Tractor Supply Company
Walmart
Wilco

Without their generosity, none of this would have happened. The club extends a huge debt of gratitude to PDG Tom Penhallegon for his tireless pursuit of donations, locations, and exposure to make this event a very successful one! (Winner was announced on page 6)



Our club can be proud of its record of helping to save the environment. For the past year, our members have collected and turned in for recycling over **280 pounds** of plastic bags and wraps. Our land and sea wildlife thank us and our grandchildren's children will reap the benefits of less plastics to pollute the world. Keep up the excellent work Sonora Lions Club!

MORE NEWS ABOUT RECYCLING

The Bags 4 Benches program ends on June 30th for this round. Then the Stockton San Joaquin Lions Club will start round #3 of the Bags 4 Benches program beginning again on September 1st. Please continue to save your dry and clean plastic bags, wraps, and shrink wrap from your packages and bring them to the weekly meetings for Lions Tom and Wendy to collect and bundle. We will start delivering them again starting in September. When we get a new flyer from them, it will be shared with you.

Also, we are continuing to collect eyeglasses, pull tabs, hearing aids, old cell phones, and empty printer ink cartridges as per usual.





The Sonora Lions Club congratulates newly elected Council Chair Linda Pugliese, from District 4C-6. We wish for you a very successful year in Lions and we know you will guide and lead our Multiple District 4 with honor and dignity.



The Columbia Big Band Street Dance



On Sat., July 24th, 7:30 to 10 pm. Rod Harris and the 20-piece Columbia Kicks Big Band will perform all your swing era dance favorites. You can dance in the streets of Old Town Columbia State Park. 1940's costumes are encouraged! (The event is free, but this is also a fundraiser for Friends of Columbia, donations accepted.





Hot Off the Press!

New Member Waiver Extended
Lions Clubs International Board of Directors just voted to extend the waiver the initiation fees for New Club Charters and New Members for another six months through December 31st. That's a savings of \$35. Spread the word!

YOUR FRIENDLY PSA

FYI: We are happy to announce that Chicken Ranch Casino will be smoke-free... Forever. Outdoor smoking areas will remain. Over the past months we CHICKEN RANCH have listened to a lot of feedback,



comments, and concerns. We value the collective opinions of our guests and believe this will make a more enjoyable experience for all. Enjoy

100%









Has anyone else noticed a recurring theme in this month's newsletter?

Even the most discerning of customers are drawn towards our balloons and signage!





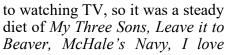
What did you watch on TV as a Kid?

Many of us did not have television while growing up, but once we did, I wanted to know what was your favorite program? Here are some of your responses.

Lion Dennis Schroeder loved to watch Gunsmoke because of the great cast. ~ Lion Crazy Bill, because he was confined to bed



for a year, was limited



Lucy, I Dream of Jeanie, The Sullivan Ed



Show, and the Real McCoys. ~~ For Lion Jill, it was the Wild Wild West

show. ~~ Lion Paul says he loved the original Seal Team! ~ Lion



FEAL Wendy really loved **TEAM** her shows like *Dark* Shadows, Jeopardy, Mannix, Concentra-



tion, Marcus Welby, MD, and Bewitched ~~ Lion Jerry Jensen

used to love watching the television program Adven-



CONNOS

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\$PANDSTAND

tures in Paradise, about a commercial sailing boat in the South Pacific that had a new adventure in a new port every week. ~~ Lion Tim grew up on Adam 12, and current-

ly loves the Blue Bloods television series. It was no surprise when he went into

law enforcement for his career. ~~ Lion Jim Gormely loved to spend his time watching the American Band-



stand show. \sim Lion Frank Meck-

ler didn't have a television as a





show Gunsmoke on Saturday mornings at 10 am. Now he enjoys the Gunsmoke reruns on television.

Submitted by Lion Wendy Penhallegon

***** The next Board of Directors' Meeting that would have normally been held on Wednesday, July 14th,

has been canceled. We will resume having our Board meetings again starting in August.

Birthdays and Anniversaries for July 07/08—Ray & Norene Bailey Anniv. 07/16—Bob Bader 07/16—Doug Fleming 07/17—Glenn Gottschall 07/25-Jill Schwab 07/25—Joe & Terry Skaff Anniv. 07/30—Lisa & Larry Melville Anniv.





MOW Friends of Pets Club—June 2021

Submitted by: Lion Frank Meckler

As of today, the Friends of the Pets Club has had 29 members who contributed to be in the June 30th drawing for the two \$50 Visa Gift cards. They are (Lions all) Jan Newman, Frank Meckler, Bob Bader, Jill Schwab, John & Ruth Moyer, Bill Coffill, Cecil Steen, Bud & Jerri Regelin, Judy Meeks, Tom & Wendy Penhallegon, Phil Baylis, Nick & Cat Reuter, Mike Eachus, Jerry Jensen, Eleanor Duste, Lynda LaFlamme, Charlene Dare, Janet Hart, Ron Ramos, Sherry Pert-Burns, Rayma Garcia, Paul Berg, Kevin Convers, Ray Bailey, and Irene Wetzel. We extend a special Thank You to all who participated in the Pet Food Project. We are ending this fiscal year on June 30th with a positive cash flow due to your generous giving.

Our Lions also want to commend the Senior Center Front-Liners, all of whom were able to adapt and change so quickly and efficiently their operation since this pandemic began. Their team provided thousands of meals and have driven thousands of miles, keeping our seniors safe and sound during this terrible time, and all the while with smiles (that couldn't be seen), but twinkles in their eyes showing that they cared. Also, the cats and dogs that many seniors have got their treats and food sponsored by the Sonora Lions Club. With COVID getting under better control, hopefully a sense of normalcy will soon return.

Thanks, Lions Frank Meckler/Crazy Bill Simpson

Sunshine Report

If you know of any member who is ill, having surgery, or needs acknowledgment, please let me know at 209-532-7828 or by email at: littlebluehse (a) qmail.com

Summer has hit and it has really warmed up. Hope all are staying safe and healthy. Lion Doug Fleming had back surgery on June 2nd but is home and getting better and has even started seeing a few patients. Lion Dennis Schroeder had a procedure a little over a week ago and is doing better. Lion Lynda LaFlamme had a pacemaker installed on June 24th and hopes to be home in a week or so. Nick and Cat are traveling for a couple of months and will be missed. It is nice to be able to get out and about, having our meetings again. If you know anyone that is having surgery or is sick, please let me know.

EAR OF THE LION REPORT **JUNE 2021**

As always, Lion Jerri Regelin

Submitted by: Lion Tim Atchley, Chair timothy atchley@comcast.net



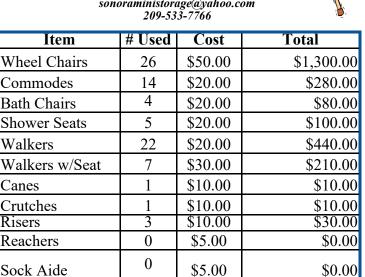
Application materials were sent to two potential clients this month. There was no other activity.



H.E.L.P. Report **Diann Kaiser Memorial** Hospital Equipment Loan Program **June 2021**

Lion Dan Ward, Chair

sonoraministorage@yahoo.com



Vear	July	2020	- June	2021
i cai	Juiv	2020	- June	4041

\$5.00

\$40.00

2,500.00

8

23

91

Total contributions in kind	\$29,355.00
Total Hours contributed	308.35
Total Equipment Pieces loaned	1,227



According to the National Center on Elder Abuse, 1 in 10 people over the age of 60 will experience some form of elder abuse or neglect. Since elder abuse can take place in many forms, it is important to recognize the potential signs to look for:

Physical:

- * Unexplained burns, cuts, or bruises
- * Recurring injuries
- * Reluctance to see a doctor

Financial:

- * Unexplained bank withdrawals
- * Missing or changed legal documents
- * Increased credit card charges

Neglect:

Misc.

Monthly Hours

Monthly Totals

- * Messy, unkempt appearance
- * Missing or broken eyeglasses, dentures, hearing aids, etc.



Psychological:

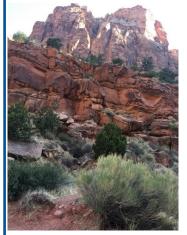
- * Unexplained changes in behavior
- * Withdrawn or scared
- * Depression, loss of interest in activities

To report abuse, call Adult Protective Services at (209) 533-5717 or your Ombudsman (209) 532-7632. You may ask, what is an Ombudsman? They are trained, state certified staff and volunteers who advocate for the quality of life and care for our residents in skilled nursing homes, residential care homes, and long-term care facilities.

IF YOU SEE SOMETHING, SAY SOMETHING!

OUR TRAVELING LIONS ... WHERE ON EARTH ARE YOU?

It is Lion Cat and Nick's turn to boast about their travels this month. They are on a memorable trip this summer to visit friends and family in Utah and Colorado. Here are some of their early highlights, before the tragic end of their off-road excursions into the National Parks because of an unexpected blow-out.





Above Left: Zion National Park. Above Right: Sand Mountain in Sand Hollow State Park, Hurricane, Utah. Picture to the right: Bryce Canyon. Bottom left picture: The blow-out! Bottom right picture: Cat and Nick at their niece's business with fireworks!









MESSAGE FROM LIONS INTERNATIONAL PRESIDENT DOUGLAS X. ALEXANDER



Meet our new International President, Douglas X. Alexander, from Brooklyn, New York, USA, who was elected to serve as international president of Lions Clubs International at the association's 103rd International Convention, June 25 through June 29, 2021. Presi-

dent Alexander is a retired vice president for J.P. Morgan Chase Bank. A member of the Brooklyn Bedford Stuyvesant Lions Club since 1984, he has held many offices within the association, including club president, zone chair, region chair, vice district governor, district governor, cabinet secretary, cabinet treasurer and DGE group leader. He also served as a Lions Eye Bank transporter, a member of the District and Multiple District PDG Association, a trustee of the New York State and Bermuda Lions Foundation, and was appointed as the Lions representative to UNICEF-New York from 2012-2014. He has served on the USA/ Canada Lions Leadership Forum Planning and Host Committees and has been a presenter at several USA/ Canada Forums. In recognition of his service to the association, he has received numerous awards including the club Lion of the Year, Club President's Award, the Robert J. Uplinger Service Award, several District Governor Appreciation Awards, and the Multiple District Membership Growth Award. He is also the recipient of numerous International President's Certificates of Appreciation, seven International President's Awards and the Ambassador of Good Will Award, the highest honor the association bestows upon its members. He is a Dr. Franklin G. Mason Fellow, a W. P. Woods Fellow and a progressive Melvin Jones Fellow. In addition to his Lions activities, President Alexander is active in numerous professional and community organizations. He has served as chairperson of the advisory board for the New York Urban League and as a board member of the St. Francis DeSales School for the Deaf. He is also a recipient of the Congressional Record Award. President Alexander has two daughters, and his partner in service, Shabiki Cazabon, is a Lion and a Progressive Melvin Jones Fellow.

On June 23, Lions PDG Tom and Wendy Penhallegon took 9 bags of food down the hill to Jamestown ATCAA Food Bank for the Mother Lode Food Project. Pictured below are Lions Bud Regelin and PDG Tom.





CLUB OFFICERS & BOARD OF DIRECTORS

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wenpen@sonoralions.org (209) 406-5015

"We Serve"

CLUB INFO:

P.O. Box 101, Standard, CA 95373

Meetings are every Wednesday at 12 pm Cocina Michoacana, 14715 Mono Way, Sonora

District 4-A1, Mountain Region, Zone 2

www.SonoraLions.org

"Sonora Lions, Serving the Mother Lode since 1922" Liberty, Intelligence, Our Nation's Safety

Sonora Lions Club Calendar of Events

July 7, 2021 – Jim Junette, District Ranger Forest Service, guest speaker, 12 noon

July 12, 2021 – Give Hope Project at Lion Jill's home, 12 noon, bring supplies for making cards and share a lunch July 14, 20212 – Kathie Peacock, Interfaith Services, guest speaker, 12 noon

August 4, 2021 – District Governor McKechnie visitation at our noon meeting

District, Multi-District, and International Calendar of Events

July 17—Cornhole Get-Together—Modesto Sunset August 21—Stockton Host Lions Club 100th Anniversary Celebration

August 22—Steak Dinner—Up Country 88 Lions and possibly Sutter Creek Lions

August 28—District Meeting/Officers' Installation, Yosemite Region hosting

September 9-11: USA/Canada Leadership Forum - Des Moines IA, http://lionsforum.org/

September 18—Relay for Life of Greater Stanislaus County, Modesto

November 20—District Meeting, Stanislaus Region hosting

If you are a Lion and enjoying this newsletter, Share it!

If you are enjoying this newsletter and are not a Lion, we would encourage you to

Become a Lion!

For more information call Lion Jim Gormely, Membership Chair (209) 532-6515



SECRETARY'S MONTHLY REPORT

June 2021

Submitted by: Lion Wendy Penhallegon, Secretary

Total Memoership from last report	51
New Members	1
Dropped Members	1
Transferred Members	0
Total Members At Close	51
Service Hours	141/ YTD 2,519
Number of People Served	1793/ YTD 13,041
Number of Lions	99/ YTD 695
Number of Hearing Aids	0/ VTD 9
- italies of ficulting that	0/ I I D)
Number of Eyeglasses Donated	
Number of Eyeglasses Donated	1,070/ YTD 4.345
_	1,070/ YTD 4.345 31.5/ YTD 142
 Number of Eyeglasses Donated Pounds of Pull Tabs Donated 	1,070/ YTD 4.345 31.5/ YTD 142 0/ YTD 283.3
 Number of Eyeglasses Donated Pounds of Pull Tabs Donated Pounds of Plastic Bags (Bags 4 Benches) 	1,070/ YTD 4.345 31.5/ YTD 142 0/ YTD 283.3 41/ YTD 112
 Number of Eyeglasses Donated Pounds of Pull Tabs Donated Pounds of Plastic Bags (Bags 4 Benches) Number of Cell Phones donated 	1,070/ YTD 4.345 31.5/ YTD 142 0/ YTD 283.3 41/ YTD 112 \$0/ YTD \$6,685