



# The Lion's Roar

## Sonora Lions Club

PO Box 101, Standard, CA 95373



***We Serve***

*The Club meets every Wednesday at 12:00 PM at the  
Cocina Michoacana II Restaurant, 14715 Mono Way, Sonora  
Board Meetings are every 2nd Wednesday following the noon meeting*

**District 4-A1, Mountain Region, Zone 2**

**Facebook:** [Facebook.com/SonoraLions.org](https://www.facebook.com/SonoraLions.org) ~ **Website:** [www.SonoraLions.org](http://www.SonoraLions.org) ~ **Instagram:** @SonoraLions

**Volume XCIX, No. 2**

***Lion Secretary Wendy Penhallegon, Editor, #7  
"Sonora Lions, Serving the Mother Lode Since 1922"***

**August 2021**

*In order to reduce repetitiveness, it should be noted that all meetings begin with the pledge, singing of a patriotic song, and a prayer.*

**July 7th:** Pres. Phil announced that tomorrow would be Lion Ray Bailey and his wife Noreen's anniversary! We had two guests with us today, Kellie Street, Lion Bud and Jerri's granddaughter, and Shannon Ingram, a guest of 1st VP Jill Schwab. The Welcome song was sung for them. Lion Jill reported that Shannon was the very first person she met after moving up to this area. Pres. Phil announced that we have Lions bumper stickers and window decals available for sale. **Tail Twister**— Lion Ray Bailey filled in as Tail Twister today, but was a little disgruntled for not having any prior notice to come up with some good zingers. Pres. Phil was fined for that. Lions Wendy and PDG Tom thought they would set up the club by switching badges and fining anyone who didn't notice it. The club wasn't having any of that, so Wendy and Tom were fined for wearing the wrong badges! Lion Ron had not paid for his birthday the prior week, so he paid his fine this week. **Happy Bucks:** Lion Bob Bader's Happy Buck was for taking his wife to Encinitas to see their son and



daughter-in-law, whom they haven't seen in a while. The fog was really bad and it was cold! The traffic, however, wasn't too bad on the way back ~ Lion Wendy had a Happy Buck for finally figuring out which "Barry" friend she was dealing with on any given day. She has 2 friends on Facebook named Barry who look remarkably like each other, so she printed pictures of them side by side so she can keep them identified properly ~ Lion Tim noticed the obituary for Patricia Rhodes, former Lion Dusty's wife ~ Lion Ray was thankful for the reminder of his anniversary and told the story of having the spend the night before his wedding fixing his clutch and then trying to get all the grease off ~ Lion Jill took her cat to the vet as it was limping. She was told it was 3 pounds overweight and her (the cat's) diet was cut drastically. Since then she has been getting lots of little "presents" from kitty~

~ Lion Kelly announced that it has been 6 weeks since her face-plant accident and she has been trying to come to terms with everything ~ Lion Ray Bailey had a very Happy Buck because 2 days ago was his 30th anniversary of being retired. So he had 30 years in, and now 30 years out! The **Secret Lion** was Lion Bob Bader who had Lions Jan and Kelly fined for being late and not greeting him properly.



***We all wished the USA a very Happy Independence Day!***

Lion Frank Meckler brought in a box of turkey ham which was sold to PDG Tom for \$20, the funds going to the Friends of the Pet Club.

**Reports**—Since there was so much up in the air regarding the omelet breakfast at the Senior Center, it was decided to just delay this event until another time. The lobster dinner was discussed and we were reassured the date was the same. However, since then, we



have been notified that it will have to be moved to the 2nd Friday in October because of an Elks Lodge event taking precedence. We will still have the pancake breakfast at Applebee's in December. The Friends of the Pet Club drawings was held today for two \$50 Visa gift cards, a quilt, a T-shirt, and 4 car washes. The winners will be announced in the Friends of the Pet Club report later in this bulletin.

**Raffles**—Lion Jerri won the cash raffle and Lion Judy won the Critter, but since she wouldn't be there next week, another ticket was drawn and the fine-free critter went to Lion Jill. The Black Marble Draw was won by Lion Frank Meckler, who only found a white marble.



## MORE LUNCH MEETINGS

**July 14th:** Our visiting guest speaker, Cathie Peacock from Interfaith Services, was introduced to the membership (albeit a bit later than usual) and the Welcome Song was sung for her. Pres. Phil was reminded of the upcoming birthdays by 1st VP Jill Schwab. It will be Lion Bob Bader's Birthday on Friday, and Lion Doug Fleming and Lion Glenn Gottschall are also having birthdays. Our stupendous version of Happy Birthday was sung for Lion Bob. Our guest, Cathie, was impressed, indeed. Lion Wendy Penhallegon announced that while Lion Judy Meeks was on vacation, she would be taking the money for the lunches and Lion Jan Newman would be collecting the money from the raffles, tail twister, and auctions. Also, another reminder was given that if you turn in pull tabs at the meeting, you are eligible for an extra Black Marble ticket. **Awards:** Pres. Phil launched right into announcing some awards that still had not been given out. A more in-depth description of them is given later in this issue on page 6. **Tail Twister:** Lion Ray Bailey filled in as Tail Twister this week. He started with some Happy Bucks. Lion Wendy had a Happy Buck because she ran into a previous guest speaker, Elsie Gerrils, from NASA while out to breakfast last week. His wife introduced herself and asked us and how we knew him. I related that he had spoken a couple of times at our club meeting, and at one point was actually voted one of our favorite all-time guest speakers. We talked about the new Space Force and landing on Mars in the future. It was very nice to see him again



~ Lion Walt had a very Happy Buck because he has a second great-granddaughter, Anna Marie, born last Friday ~ Lion Frank had a Happy Buck because he took his dog out for the last time late one night around 12:30 am and they were surprised with a visit by a mountain lion. He was able to make some noise and

scare it away so no one was hurt. Plus, Naomi had bought him his own personal AC machine and it works like a charm! ~PDG Tom had a very Happy Buck because we are getting our house painted by our very industrious and talented neighbor and it looks great. He also had a Sad Buck because Lion Wendy finally was able to get in at the podiatrist and was told she had fractured her left heel. It is now in a big, hot pneumatic boot for several weeks ~ Lion Ray Bailey had a sad buck because he locked his keys in the car and had to call his wife to rescue him ~ Lion Jill had a Sad Buck because she boarded her kitty while she went out of town for the weekend, and now it doesn't want to come home, preferring to be pampered and coddled by the staff at the kennel!



We know if Lion Doug Fleming had been at the meeting, he would have paid a very Happy Buck for becoming a grandpa to Jackson Scott Fleming. Lions Kailen Hill and Sherry Pert-Burns paid a fine for being late to the meeting. Lion Wendy Penhallegon was today's Secret Lion and

had 3 people fined for not greeting her properly. **Reports:** Lion Jim Gormely reported he is still collecting the \$20 contribution from members towards our 100% LCIF status. The Lobster Dinner is quickly approaching. We have had to push it back a week so it will be the second Friday of October on the 8th. We will need to make changes to our street banner reflecting this change. The price of lobsters is fluctuating, so it a motion was made to up the price from \$40 to \$45 for the Lobster Dinner (Bob Bader/Tom Penhallegon) MSC. 1st VP Jill announced the date of the club's garage sale is August 28th and she is now collecting donated items to sell in it. The stage event "*Murder on the Orient Express*" is set for Sunday, November 7th and a deposit was made to reserve our tickets. Please make your checks out to Jill Schwab if you plan to attend. Cost is \$30 per person. Membership—Lion Jim reported that several people have expressed an interest in joining or transferring up to our club. **Guest Speaker:** Cathie Peacock spoke on Interfaith Operations. She

says she likes coming to our club to speak because we're one of the more friendly and fun groups around. Since COVID struck, she reports that Interfaith has absolutely blossomed. Cathie gave a short synopsis on how Interfaith came to be. It was founded in 1988 by staff from St. Patrick's Catholic Church and moved to its present location in 2000. They are staffed by more than 100 volunteers from churches and the community. All their services are free but serve only those struggling in Tulumne County. More volunteers are needed to fully reopen since COVID. Many of their prior volunteers will not or cannot return to work. The services provided are: Clothing, groceries, toiletries, household items, utility assistance, fire wood, bus tickets, showers (starting again in August), FREE legal services, partnering with Salvation Service Extension Program, school supplies/holiday treats, RX discount cards, pet supplies, partner with Adventist Health-Sonora Hospital and numerous other service agencies, and have an extensive network of referral agencies to further assist clients. They would love to have representatives from the Lions Club to come down once a month to speak about our eyeglasses and hearing aid programs. There are many ways in which our club can help them. Their hours are 10 am to 1 pm. daily.

*Continued....*





Continued from Page 2...

**Raffles:** Lion Joe Skaff won the cash raffle this week. Lion Walt won the Fine Free Critter for next week, but since he was not sure if he could make it, we drew another ticket. Lion Phil was the winner, but he definitely would not be here next week. So, the third time was the charm and Lion Jan Newman will be fine-free next week. Lion Jerry Jensen won the right to draw for the Black Marble, but unfortunately only found a white marble. The pot continues to grow.



This is what 101.9 pounds of plastic bags looks like, which is what we hauled down to the valley this month for the Bags

for Benches program. That makes a grand total of 364.8 pounds for round 2, and **384.5 total pounds to date!** We also did so much better this time with submitting clean and dry plastics so that very little was separated out for this round! Keep up the great work Sonora Lions!

**July 21st Meeting**—Lions Glenn Gottschall and Jill Schwab have birthdays coming up and we sang our special song for them. **Sunshine:** Lion Dennis Schroeder had a tumble at home. He was quite bruised but fortunately nothing was broken. Lion Jerri Regelin had surgery for her broken ankle. **Tail Twister:** The Secret Lion was Lion Jill who had Lion Jim fined for not greeting her properly. Lion Jim brought in a dozen eggs to auction off. Lion Ray got them for \$5. **Happy Bucks:** Lion Tim had a Happy Buck because he just spent 4 days down in the Monterey area ~ Lion Bob had a Sad Buck because he got his first PG&E bill since putting in A/C in the house and it was over \$300! ~ Lion Glenn gave a PSA and advised us to be very careful regarding fires—this is going to be a humdinger season; breaking all kinds of records already ~ Pres. Phil had a Happy Buck because of all the great things 1st VP Jill has been doing for the club ~ He also had a Sad Buck because his brand new deck was falling apart and his rental places are having lots of problems.

**Raffles**—PDG Tom Penhallegon won the cash raffle and Lion Glenn Gottschall won the Fine-Free Critter for next week. The Black Marble draw was won by Lion Wendy Penhallegon, who only found a white ball.

**Reports**—The Omelet Breakfast is now officially off as the Senior Center doesn't look like it will be opening any time soon. Lion 1st VP Jill reported she attended the Chamber of Commerce meeting. She was impressed with everything that is going on in our area. A group is going to be setting up a horse ranch aimed at providing experiences for disabled persons. She gave prizes to those who

could answer questions about her. There will be a Volunteer Fair in August at the fairgrounds (see picture for details). Let Lion Jill know if you're interested in helping with that. She also reminded us that she is still collecting goods to sell in our late August yard sale (Aug 28th). We also discussed locating a new venue for our meetings. It is quite obvious we are outgrowing our digs and the noise level is quite irritating at times. An email was sent out a few days ago listing several possible locations. Please put on your thinking caps and reach out to any place that may be available and help us relocate.

PDG Tom described a new project that he would like to see our club undertake. This project would include Lions Clubs International Foundation, California Lions Foundation, Sonora Area Foundation, and possibly more. It will be helping ATCAA refurbish and upgrade their warehouse where the foods are stored. Right now there is no temperature control and foods are spoiling, and employees are overheating in the summer, and in the winter it is so cold that food freezes and jars break. A detailed description of this project will be emailed to all members and the Board will discuss this further. ATCAA is looking into getting us quotes for us to present. We will need to partner with at least one other club to qualify for the grant from LCIF and the district would need to sign off on this request also. SAF is willing to handle the funds for this project, enabling donations to it to be 501(c)3 eligible. The original deadline for having our funds ready for the grant application was October 1st, but new information has arisen since our meeting, and we now have a several month extension on that.

**TUOLUMNE  
COUNTY  
VOLUNTEER  
FAIR**

Thursday, Aug 26, 4-7 pm  
Sonora Fairgrounds

Visit 75 Local  
Non-Profit Organizations  
Make a difference  
in our Community



Have Questions?  
Please contact us at 209-532-4212  
(TC Chamber of Commerce)  
TCVFair.org



## CLUB LUNCHEON

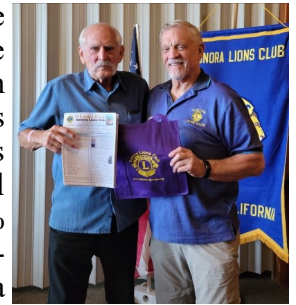
**July 28th**—Our guest speaker for today was Mr. Jim Christensen from the Mother Lode Gun Club in Jamestown. He was a guest of Lion PDG Tom Penhallegon. The Welcome song was sung for him. Pres. Phil announced that two members, Lions Joe Skaff and Lisa Melville were both having Anniversaries this week. Pres. Phil launched right into awarding the 100% Attendance Pins (details on Page 8).



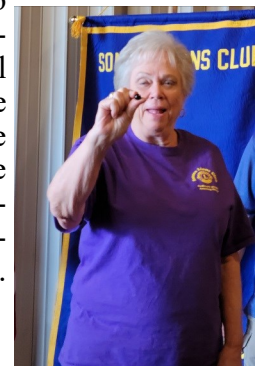
**Announcements**—Lion Frank will be sending out his Friends of the Pet Club bulletin shortly. Lion 1st VP Jill has signed us up for the Tuolumne County Volunteer Fair for Thursday, August 26th. If you are interested in helping with that, please contact her. **Tail Twister**—Lion Ray B. covered that duty today. The Secret Lion was Lion Bob Bader, who reported that everyone had shaken his hand, so everyone had to pay a fine. Lion Ray paid a fine for winning the eggs last week but then forgetting about them and leaving them behind. Lion Kailen H. paid a fine for arriving late. **Sunshine Report**—Lion Jerri had surgery on her foot and is recovering slowly. Subsequently she was placed in an inflatable walking “boot” and is now officially the “Book-end” complement to Lion Wendy! Lion Dennis is doing a lot better since his fall 2 weeks ago. **Reports**—The Lobster Dinner is still on for Friday, October 8th. Lion Frank will train someone to take over handling the ticket sales, as he is not able to perform this task anymore. PDG Tom’s project as reported last week has been postponed for a few months while we await further information from ATCAA. The Glenn Bass Run will be Saturday, September 11th at Wildcat Ranch, beginning at 7 am. There is a flyer on our website ([www.SonoraLions.org](http://www.SonoraLions.org)) or you can get one from Lion Jim, along with registration forms. Lion Jim also stated he needs to turn the reins over to someone new, as it is getting very difficult for him to handle so many jobs within the club. Membership was discussed and also lack of attendance to our weekly meetings. The call list was activated once again to find out why people are not attending the meetings. It is important to keep up on what we are doing and seeing how you can help with that.

**Guest Speaker**—PDG Tom introduced our guest speaker, relating a convoluted story of how they met. Jim Christensen is actually the winner of our Spring Cleanup Wheelbarrow Raffle. He was thrilled to hear of his winning and in the course of the initial conversation, it was revealed actually that Jim would not even be here (in person, at the club) if it were not for the Lions Clubs International. It seems many years ago

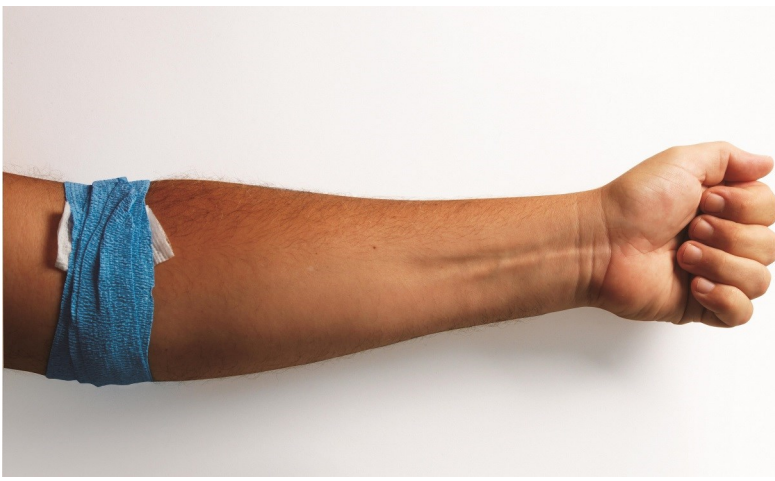
Jim, his father and grandfather were on a train going east to the USA/Canada Forum when they met his future wife and her family, who were also on the train. She was on the train representing the Miss California group. Her parents were also Lions. They all have 50 years of perfect 100% Attendance! Now that is dedication! Things went on and a few years later Jim and his wife were married. Jim has long since retired from his job as a constable with the West Judicial Court, but now is VP and Senior Chief Range Safety Officer. He joined the gun club in 1994. He summarized the steps to go through if you’re interested in applying for your Concealed Carry Weapon permit. You need to apply through the Sheriff’s office, pass a background check, take classes, go through the interview process, fingerprinting, and be thoroughly vetted. The purpose of a CCW is to protect and defend...not to play hero. He mentioned the California gun law book and suggested it might be helpful to browse through it and learn the traveling laws in the 50 states if you travel a lot. There are some permits that cover 30 other states, however, California will not accept any other state’s CCW permit. One main reason for CCW for folks of our generation is because we’re not agile, fast, limber, and cannot necessarily fight or run. Over 2 million incidents per year are prevented because of CCW residents, like home invasions, car jacking, assault, etc. To keep a CCW permit, you need to qualify every couple of years. But please understand, DO NOT BE A HERO. If you think you want to join the club, call them to get on the list. Every year they have an Annie Oakley Academy fundraiser that helps fund SAR (Search and Rescue). See flyer on page 6. There are women-only handgun classes available. We already have several female members interested in signing up for one. Let us know if you are interested also. Finally, please remember that every bullet has some lawyer’s name on it. Expect to be detained, arrested, or sued if you fire your weapon. Only shoot if you absolutely have no other choice.



**Raffles**—The cash raffle went to Lion Ray B. The Fine-Free Critter went to Lion Bob B. Lion Jill won the chance to draw for the black marble and amazingly, she actually did pull it out! The amount she won will be announced next week when Treasurer Judy returns from vacation. WOOHOO!







**Donate blood.**

**Make a difference.**

**Save a life.**

## WHO CAN YOU HELP BY DONATING BLOOD?

Were you aware that donating blood is one of Sonora Lions Club's Signature Activities? We have a very long and proud history of our members donating blood over the decades we have been in existence. Every day, blood donors help patients of all ages: accident and burn victims, heart surgery and organ transplant patients, and those battling cancer. In fact, every two seconds, someone in the U.S. needs blood. Here are some examples of how we can help specific blood recipients.

**Cancer Patients**—The ideal donation type for cancer patients is platelets donation, because certain cancers and cancer treatments prevent patients from producing their own. The ideal blood type for this is A positive, A negative, B positive, O positive, AB positive, and AB negative.

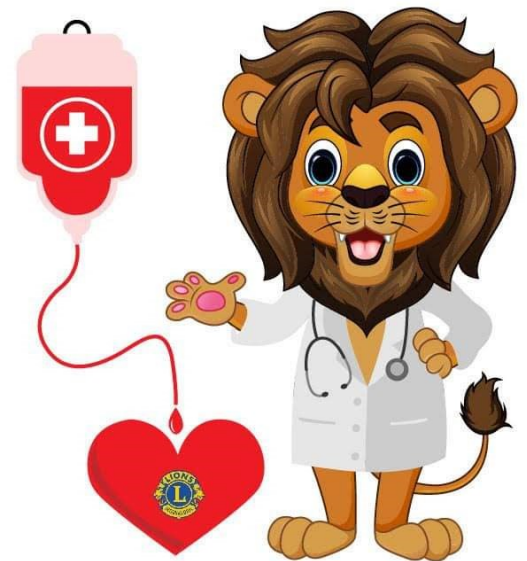
**Trauma Patients**—The ideal donation type for trauma patients would be a Power Red donation. A Power Red donation is similar to a whole blood donation, except a special machine is used to allow you to safely donate two units of red blood cells in a single donation while returning your plasma and platelets to you. The Power Red donation help because red cells carry oxygen throughout the body and are frequently given to trauma and surgery patients. An AB Elite plasma donation is also used because AB plasma is needed to help stop bleeding. The AB Elite donation is when you give plasma to treat patients in emergency situations. AB plasma can be given to anyone regardless of their blood type. The ideal blood type for the Power Red donation is O positive, O negative, B negative, and A negative. The ideal blood type of the AB Elite donation is AB positive and AB negative.

**Burn Patients**— The ideal donation type would be AB Elite donation because plasma helps maintain blood pressure and other vital functions. Type AB positive, AB negative, the universal plasma donor's blood can be given to any patient needing plasma. You can make an even greater impact for patients in need by giving an AB Elite plasma donation.

**Patients with Chronic Diseases**—The ideal donation type for these patients would be a whole blood donation, that can be used to help more than one person. All blood types are needed for these clients.

**Sickle Cell Patients**—The ideal donation type would be a whole blood or Power Red donation, especially from blood donors who are of African descent. Patients with sickle cell disease, who are predominantly black, can require multiple blood transfusions every year. Donated blood must be very closely matched to the donor's blood type to avoid transfusion-related complications. The ideal blood type is type O, especially from blood donors who are black.

If you think you can help, please contact our Sonora Blood Donation Center, located at 850 Sanguinetti Road, Sonora, CA. Call 1-800-733-2767 to make an appointment, or you can go online at [www.RedCrossBlood.org](http://www.RedCrossBlood.org) and make your appointment there. There is no better time to do this than now. There is a real, severe shortage of blood and plasma donations and our help is desperately needed.





## MOW Friends of Pets Club—July 2021

*Submitted by: Lion Frank Meckler*

Our final drawing of the 2020-21 year was held on July 9th with seven (7) prizes. Congratulations to the winners who are Lions all: Kevin Convers and the Reuters received \$50 Visa Gift Cards, Janet Hart won the beautiful quilt, and there were four (4) gift certificates for car washes at our new sponsor Motherlode Car Wash that were won by Jill Schwab, Ellie Duste, Janet Newman, and Bill Coffill. A t-shirt from Tuo\*Co Apparel & Clothing was won by Charlene Dare.

July 1 began our new fiscal year. Hopefully our year will be as successful as our last year was. COVID seems to be showing up again so we are not sure when things actually will go back to normal. For now, we will take it a day at a time. Thank you Lions for supporting this project. All Lions will receive a reminder some time in August for the next collection round.

Thanks, Lions Frank Meckler/Crazy Bill Simpson

## MORE AWARDS!

Lion Jerry Jensen joined the Sonora Lions Club in 2016. He almost immediately was asked to be a member of the Board of Directors, and accepted that position. He mostly has worked behind the scenes, however, he has been present for almost every event and fundraiser we have. He was a very instrumental worker in the Sonora Lions Tree Mortality Aid Program (TMAP) for a couple of years and provided excellent service and expertise to that program and the residents of our county. If asked, Lion Jerry is there on the spot for any last minute needs and help. You can always count on him for support. It is with great pride that we award the President's Appreciation Award to Lion Jerry Jensen.



# Annie Oakley Academy

**SATURDAY, SEPT 25, 2021**  
**1:00 – 6:00 PM**  
**MOTHER LODE FAIRGROUNDS**  
 220 Southgate Dr., Sonora, CA 95370

**DINNER (no host bar),**  
**WORKSHOPS, GUN RAFFLES!**

**Workshops Include:**

- Home Defense Strategies & Tactics
- Unarmed Self Defense \*Separate workshops for men and women\*
- Shoot The Bad Guy
- Legalities of Firearm Ownership
- Be Prepared At Home Or Outdoors

**\$50 PER PERSON**  
MUST BE AT LEAST 18 YEARS OF AGE  
**\$90 HUSBAND AND WIFE**  
**\$25 DINNER ONLY**

**TICKETS AVAILABLE AT**  
HURST RANCH, BANKS GLASS, LIT 'ER BUCK, SHERIFF'S DEPT.

**FOR MORE INFO CALL 209-743-3628 OR 209-540-7317**  
**BENEFITS TUOLUMNE COUNTY SHERIFF'S SEARCH AND RESCUE UNIT**



Here we see Lion Sec. Wendy Penhallegon receiving her 100% Secretary Award for the year 2020-2021. This means that all her reporting was submitted on time, dues have been paid, club information updated, and she has attended the required District and Zone Meetings. Congratulations Lion Wendy!

*Sorry Walt (Wimpy) -  
I just couldn't resist!*





# What is your Legacy?

## WHAT IS YOUR LIONS LEGACY?

Does all your passion and hard work in our club mean something? Leave a legacy, recruit your replacement, not just one, but many, year after year. And motivate them to be as passionate as you and support their ideas and growth in our great organization. Let's all make sure that the Sonora Lions Club continues to Serve and Grow in our community.

**Membership growth is everyone's job. Invite your friends and family, that person in the checkout line at the store, and the waitress you love at the restaurant, to a meeting or event. Let's get proactive and start planting seeds in our community and watch our club grow and thrive. We're too good to let our club shrivel up and fade away!**

## HOW DO I CREATE AN ADVANCED DIRECTIVE ?

First, discuss your health care wishes with your family, health care providers, attorney, clergy, or anyone else you feel should be part of the discussion. Your doctor or attorney can help you obtain an Advance Directive form or visit [www.sonoramedicalcenter.org/services-and-programs/advance-directive](http://www.sonoramedicalcenter.org/services-and-programs/advance-directive) to download a form. Fill out as much of the form as you need in order to help your family and medical care team make the right choices for your medical care should they ever need to. POLST forms can be obtained from your doctor, from staff at Sonora Regional Medical Center or on the California POLST website at [www.caPOLST.org](http://www.caPOLST.org). The form(s) needs to be signed, dated and witnessed or notarized properly. Make sure to keep the originals in a safe place that can be easily accessed by your loved ones. Provide copies to your doctors, family members and appointed agent(s). Also take a copy of the form if you are going to be admitted to a hospital or other health care facility. In addition, the advance health care directive form includes two wallet-sized cards. Complete the information on the card, keep one with you and give the other to the person most likely to be contacted in the event of an emergency. You can also register your Advance Directive with the State of California Voluntary Advance Health Care Directive Registry, available on the Secretary of State website at [www.sos.ca.gov/ahcdr](http://www.sos.ca.gov/ahcdr).

BY [SUE ENDTER, LCSW, ACHP-SW](#) Published Jan 28, 2015 10:26 am Updated Apr 15, 2019 11:25 am



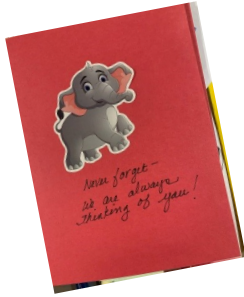
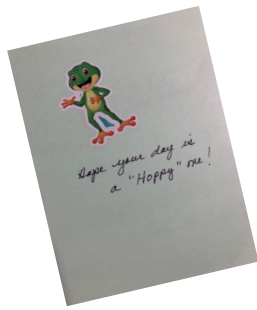
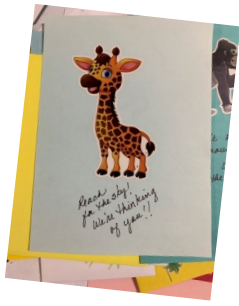
## Senior Farmers Market Vouchers

*We have Certified Farmers Market vouchers for Seniors!!*  
A limited supply of coupon booklets are available to seniors aged 60 and older. Call the Senior Center at (209) 533-2622 or Interfaith at (209) 532-0905 for more information.  
A heartfelt **THANK YOU** to Sonora Area Foundation for sponsoring this important program!

**SONORA AREA FOUNDATION**  
For good. For ever.



## CARDS FOR HOPE!



Lion 1st VP Jill spent several hours making and delivering 150 Cards of Hope to hand out to the Avalon Residential Care Facility Residents. These were so very well done.

Thank you  
Lion Jill!



The second wave of our Cards for Hope program is in the making here featuring Lion Jill's family and her kitty, Biscuit. It is really exhausting work! These cards were delivered to Adventist Health Care Wards 6 & 7 on Saturday, July 24th by 1st VP Jill Schwab.



The following Lions were honored for achieving their 100% Attendance Status on July 28th. The criteria for qualifying for this award was if that member attended regular meetings, whether by Zoom or in person, participated in the 2 fundraisers we held, and their community service reporting throughout the year. After starting the meetings at the current location, many members would have attended had we been able to provide Zoom service, so those meetings were considered also. We are making efforts to rectify the situation with not having a stable WiFi connection and to get someone to manage the Zoom portion of the meetings for us. If you are interested in helping, please contact Lion Wendy for more information.



### 100% Attendance Pin Recipients for 2020-2021:

\* Tim Atchley \* Bob Bader \* Phil Baylis \* Jim Gormely \* Frank Meckler \* Judy Meeks \* John Moyer \* Ruth Moyer \* Jan Newman \* Tom Penhallegon \* Wendy Penhallegon \* Bud Regelin \* Jerri Regelin \* Cat Reuter \* Nick Reuter \* Stacey Ruiz \* Jill Schwab \* Irene Wetzell.

Congratulations to all of these dedicated Lions who faithfully give to our community on a contin-

**A = APPRECIATE**

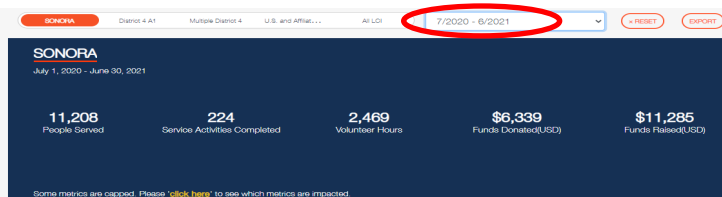
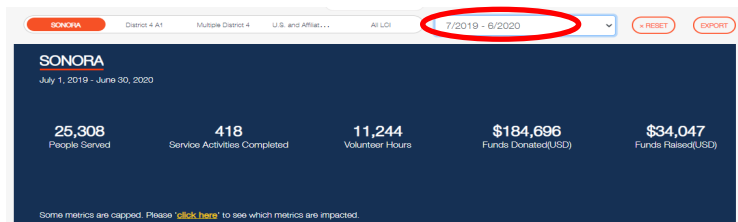
**I = INSPIRE**

**M = MOTIVATE**

**DOES YOUR CLUB STRIVE TO  
HAVE GOOD AIM?**







What a difference a year makes when you're in the middle of a pandemic. Did we do the best we could? Possibly. But I know we will do our very best in the new year we are now entering. Let them hear our Lion's Roar!!!



### H.E.L.P. Report Diann Kaiser Memorial Hospital Equipment Loan Program

July 2021  
Lion Dan Ward, Chair  
[sonoraministorage@yahoo.com](mailto:sonoraministorage@yahoo.com)

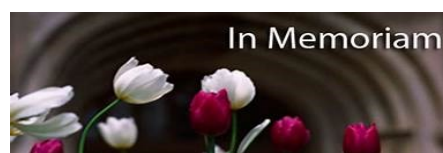
Item	# Used	Cost	Total
Wheelchairs	11	\$50.00	\$550.00
Commodes	21	\$20.00	\$420.00
Bath Chairs	7	\$20.00	\$140.00
Shower Seats	9	\$20.00	\$180.00
Walkers	16	\$20.00	\$320.00
Walker w/seat	4	\$30.00	\$120.00
Canes	8	\$10.00	\$ 80.00
Crutches	2	\$10.00	\$ 20.00
Risers	2	\$10.00	\$ 20.00
Reachers	1	\$5.00	\$ 5.00
Sock Aide	0	\$5.00	\$ 00.00
Misc	10	\$5.00	\$ 50.00

Total Pieces Loaned	91
Total Contributions in Kind	\$1,905.00
Total Hours Contributed	23
Month	Jul-21
Prepared By:	Dan Ward



### Birthdays and Anniversaries for August

8/21 - Jim and Joanne Gormely - Anniv.  
8/28 - Sherry Pert-Burns  
8/31 - Walt and Jean Barclay - Anniv.



Sonora, CA — A beloved figure in the Tuolumne County community has died at the age of 94.

For 30 years, Galen "Mut" Mutzner put on the annual Mut's Bean Feed in downtown Sonora each December. He retired from the event in 2017, but it was picked up the following year by the non-profit Tuolumne County Sportsmen.

In an interview in 2017, Mutzner told Clarke Broadcasting about the origin of the popular community gathering. He thought it would be a fun idea to set up a pot on a sidewalk on a Friday leading up to Christmas and offer beans to anyone who stopped by. People loved the idea, and he continued for 30 years, whether there was rain, sleet or even the occasional snowstorm. Mutzner noted in the interview, "People say that this is the biggest social event in Tuolumne County and they love to come."

Some years as many as 700 people would attend the December bean feed.

Asked why he decided to hang it up in 2017, Mutzner stated, "I began this by saying that I would serve beans for 30 years. And now I'm 90 years old. It's my party, and I did this for as long as I wanted."

Adding, "After this year, if someone else wants to continue to do this, it is up to them. However, it won't be my bean feed anymore. Maybe they could say my name every once in a while."

Wearing his traditional cowboy hat, Mutzner was on hand to ring the ceremonial bell in 2018 as the event passed hands to new organizers. As always, people lined up and packed into the downtown area.

Mutzner passed away this morning at his home in Sonora. At his request, cremation will be held and there will be no memorial services. Inurnment will be at the Mt. Shadow Cemetery in Sonora. The Terzich and Wilson Funeral Home is overseeing the arrangements.

*Written by BJ Hansen, published in the Union Democrat July 22, 2021*

# Sunshine Report

If you know of any member who is ill, having surgery, or needs acknowledgment, please let me know at 209-532-7828 or by email at: [littlebluehse@gmail.com](mailto:littlebluehse@gmail.com)

Hello Lions, Another month has flown by and here is my update. I haven't heard much from you about anyone being sick or hurt. Ruth Moyer had heart ablation on Monday the 19th and is doing fine. I had surgery on Monday the 19th for my broken ankle. We both spent the night at separate hospitals. I thank those that called and sent get well cards. I will be down for 6-8 weeks. The bad part is we had to cancel our vacation and it hurts. I cannot put any weight on that foot. Also, Wendy Penhallegon broke her heel and is in a "boot" for 6-8 weeks. We are now officially "Book-ends!" Please keep Dennis Schroeder in your prayers. He had a spill at his home and was quite bruised up, but fortunately did not break anything. I hope all are well and enjoying the summer. As always, Lion Jerri Regelin



Spring Cleanup Wheelbarrow Raffle—Here is a final thought or suggestion for the new raffle we just finished. Perhaps we could have added a few more personal touches. What do you think about doing this next time?



## MOTHER LODGE FOOD PROGRAM

Last month's food donations totals for the Mother Lode Food Program (green bag day) were a total of 9 bags of food from the Sonora Lions Club (estimated value of \$180). The program itself collected 1,081 pounds of food and 76 pounds of non-food (toilet paper and pet food, etc.). If you need more green bags for the next food drop off, just let Lions Wendy or Tom know and they can get some to you. The next Green Bag Day will be on **Wednesday, August 25th**, so please start your shopping early and bring in your donation to the meeting on Wednesday, August 25th. Lions Wendy and Tom will then take them all down to ATCAA in Jamestown to be counted in the Mother Lode Food Program totals.

**Message from Lion Frank Meckler:** The train I've been on for many years is running out of steam. So on August 31, I am heading for my last stop at Rest Village where I will try to transfer my load to another train. The new engineer and conductor will have to decide if their train can carry a bigger load, since they are also getting low on steam. After their meeting, they will present it to the passengers for a vote. In the mean time, my load will still carry on until this quarter's fund are depleted. We started with 11 members and ended with 29 members joining in the MOW Friends of the Pet Club. We have 50 members, some of whom never attend meetings or participate in any of our fundraising projects. Since this is my last drawing, I am asking for a 100% effort for all members to participate. Simply write a check for \$20 or more and receive your tickets. It goes without saying how I appreciate the Lion members' support these last two years. It has kept the cash flow positive for the pets as well as helping with our general fund. Yep! It is time for me to go sit on a station bench and watch the trains go by with hopes that I can occasionally get on board and help where I can. It's been a happy and wonderful ride for me to know such great Lion friends. Thanks.

## EAR OF THE LION REPORT JULY 2021

Submitted by: Lion Tim Atchley, Chair  
[timothy\\_atchley@comcast.net](mailto:timothy_atchley@comcast.net)



There was no activity for the Ear of the Lion Program this month.



## AUGUST

BEACH	HIKING
BONFIRE	ICE CREAM
CAMPING	NEW TEACHERS
EXCITEMENT	POPSICLES
FISHING	SMORES
FRISBEE	SUNFLOWERS
FLIES	SWIMMING
HEAT	TENT

B	E	S	H	F	I	S	H	I	N	G	N	F	I	S
A	C	E	B	O	E	R	I	F	N	O	B	R	U	E
E	F	L	I	E	S	C	A	M	P	N	G	N	E	E
S	I	C	E	C	R	E	A	M	S	I	F	B	O	X
W	T	I	E	A	M	E	N	T	M	L	S	E	F	C
I	E	S	L	M	S	I	F	G	O	I	H	A	I	I
M	S	P	F	P	B	T	R	W	R	N	I	C	S	T
M	H	O	T	I	K	N	E	F	E	G	I	H	C	E
I	E	P	H	N	I	R	I	N	S	R	C	E	T	M
N	A	E	A	G	S	M	C	N	T	E	W	A	T	E
G	N	I	K	I	H	P	X	O	S	R	E	A	E	N
M	S	A	N	E	W	T	E	A	C	H	E	R	S	T

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# WE LIONS LOVE OUR FUR BABIES

Lion Walt's cat Princess

Lion Dennis  
and his dog  
Oliver (Olie)

Lion Wendy with MoeMoe and  
Muffin

PDG Tom with Muffin,  
Buster, and MoeMoe

Crazy Bill's Menagerie!

Ray Bailey and "Sky Prowler"

## MESSAGE FROM LIONS INTERNATIONAL PRESIDENT DOUGLAS X. ALEXANDER



Dear Lions,

For my first message to you in LI-ON Magazine, I want to talk about the small things. When Lions Clubs International was started more than 100 years ago, it was founded on the

idea that those who can help, should. It was that simple.

I grew up with those same values. I was raised in Brooklyn, where most families worked hard and came home tired at the end of the day. But they saw the value in supporting one another. They knew they were stronger together. And they knew that as tired as they were, or as steep as their own struggle seemed, they still had something to give. So, they did.

It's so easy to make a difference. That's the secret that so many Lions already understand and what I wish more people knew. You don't have to end all suffering for humankind—not on your own. But you can ease one person's struggle. You can pick up their bag and carry it for a while. And when you think of service in little moments like this, it becomes easier to see just how many ways there are to give back. And it gets even easier when each one of us invites a new member to join our club. That gives us more helping hands. And more service from the heart.

I know we are all busy, and we all have heavy loads—these days especially. But remember that the small things you do as Lions are as important as the big things. The way you serve may look different than how I serve or how your buddy down the street serves. And that's a good thing. That give us balance and diversity. That makes us Lions.

I am honored to embark on the next year as your International President and look forward to serving from the heart with you.

Sincerely,

Douglas X. Alexander

International President, Lions Clubs International

Our next Board of Directors' meeting will be Wednesday, August 11, 2021, immediately following the regular weekly meeting starting around 1 pm at the Cocina Michoacana Restaurant.

**ALL ARE WELCOME TO ATTEND!**



## CLUB OFFICERS & BOARD OF DIRECTORS

<b>President</b> .....	<b>Phil Baylis</b> <i>p_baylis@yahoo.com</i> (510) 552-7596
<b>1<sup>st</sup> Vice President</b> .....	<b>Jill Schwab</b> <i>justjillleo@hotmail.com</i> (650) 787-7022
<b>2<sup>nd</sup> Vice President</b> .....	<b>David Paul Berg</b> <i>dpberg65@gmail.com</i> (209) 206-5095
<b>Secretary</b> .....	<b>Wendy Penhallegon</b> <i>wenpen@sonoralions.org</i> (209) 406-5015
<b>Treasurer</b> .....	<b>Judy Meeks</b> <i>sonorajudy@yahoo.com</i> (209) 532-5858
<b>Membership Chair</b> .....	<b>Jim Gormely</b> <i>jimfgormely@gmail.com</i> (209) 532-6515
<b>LCIF Coordinator</b> .....	<b>Jim Gormely</b> <i>jimfgormely@gmail.com</i> (209) 532-6515
<b>One Year Director</b> .....	<b>Donna Ecroyd</b> <i>nannyecroyd@gmail.com</i> (209) 588-9689
<b>One Year Director</b> .....	<b>Stacey Ruiz</b> <i>staceyruiz0@me.com</i> (408) 315-1399
<b>Two Year Director</b> .....	<b>Ken Hammond</b> <i>disneysuzy@aol.com</i> (209) 984-9277
<b>Two Year Director</b> .....	<b>Kelly Ward</b> <i>kellyloans1@yahoo.com</i> (801) 759-0999
<b>Director-At-Large</b> .....	<b>Tom Penhallegon</b> <i>pdgtom.penhallegon@sonoralions.org</i> (209) 694-5191
<b>Club Chaplains</b> .....	<b>Tim Atchley &amp; Joe Skaff</b> <i>timothy_atchley@comcast.net</i> H: (209) 586-2473 C: (209) 985-3837  <i>jskaff@yahoo.com</i> H: (209) 288-2411 C: (805) 813-3115
<b>Tail Twister</b> .....	<b>Catherine "Cat" Reuter</b> <i>cvenicombe@yahoo.com</i> (209) 521-5330
<b>Lion Tamer</b> .....	<b>Nick Reuter</b> <i>cvenicombe@yahoo.com</i> (209) 521-5330
<b>Immediate Past President</b> .....	<b>Jerri Regelin</b> <i>littlebluehse@gmail.com</i> (209) 532-7828
<b>Webmaster/Newsletter Editor</b> .....	<b>Wendy Penhallegon</b> <i>wenpen@sonoralions.org</i> (209) 406-5015

### CLUB INFO:

P.O. Box 101, Standard, CA 95373  
**Meetings are every Wednesday at 12 pm**  
**Cocina Michoacana, 14715 Mono Way, Sonora**  
 District 4-A1, Mountain Region, Zone 2  
***www.SonoraLions.org***  
*"Sonora Lions,*  
*Serving the Mother Lode since 1922"*  
**Liberty, Intelligence, Our Nation's Safety**

## Sonora Lions Club Calendar of Events

August 4, 2021—District Governor McKechnie visitation at our noon meeting and induction of new member  
 August 26, 2021—Tuolumne County Volunteer Fair, Motherlode Fairgrounds, 4-7 pm  
 August 28, 2021—Sonora Lions Club Yard Sale @ Lion Jill's home, 8-2 pm  
 October 8, 2021—Lobster Dinner Fundraiser, Elk's Lodge, 5:30-7 pm, \$45 donation

## District, Multi-District, and International Calendar of Events

August 21—Stockton Host Lions Club 100th Anniversary Celebration  
 August 22—Steak Dinner—Up Country 88 Lions and possibly Sutter Creek Lions  
 August 28—District Meeting/Officers' Installation, Yosemite Region hosting  
 September 9-11: USA/Canada Leadership Forum - Des Moines IA, <http://lionsforum.org/>  
 September 18—Relay for Life of Greater Stanislaus County, Modesto  
 November 20—District Meeting, Stanislaus Region hosting

If you are a Lion and enjoying this newsletter,  
**Share it!**

If you are enjoying this newsletter and are not a  
 Lion, we would encourage you to  
**Become a Lion!**

For more information call  
 Lion Jim Gormely, Membership Chair (209) 532-6515



## SECRETARY'S MONTHLY REPORT

**July 2021**

*Submitted by: Lion Wendy Penhallegon, Secretary*

• Total Membership from last report .....	51
• New Members .....	0
• Dropped Members .....	1
• Transferred Members .....	0
• Total Members At Close .....	50
• Service Hours .....	424/YTD 424
• Number of People Served .....	1,280/YTD 1,280
• Number of Lions .....	116/YTD 116
• Number of Hearing Aids .....	0/YTD 0
• Number of Eyeglasses Donated .....	0/YTD 0
• Pounds of Pull Tabs Donated .....	0/YTD 0
• Pounds of Plastic Bags (Bags 4 Benches) ....	101.9/YTD 101.9
• Number of Cell Phones donated .....	0/YTD 0
• Funds Raised .....	\$4,312/YTD \$4,312
• Funds Donated .....	\$0/YTD \$0
• Total Activities .....	31/YTD 31